

EOP SOPHOMORE SUCCESS

Mission

The EOP Sophomore Success Program is designed to aide students as they continue to transition into their second academic year, offering all-encompassing advising, comprehensive career development services, and leadership opportunities.

Program Goals and Services

Your sophomore year is an exciting time filled with opportunities and challenges. Our goal is to offer you year-round programming and activities that will assist you in making important personal and academic decisions in the final two years at Sacramento State-- and beyond. We invite you to utilize the following services to maximize your campus experience:

- Guidance and Counseling support through one-on-one and group advising
- Comprehensive development services through career exploration and career series workshops
- Mentorship opportunities with staff and peers to keep you motivated and inspired
- Leadership opportunities that encourages campus and community involvement

EOP Second Year Advising

EOP Sophomores are required to complete one advising session per semester.

Fall Semester:

During the fall students will meet with our counseling/advising staff to follow a plan for General Education (GE) and better understand Sacramento State's graduation requirements. Students are also provided with resources and referrals to aid in major exploration and guidance towards selecting their next semester's courses.

Spring Semester:

Students are required to attend a Sophomore Success Workshop. Our workshops provide conversations on sophomore slump, major impaction, summer school information and review important dates and upcoming deadlines regarding registration and financial aid documents. Students will set goals and receive ideas on guidance towards selecting a major and next semester's classes.