Division of Student Affairs & Inclusive Excellence

Sacramento State

Section1: PROGRAM NAME, POPULATION, & SERVICE INFORMATION

Program Name: Martin Luther King Jr. Black Student Resource Center

Total Number of Students Served by Your Program: Over 600 unique students visited the MLK center over the academic year

Number of New/Continuing Students Served: Will have data at conclusion of 26-27 AY

Program Mission Statement:

The Martin Luther King, Jr. Black Student Resource Center is a central hub that fosters an ethos of academic success, enriching the scholarly experience, the community, and the world. Inspired by the legacy of Dr. Martin Luther King, Jr., the Center sets a tone of transformation and lifelong growth that empowers students to pursue excellence and purpose. The Center partners with campus and community organizations to offer robust cultural programming that fosters belonging, promotes student inclusion, and cultivates cultural empowerment.

Program Service Description:

- Support with the transition from high school or community college
- One-on-one assistance and referrals to campus and community resources
- A safe and affirming space to reflect on personal, family, and community experiences
- College success coaching, including time management, organization, study skills, and goal setting
- Graduate school and research opportunity referrals
- Internship and employment information
- Financial aid and student accounts workshops and guidance
- Scholarship search and application support, including essay and résumé review and recommendation letters

Section 2: MAJOR PROGRAM GOALS AND EXPECTED CONTRIBUTIONS TO THE CSU FORWARD PLAN AND CAMPUS STRATEGIC PLAN

Our Center Goals

- **Goal 1:** Strengthen Black Student Belonging, Community, and Cultural Engagement
- **Goal 2:** Enhance Holistic Wellness Support for Black Students
- **Goal 3:** Expand Access to Resources that Support Black Student Success and Retention

CSU Forward:

Value of the CSU Degree

The Martin Luther King Jr. Black Student Resource Center (MLK Jr. BSRC) supports the CSU's commitment to demonstrating the value of a CSU degree by providing career readiness resources, professional development, and graduate school preparation. Career services include resume and cover letter assistance, interview preparation, professional headshots, LinkedIn profile development, networking events, Meet the Employers opportunities, and the CARC Career Series. These services aim to strengthen students' professional skills and support their transition into the workforce. Graduate school informational sessions, faculty advisor office hours, and preparation workshops further support students pursuing advanced degrees.

Delivering Student Success

The MLK Jr. BSRC uses the Student Needs Report to guide programming, outreach, and integrated services, ensuring that Center offerings reflect the needs of students who utilize its resources.

The report identified the following student needs:

- **Social gatherings:** 60.2%
- **Mental health and wellness:** 60.2%
- **Sense of belonging:** 49.9%
- **Academic support:** 52.1%
- **Career and workforce development:** 50.7%

These findings inform the Center's efforts to foster community, promote well-being, strengthen belonging, connect students with academic resources, and expand career

development opportunities. By addressing these priorities, the Center seeks to create a supportive environment that promotes student engagement and success.

Ensuring Accountability

The MLK Jr. BSRC will use quantitative and qualitative data to assess program effectiveness, student engagement, and the extent to which services address identified needs. Assessment findings and student feedback will inform continuous improvement, future programming, and resource allocation to ensure alignment with student needs and CSU and campus strategic priorities.

Sacramento State Strategic Plan:

The MLK Jr. BSRC directly supports the following components of the Sacramento State Strategic Plan:

- Learning and Student Success 1.1 Cultivate an educational environment that promotes holistic growth and academic achievement.
- Learning and Student Success 1.4 Improve academic degree completion rates.
- Wellness and Safety 6.1 Provide a safe and secure environment for all members of the campus community and its visitors.

Student Affairs & Inclusive Excellence Strategic Plan:

Positive Mental Well-Being

The MLK Jr. BSRC will support positive mental well-being through partnerships with Peer Wellness Advocates, social work practicum students, and counseling intern students. These collaborations will expand opportunities for wellness education, peer support, and connection to appropriate mental health resources. By integrating wellness into programming and outreach, the Center seeks to foster a supportive environment that recognizes the relationship between mental well-being, belonging, and student success.

Section 3: ANTICIPATED PROGRAM MARKERS OF EXCELLENCE

1. **Black Scholar Mentor Program**

   · Program/Activity: Monthly Mentorship

   · Output: 80 students will participate in the Black Scholar Mentor Program

· Outcome:

o Initial/short-term: 90% of participants will be assigned a mentor and come to the orientation

- Method: Pre assessment at the orientation

o Intermediate: 80% of attendees will have a stronger sense of community and belonging on campus

- Method: Survey participants at the December midterm check in

o Long-term: 80% of the mentees will finish the program, and have increased sense of belonging, interest in graduate school, and accurate guidance

- Method: Post assessment at end of year celebration

2. MLK & APIDA Career Series

· Program/Activity: Professional Development Workshops

· Output: 30 MLK Scholars will attend each workshop

· Outcome:

o Initial/short-term: 90% of attendees will have an increase in knowledge of professional development (resume, networking, cover letter)

- Method: Survey participants immediately after the workshop – "using the 1-5 scale provided

o Intermediate: 80% of attendees will have a working resume by the end of the semester after attending the workshop

- Method: Survey participants at the end of the semester after completing the workshop – "Do you currently have a resume?"

o Long-term: 80% of the attendees will have an increased sense of confidence in their professional development

- Method: Survey attendees at end of the series to determine how confident they feel about their skillset in each professional development competency

3. **Sista's Circle**

· Program/Activity: Belonging circle

· Output: 30 MLK Scholars will attend each Sista's Circle

· Outcome:

o Initial/short-term: 90% of attendees will have an increase in belonging amongst female identifying students on campus

- Method: Survey participants immediately after the workshop – "using the 1-5 scale provided, did attending the workshop increase your belonging on campus

o Intermediate: 80% of attendees will have learned new coping or stress relieving strategies

- Method: Survey participants at the end of the semester after completing the workshop – what new skills or coping mechanisms have you taken from this workshop?

o Long-term: 80% of the attendees will have a positive outlook on being a female identifying student on campus

- Method: Post survey - how has Sista's Circle positively impacted your sense of belonging and community on campus as a female identifying student at Sac State?

Section 4: MULTI-MEDIA MARKERS OF PROGRAM SUCCESS-Photos and Testimonials





Section 5: Select the ASSESSMENT MEASURE you anticipate using to best assess your program.

Mixed method (both quantitative and qualitative)