



**ACADEMICS
AT SACRAMENTO STATE**
STUDENT-ATHLETE RESOURCE CENTER (SARC)



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*SARC staff and resources can be found at www.csus.edu/sarc

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Faculty Athlete Rep/Advisor





STUDENT-ATHLETE RESOURCE CENTER

**ACADEMIC
ADVISING**



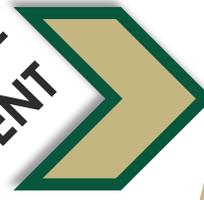
- NCAA Eligibility
- General Education
- Major Information
- Graduation Requirements

**SARC
ACADEMIC
MENTORS**



- Weekly meetings
- Grade checks
- Study strategies
- Organization

**STUDENT
ATHLETE
DEVELOPMENT**



- SAAC Council
- Community Service
- Life Skills
- Career Events

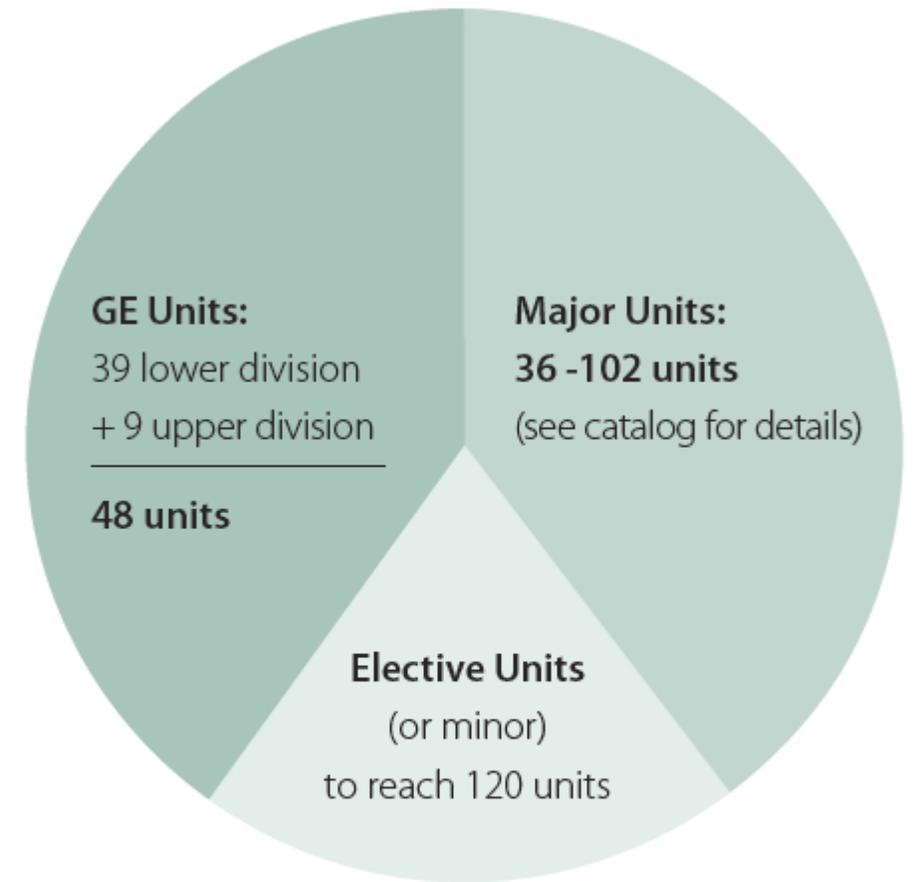
DEGREES AT SAC STATE

GENERAL EDUCATION

MAJOR

ELECTIVE

= 120 units



GE Units + Major Units + Additional Electives =
120 minimum units required for degree

GENERAL EDUCATION

- *Variety of subjects to provide well-rounded education = 49 units
- *AP units (3 or higher) & Community College credit – transferrable

GE Area A.	Basic Subjects: 9 Lower Division Units	9
A1.	Oral Communication (C- or better required)	3
A2.	Written Communication (C- or better required)	3
A3.	Critical Thinking (C- or better required)	3
GE Area B.	Physical Universe & Its Life Forms: 9 Lower Division Units and 3 Upper Division Units	12
B1.	Physical Science	3
B2.	Life Forms	3
B3.	Lab (NOTE: Lab must be taken with one of the following: B1, B2 or B5.)	
B4.	Mathematics/Quantitative Reasoning (C- or better required)	3
B5.	Upper Division Area B	3
GE Area C.	Arts & Humanities: 9 Lower Division Units and 3 Upper Division Units	12
C1.	Arts	3
C2.	Humanities. C2 courses may also satisfy the Foreign Language Graduation Requirement.	3
C1/C2.	Additional course from Area C1 or C2.	3
C1/C2.	Upper Division Area C.	3
GE Area D.	The Individual & Society: 6 Lower Division Units and 3 Upper Division Units.	9
	<ul style="list-style-type: none"> Area D courses must be taken in a minimum of 2 separate disciplines (e.g. ANTH, ECON, ETHN, HIST, RPTA, etc.). No more than three units completed in Area D can also be used to satisfy the CSU American Institutions Graduation Requirements in US History the US Constitution and California Government. 	
D.	Any Area D Course	
D.	Any Area D Course	
D.	Upper Division Area D	3
GE Area E.	Understanding Personal Development: 3 Lower Division Units	3
E.	Any Area E Course	3
GE Area F.	Ethnic Studies: 3 Lower Division Units	3
F.	Any Area F Course	3

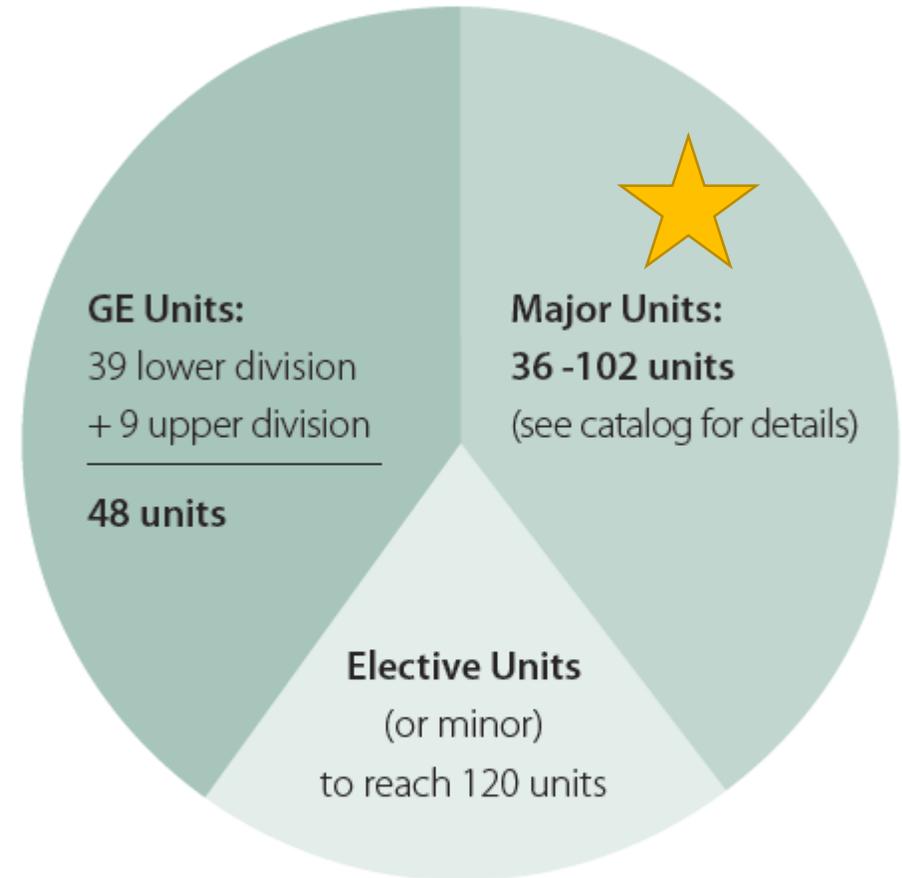
MAJORS

58 MAJOR OPTIONS

common majors include:

Business Administration
Communication Studies
Criminal Justice
Economics
Kinesiology
Psychology
Sociology

catalog.csus.edu



GE Units + Major Units + Additional Electives =
120 minimum units required for degree

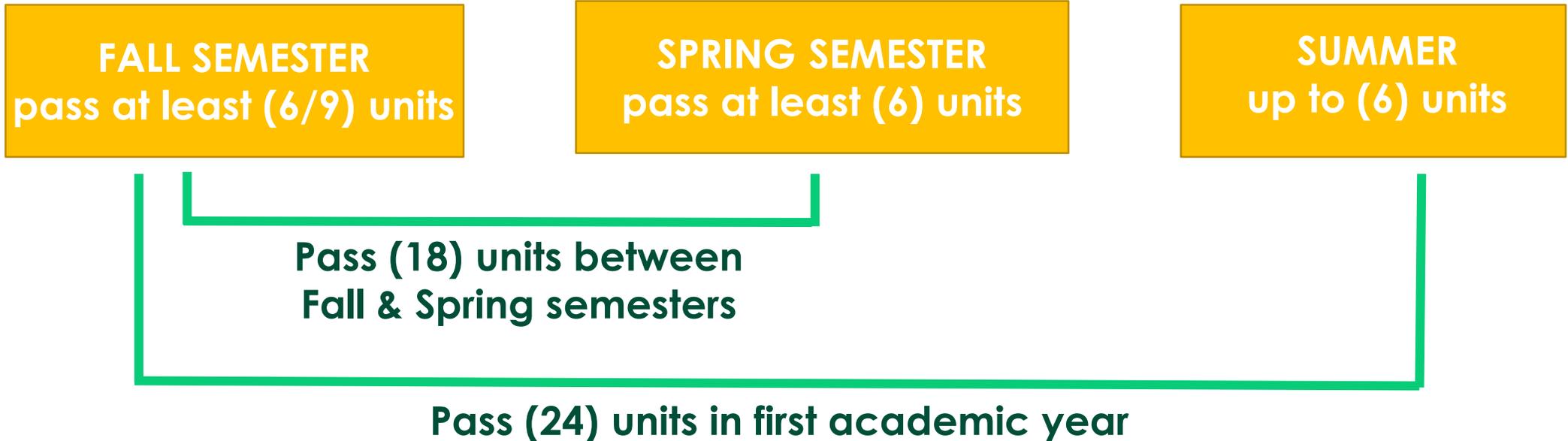
ACADEMIC LOAD

(4-year graduation unit average)



CONTINUING NCAA ELIGIBILITY

As an athlete - enrolled in (12) units minimum = 4 classes per semester:



PROGRESS TOWARDS DEGREE : 40% complete by 4th semester
60 % complete by 6th semester
80% complete by 8th semester

BEING A STUDENT-ATHLETE

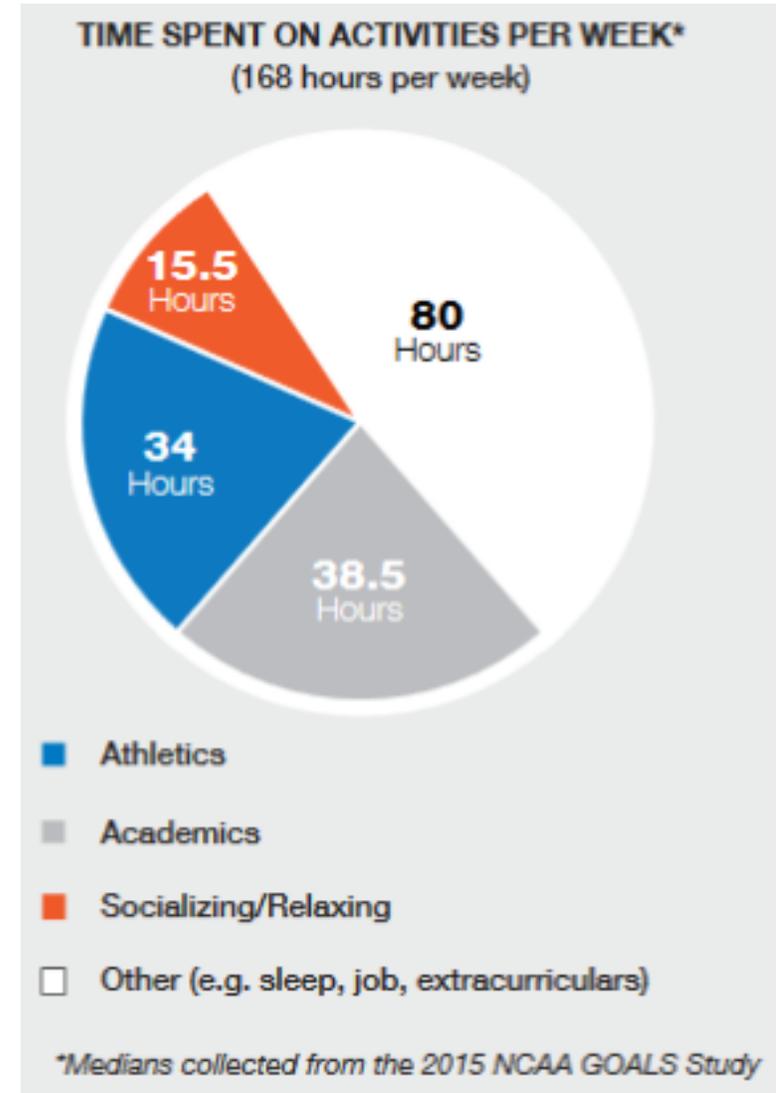
SCHOOL

ATHLETICS

SOCIAL

WELLNESS

LIFE



STUDENT-ATHLETE DEVELOPMENT

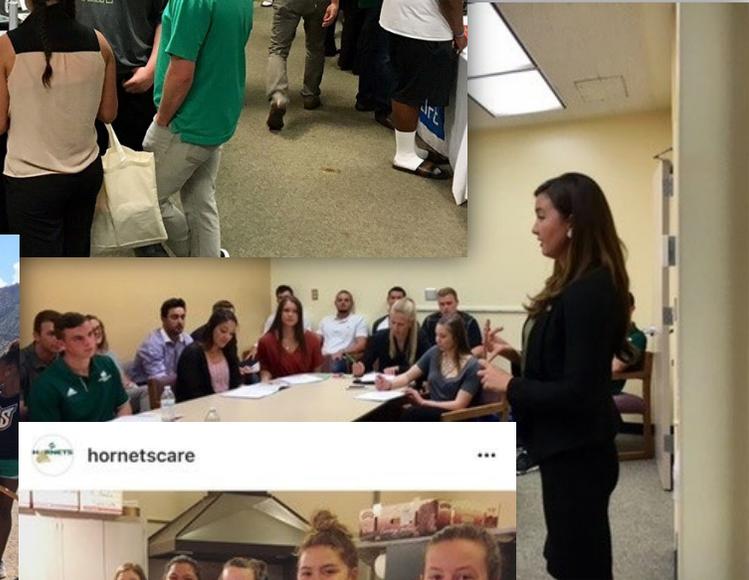
SAAC

(Student-Athlete Advisory Committee)

COMMUNITY SERVICE

LIFE SKILLS

CAREER EVENTS



REMINDERS

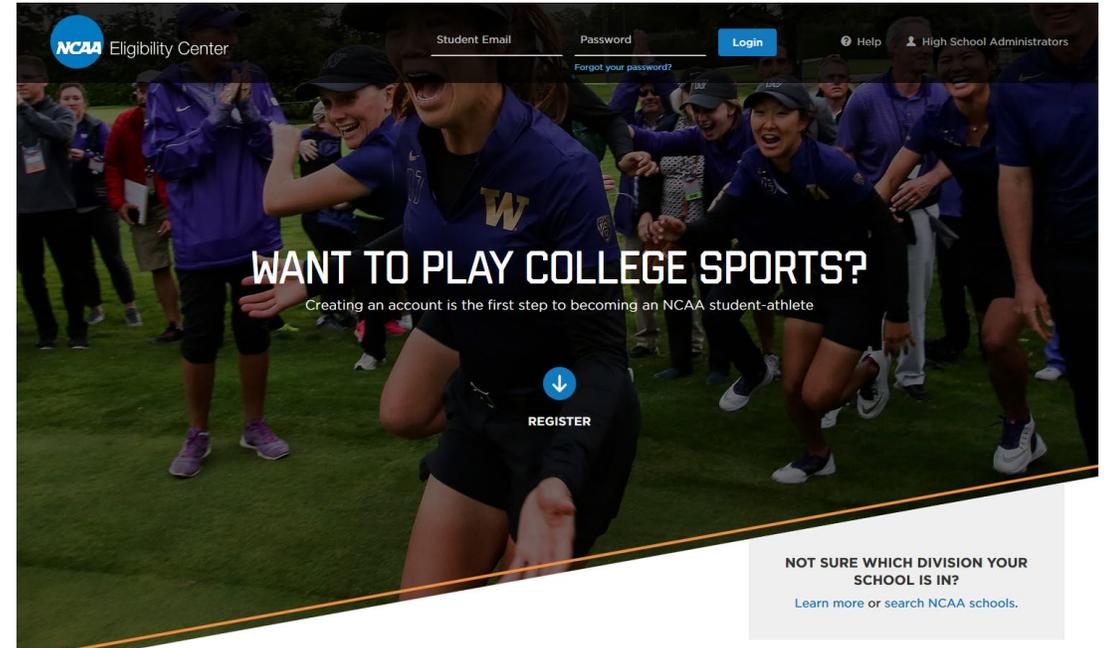
SEND SAT/ACT TEST SCORES

(9999 - CODE FOR NCAA)
(4671 - SAT CODE FOR SAC STATE)
(0382 - ACT CODE FOR SAC STATE)

REQUEST FINAL AMATUERISM

(STARTING APRIL 1)

SUBMIT OFFICIAL TRANSCRIPTS WITH HIGH SCHOOL GRAD DATE



The image is a screenshot of the NCAA Eligibility Center website. At the top left is the NCAA logo and the text "Eligibility Center". To the right are links for "Student Email", "Password", "Forgot your password?", and a "Login" button. Further right are "Help" and "High School Administrators" links. The main content area features a large photograph of a women's soccer team in purple jerseys and black shorts, huddled together on a grass field. Overlaid on the image is the text "WANT TO PLAY COLLEGE SPORTS?" in large white letters, followed by "Creating an account is the first step to becoming an NCAA student-athlete." Below this is a blue circular icon with a white downward arrow and the word "REGISTER" in white. In the bottom right corner, there is a white box with the text "NOT SURE WHICH DIVISION YOUR SCHOOL IS IN?" and a link "Learn more or search NCAA schools."