SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

Sacramento State - Division of Student Affairs

ANNUAL REPORT

Reporting Period: Fall 2025 - Spring 2026

Subdivision Information

Subdivision Name: Student Affairs

AVP/Executive Director Name: Dr. Chao Vang/Cara Campbell, MSW

Departments Included in the Report: Women's Resource Center

Overview of Key Accomplishments:

During AY 2025–2026, the Women's Resource Center significantly expanded its campus visibility, student engagement, and holistic support efforts through leadership development initiatives, wellness programming, intentional outreach strategies, and collaborative campus partnerships. Centered on empowerment, self-advocacy, belonging, and community care, the WRC continued strengthening its role as a central hub for women-identifying students at Sacramento State.

One of the center's major accomplishments included substantially increasing student engagement and visibility through intentional multi-channel outreach and digital marketing strategies. During a 90-day reporting period, the WRC generated over 327,000 social media views and reached more than 30,000 accounts, reflecting significant growth in campus awareness and student interaction. These outreach efforts aligned directly with the center's strategic goals focused on expanding visibility, increasing student engagement, and strengthening access to WRC programs and services.

The WRC also demonstrated strong student participation and programmatic impact throughout the academic year, recording over 4,100 student center visits and facilitating more than 70 programs and engagement initiatives that served approximately 1,829 participants. High-impact programming focused on leadership development, wellness, peer support, identity-based engagement, outreach, and community-building.

Notable initiatives included the launch of HER Table: A Leaders Lunch, a new signature leadership event that welcomed more than 350 attendees and connected students with women leaders and professionals from across the Sacramento region through mentorship, networking, and career readiness conversations. Additional high-impact initiatives included Wellness Wednesdays, Empower Hour peer-support programming, Women of Influence Awards, Women's History Month events.

Additionally, the WRC strengthened the capacity of the broader Cultural Academic Resource Centers (CARC) unit by collaborating with the Social Work Department to establish internship opportunities for BSW and MSW students across multiple CARC centers. These internship placements expanded student support capacity, increased access to culturally responsive and wellness-centered services, and created professional development opportunities for emerging social work professionals interested in equity-centered student affairs practice.

The WRC also strengthened campus-wide collaborations with departments and programs including the MLK Center, SWANA Center, PRIDE Center, PARC, Project Rebound, Guardian Scholars Program, Active Minds, Housing, and Student Health, Counseling, and Wellness Services and more. These partnerships expanded culturally responsive and equity-centered programming opportunities that promoted belonging, leadership development, wellness, and holistic student support.

Additional improvements included redesigning the physical WRC space to better reflect the center's evolving mission of empowerment, leadership, wellness, and belonging. Enhancements to the center environment created a more welcoming, community-centered, and student-friendly space that supported studying, peer connection, wellness engagement, and student comfort.

Student feedback further reflected the impact of the WRC's programming and community-centered approach, with participants highlighting increased feelings of connection, empowerment, leadership inspiration, and awareness of campus resources and support systems.

Impact on Students & University Goals

IMPERATIVE: Learning and Student Success

Activity 2: Coordinated Academic Advising & Early Support Systems

The WRC supported student success efforts by serving as a community-centered space where students accessed peer support, academic connection, resource navigation, and referrals to campus support

services. Through partnerships with PARC, Student Affairs departments, and campus resource centers, the WRC helped connect students to academic success resources, workshops, and support systems that promoted retention and holistic student development.

Activity 3: Black Student Success Recommendations (BSSR)

The WRC contributed to Black student success and culturally responsive engagement efforts through collaborative programming with the MLK Center, including Sista Circle initiatives focused on sisterhood, empowerment, identity affirmation, and community-building for Black women-identifying students. These efforts supported broader institutional goals centered on Black student belonging, engagement, and retention.

Activity 4: Increase Scholarship Utilization Rates

Through workshops, outreach initiatives, mentorship programming, and leadership events such as HER Table, the WRC increased student awareness of scholarships, professional development opportunities, leadership pathways, and campus resources that support persistence and student success for historically underrepresented students.

Additionally, the WRC collaborated with the **Financial Aid Department** to provide financial literacy and scholarship-focused workshops that educated students on scholarship opportunities, financial aid resources, budgeting, and strategies for navigating financial barriers within higher education. These efforts helped increase awareness of available financial support resources while promoting equitable access to academic and professional success opportunities for women-identifying students.

IMPERATIVE: Justice, Equity, Diversity and Inclusion

Activity 10: Expand Capacity of Cultural Centers

The WRC significantly expanded student engagement, outreach, and campus visibility throughout AY 2025–2026 while serving over 4,100 student visits and facilitating more than 70 programs and initiatives. Assessment data and student feedback highlighted the growing need for expanded staffing support and increased physical space to sustain culturally responsive programming, confidential support services, leadership initiatives, and community-building opportunities. The WRC also redesigned its physical environment to create a more welcoming, inclusive, and empowerment-centered space for students.

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

IMPERATIVE: Community Involvement

Activity 18: Increase Internship & Community Engagement Opportunities

The WRC supported career readiness, mentorship, and professional development through programs such as HER Table: A Leaders Lunch, which connected students with women leaders and professionals from across the Sacramento region. These initiatives created opportunities for networking, mentorship, leadership exploration, and career pathway development while strengthening students' professional confidence and campus engagement. (Internship opportunities)

Additionally, the WRC strengthened the capacity of the broader Cultural Academic Resource Centers (CARC) unit by collaborating with the Social Work Department to establish internship opportunities for BSW and MSW students across multiple CARC centers. These internship placements expanded student support capacity, increased access to culturally responsive and wellness-centered services, and created professional development opportunities for emerging social work professionals interested in equity-centered student affairs practice.

IMPERATIVE: Wellness and Safety

Activity 21: Expand Mental Health & Wellness Support

The WRC strengthened campus wellness efforts by providing low-barrier wellness programming and peer-support initiatives focused on stress reduction, self-care, resilience, healthy relationships, and mental wellness. Programs such as Wellness Wednesdays and Empower Hour created accessible and affirming spaces where students could engage in conversations surrounding identity, wellness, community care, and emotional well-being. Collaborations with Student Health, Counseling, and Wellness Services further expanded access to wellness-centered education and support resources.

Activity 22: Strengthen Basic Needs & Student Support Access

The WRC contributed to student basic needs and wellness support efforts by providing access to women's wellness and health products, peer resource navigation, referrals to campus support services, and collaborative outreach efforts with campus partners. Over 544 students accessed wellness and health products through the center during AY 2025–2026, reflecting the WRC's role in supporting student well-being and reducing barriers to care and support.

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

Major Challenges & Opportunities for Growth

One ongoing challenge involved limited physical space within the center to adequately support increasing student participation, confidential student conversations, staff operations, and larger engagement activities, particularly as women-identifying students represent over **54%** of Sacramento State's student population. Student feedback from programs and events also reflected interest in **expanded programming space** and increased capacity for interactive community-building initiatives (showcased below). As the center continues strengthening its leadership, wellness, and engagement efforts, additional space and infrastructure will be critical to supporting the evolving needs of students and sustaining program growth.

An additional challenge involved housing both the WRC and Parents & Families Program (P&F) within the same physical space. While the shared model created opportunities for collaboration and holistic support, it also highlighted the importance of creating inclusive and intentional environments that meet the needs of distinct student populations. P&F serves a diverse community of parenting students, including fathers and male-identifying students, who may not always perceive the WRC as a space designed for them. This created opportunities to further assess program identity, accessibility, and space utilization in ways that ensure all student parents feel welcomed, represented, and connected to supportive resources.

To address these challenges, the WRC plans to transition P&F into Lassen Hall 1010 to create a more intentional and inclusive environment for parenting students and families while also increasing operational capacity within the WRC. This transition will allow the Women's Resource Center to continue expanding its leadership, wellness, and empowerment programming while creating additional space for student engagement, confidential support conversations, collaborative programming, and future staffing growth.

Additionally, the WRC will continue utilizing assessment data, student engagement metrics, participation trends, and student feedback to demonstrate the increasing demand for services and the long-term need for expanded center space and operational support. Continued expansion of assessment strategies, digital outreach efforts, and collaborative partnerships will support the center's ability to make data-informed decisions and remain responsive to evolving student needs.

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

Departmental Successes & Accomplishments

Mission Alignment:

The WRC supports Sacramento State's commitment to inclusive excellence, student success, and holistic well-being by fostering a welcoming, empowering, and community-centered environment for women-identifying students. Rooted in self-advocacy, leadership development, wellness, and self-empowerment, the WRC provides students with opportunities to build meaningful connections, strengthen self-advocacy skills, access supportive resources, and engage in programming that promotes personal, academic, and professional growth.

Through leadership initiatives, wellness programming, peer support, academic workshops, and collaborative campus partnerships, the WRC promotes student belonging, resilience, and community care while supporting students in navigating their academic and personal journeys. The center's work aligns closely with divisional priorities centered on equity, retention, student engagement, wellness, and creating inclusive environments where students from diverse identities and lived experiences feel seen, supported, and empowered to thrive.

Key Achievements:

- The Women's Resource Center collaborated with the Social Work Department to establish BSW and MSW internship opportunities across multiple Cultural Academic Resource Centers (CARC). This initiative expanded student support capacity, increased access to culturally responsive and wellness-centered services, and created meaningful professional development opportunities for emerging social work professionals interested in higher education and student affairs practice. The partnership strengthened interdisciplinary collaboration while helping CARC centers meet growing student needs through additional case management, resource navigation, programming, and outreach support.
- Expanded the Women's Resource Center's digital engagement and outreach efforts through intentional marketing and student-centered communication strategies, generating over **327,000** social media views and reaching more than 30,000 accounts within a 90-day reporting period.
- During AY 2025–2026, the Women's Resource Center had over **4,100** student center visits and facilitated more than **70** programs and engagement initiatives serving approximately 1,829 participants through wellness, leadership, outreach, educational, cultural, and community-building programming.

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

- Successfully launched and expanded high-impact signature initiatives, including HER Table: A Leaders Lunch, which welcomed over 350 attendees and focused on women's leadership, mentorship, networking, and career readiness for students and emerging professionals across the Sacramento region.
- Continued strengthening holistic wellness and peer-support programming through initiatives such as Wellness Wednesdays and Empower Hour, which promoted self-care, mental wellness, stress reduction, and community connection among women-identifying students.
- Strengthened campus-wide collaborations and Women's History Month initiatives through programs such as HER Bloom (Women Who Bloomed), a collaborative and interactive community-building event that invited students to create personalized flower bouquets while learning about campus resources (CARC).

Student feedback highlighted the impact of WRC programming. Participants shared:

"This event was amazing! The networking, the speakers, and panels and the food! I was so extremely appreciative to have been able to have the opportunity to attend this event."

"I really enjoyed this event and hope it is offered every year!"

"I was able to learn so much today about different programs that I didn't know existed."

"More interactive activities like this bouquet making event!"

"I think WRC is really nice, but I think they need a bigger room and more space to be able to have more people for their activities."

New or Improved Services/Programs:

- Redesigned the WRC space to better reflect the center's evolving mission of empowerment, leadership, wellness, and belonging for women-identifying students. Enhancements included incorporating Sacramento State's green and gold colors with a feminine and welcoming aesthetic, adding student lounge area and cubicle spaces to support community-building and academic studying, and integrating mural artwork centered on femininity, empowerment, and feminist representation. These improvements helped create a more inclusive, welcoming, and refreshed environment that promotes student connection, comfort, and engagement within the center.

SACRAMENTO STATE

California State University, Sacramento
Division of Student Affairs and Inclusive Excellence
6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819
T 916-278-6060

- Launched a new annual signature program, HER Table: A Leaders Lunch, focused on women's leadership, mentorship, career readiness, and professional networking. The event welcomed women leaders and professionals from across the Sacramento region to Sacramento State, creating opportunities for students to engage in meaningful conversations surrounding leadership pathways, career development, advocacy, and empowerment.
- Transitioned Wellness Wednesday programming from weekly smaller-scale activities to a once-a-month large-scale wellness initiative designed to create greater student impact, increase participation, and more intentionally promote mind-body-spirit wellness, self-care, and community engagement.
- Expanded the WRC's campus visibility and student engagement through intentional digital outreach and multi-channel communication strategies, including Instagram, ListServ communications, Campus Groups, Hornet Weekly, and Sacramento State briefing announcements.
- Internship site for new students.

Equity, Inclusion & Belonging Efforts

Programming intentionally centered historically underrepresented and marginalized student experiences by incorporating culturally responsive wellness practices, identity-based programming, and collaborative partnerships that promoted belonging and empowerment across campus communities.

DEI-focused initiatives included:

- Collaboration with the MLK Center through Sista Circle programming centering Black women-identifying students, sisterhood, and community-building.
- Partnership with the SWANA Center to provide culturally responsive sisterhood and cultural engagement programming.
- Collaboration with the PRIDE Center and Student Health, Counseling, and Wellness Services to facilitate inclusive wellness education surrounding menstruation and nutrition care.
- Partnerships with Guardian Scholars and Project Rebound to support formerly foster youth and formerly justice-impacted women through affirming and community-centered engagement opportunities.

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

- Expanded access to wellness and mental health-focused programming through Wellness Wednesdays and Empower Hour, creating low-barrier spaces for students to engage in conversations surrounding identity, resilience, self-worth, healthy relationships, leadership development, and community care.
- Increased representation of diverse women leaders and professionals through HER Table and Women of Influence programming, promoting mentorship, leadership pathways, and career readiness.
- Utilized intentional outreach and inclusive engagement strategies through social media, collaborative programming, tabling, and campus partnerships to increase access to WRC programs and resources for students from diverse lived experiences and identities.

Partnerships & Collaborations:

Throughout AY 2025–2026, the WRC strengthened collaborative partnerships across campus to expand student engagement and interdisciplinary programming opportunities.

Partnerships included collaborations with:

- Social Work Department
- MLK Center
- SWANA Center
- (PARC) Peer & Academic Resource Center
- PRIDE Center
- Project Rebound
- Guardian Scholars Program
- Active Minds (Student organization)
- Student Health, Counseling, and Wellness Services
- Housing
- Associated Students Inc. (ASI)
- Sigma Omega Phi (student org/sorority)

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

Social Work Department Partnership:

- The WRC partnered with Sacramento State's Social Work Department to develop a coordinated internship model serving multiple CARC centers. Through BSW and MSW placements, the initiative increased direct student support capacity, expanded culturally responsive services, strengthened resource navigation efforts, and provided valuable experiential learning opportunities for future social work professionals. This partnership represents a sustainable approach to increasing student support while advancing workforce development within higher education.

Assessment & Data Highlights:

The Women's Resource Center significantly expanded its digital engagement and outreach efforts during AY 2025–2026 through intentional multi-channel marketing and student-centered communication strategies. During a 90-day reporting period from February 13 through May 13, the WRC generated **327,659** social media views and reached more than **30,000** accounts, reflecting substantial growth in campus visibility and student engagement. Notably, **78.3%** of engagement originated from non-followers, demonstrating the center's ability to expand outreach beyond its established audience and increase awareness of WRC programs, services, and events across campus.

Posts highlighting Women's History Month programming, graduation recognition, and wellness initiatives generated some of the highest engagement levels of the AY and contributed to increased student interaction, campus visibility, and awareness of available support resources.

The WRC also demonstrated strong student engagement and program participation throughout AY 2025–2026 by facilitating over **70 events** and initiatives that collectively engaged approximately **1,829** participants. Programming focused on wellness, leadership development, outreach, allyship, academic empowerment, and community-building.

High-impact programs and events included:

- HER Table: A Leaders Lunch **(351 attendees)**
- Women of Influence Awards Ceremony **(120 attendees)**
- WRC Open House **(90 attendees)**
- Finals Week Fuel: Coffee & Cinnabons in collaboration with Project Rebound **(75 attendees)**
- Women's History Month initiatives:
  - Women Who Bloomed **(50 attendees)**
  - Strike A Pose: Women's History Month Kick-Off Group Photo **(65 attendees)**

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

Strategic Priorities & Future Goals

Short-Term Priorities:

- Expand leadership and wellness-focused programming opportunities for women-identifying students
- Increase student engagement through intentional outreach, digital communication, and collaborative programming
- Strengthen assessment and data collection practices to better measure student impact and engagement outcomes
- Continue developing signature programs centered on leadership, mentorship, wellness, and self-advocacy

Long-Term Vision:

The Women's Resource Center seeks to further establish itself as Sacramento State's central hub for empowerment, leadership development, and holistic wellness for women-identifying students. Long-term goals include expanding signature leadership initiatives, strengthening wellness-centered programming, increasing campus and community partnerships, and enhancing assessment practices to support student success, belonging, and retention outcomes.

The WRC also aims to expand operational capacity and staffing infrastructure to support the growing demand for holistic student support services, leadership development opportunities, and equity-centered engagement initiatives.

Resource Needs & Support Requests:

To support continued program growth and student engagement, the WRC identified several resource priorities, including:

- Expanded staffing support to sustain programming, assessment, and student engagement efforts
- Increased funding for signature leadership and wellness programming initiatives
- Continued marketing and branding support to strengthen outreach and campus visibility
- Additional or expanded center space to support confidential student conversations, staff operations, and expanded programming needs
- Continued professional development opportunities focused on trauma-informed care, cultural responsiveness, and gender equity practices

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

Assessment & Data-Driven Insights

Student Engagement & Success Metrics:

Based on EAB engagement data collected between August 25, 2025, and May 8, 2026, the Women's Resource Center recorded approximately 4,195 center visits, demonstrating continued student engagement and utilization of the WRC as a space for wellness, community, academic support, leadership development, and student connection.

Student engagement trends reflected the WRC's growing role as both a resource hub and community-centered space for women-identifying students and the broader campus community. Estimated engagement data included:

- Over **1,724** students participated in WRC workshops, events, and programming initiatives.
- Approximately **1,358** students utilized the WRC as a community study and connection space, highlighting the center's role in fostering belonging, peer engagement, and academic support.
- More than **544** students accessed women's wellness and health products through the center.
- Over **42** students engaged with Peer Wellness Advocate (PWA) support services focused on peer connection, wellness support, and resource navigation.

While the data represents estimated engagement trends due to students self-selecting multiple visit purposes during center check-in, the information provides valuable insight into the overall impact, utilization, and evolving needs of students engaging with the WRC.

In alignment with the center's strategic goal of increasing visibility and student engagement, the WRC also significantly expanded its digital outreach and campus-wide communication efforts. **Over a 90-day reporting period, Instagram analytics demonstrated:**

- **327,659** total content views
- **30,348** accounts reached, reflecting a **170.4%** increase in audience reach
- **1,688** profile interactions, a **107.6%** increase compared to the previous reporting period
- **1,584** profile visits and **104** external link taps directing students to campus resources and engagement opportunities

SACRAMENTO STATE

California State University, Sacramento
Division of Student Affairs and Inclusive Excellence
6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819
T 916-278-6060

Notably, 78.3% of engagement came from non-followers, demonstrating the WRC's ability to expand outreach beyond its existing audience and increase campus-wide awareness of center programs, services, and initiatives. Posts highlighting Women's History Month programming, student leadership, graduation recognition, and community-centered events generated some of the highest engagement metrics of the year, with several posts reaching between 20,000–63,000 views.

The WRC utilized Instagram, Campus Groups, newsletters, ListServ communications, Hornet Weekly, and collaborative outreach strategies to strengthen student engagement, increase awareness of campus resources, and foster a stronger sense of belonging among women-identifying students and campus partners.

Use of Assessment for Improvement:

- Utilized EAB engagement data, event evaluations, social media analytics, and student testimonials to inform programming, outreach, and operational decisions.
- Transitioned Wellness Wednesday programming from smaller weekly activities to larger monthly wellness initiatives to increase participation, strengthen impact, and create more intentional wellness-centered experiences.
- Redesigned the WRC physical space to better reflect the center's evolving mission focused on empowerment, leadership, wellness, and belonging.
- Added student lounge and study spaces, community-centered gathering areas, and culturally affirming mural artwork to create a more welcoming and inclusive environment.
- Used student participation trends and feedback to inform plans for relocating the **Parents & Families Program into Lassen Hall 1010** to create more intentional and inclusive spaces for both student populations.
- Expanded digital outreach efforts through Instagram, Campus Groups, newsletters, and collaborative marketing strategies after assessment data demonstrated increased engagement through online communication platforms.

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

Data Challenges & Needs:

- Current EAB check-in data relies on students self-selecting visit purposes, which may result in overlapping engagement categories and estimated participation trends rather than exact utilization totals.
- Additional assessment infrastructure and tracking systems are needed to strengthen long-term measurement of student belonging, leadership development, wellness outcomes, and retention impact.
- Opportunities remain to expand post-event evaluations, demographic tracking, and program outcome assessments to support more comprehensive data-informed decision-making.
- Increased student engagement and program participation highlighted the need for additional staffing support to sustain assessment efforts, outreach initiatives, and program evaluation practices.

Future assessment priorities include strengthening data collection related to:

- Student belonging/community
- Leadership development outcomes
- Wellness engagement
- Program effectiveness
- Collaborative partnership impact

Financial Overview

Budget Overview:

Funding supported leadership development initiatives, wellness programming, outreach efforts, student engagement activities, and community-building events aligned with the WRC mission.

Key investments included:

- HER Table: A Leaders Lunch
- Women's History Month programming
- Wellness Wednesdays and Empower Hour
- WRC space relocation

Collaborative partnerships and co-sponsored programming opportunities helped maximize available resources and expand program impact.

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

Major Financial Challenges & Sustainability Considerations:

Increased student engagement and program participation created growing demand for:

- Expanded staffing support
- Larger programming budgets
- Wellness resources
- Outreach and marketing support
- Assessment infrastructure

Limited physical space and operational resources continue to impact the center's ability to support larger-scale engagement opportunities and confidential student support.

Continued investment is needed to sustain:

- Signature leadership initiatives
- Wellness-centered programming
- Student engagement efforts
- Assessment and data collection practices
- Space enhancements and operational growth

Collaborative partnerships and strategic use of existing resources helped maximize operational efficiency throughout AY 2025–2026.

Recommendations

Key Takeaways for Division Leadership:

- Student engagement data and participation trends demonstrate continued demand for culturally responsive wellness programming, leadership development opportunities, and identity-based community spaces.

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

- The WRC continues serving as a critical campus resource supporting:
  - Student belonging
  - Empowerment
  - Wellness
  - Leadership/Academic development
  - Holistic student support

Recommendations for Division Leadership include:

- Continued investment in staffing support and operational infrastructure
- Expanded physical space to support increasing student engagement and confidential support services
- Strengthened assessment infrastructure and data collection practices
- Ongoing support for collaborative and interdisciplinary campus partnerships (expand internship opportunities)

Final Reflections from AVP/Executive Director:

AY 2025–2026 represented a year of significant growth, increased visibility, and strategic development for the Women's Resource Center.

One of the year's most impactful accomplishments was the launch of HER Table: A Leaders Lunch, a new signature leadership event that brought together more than 350 students, professionals, and community leaders from across the Sacramento region. HER Table embodied the WRC's commitment to leadership development, mentorship, networking, and career readiness while elevating the visibility of women leaders and creating meaningful opportunities for students to envision their own leadership pathways.

Another significant accomplishment was the establishment of social work internship opportunities across the Cultural Academic Resource Centers (CARC) network. This collaborative model expanded support services for students while creating a pipeline of future professionals committed to equity-centered student affairs and higher education practice.

SACRAMENTO STATE

California State University, Sacramento

Division of Student Affairs and Inclusive Excellence

6000 J Street • Lassen Hall 3008 • Mail Stop 6062 • Sacramento, CA 95819

T 916-278-6060

Through expanded outreach, collaborative partnerships, wellness initiatives, and leadership programming, the WRC strengthened its role as a central hub for empowerment, leadership development, advocacy, and holistic student support. Increased center utilization, strong participation in programs and events, and positive assessment feedback reflected students' continued need for affirming, community-centered spaces that foster belonging, wellness, and personal growth.

Looking ahead, continued investment in staffing, assessment infrastructure, operational support, and expanded space will be essential to sustaining the center's momentum and growing impact. As student engagement continues to increase, the WRC remains committed to expanding leadership opportunities, strengthening wellness initiatives, enhancing student support services, and advancing Sacramento State's goals related to inclusive excellence, student wellness, equity-centered engagement, and holistic student success.