

COVID-19 Resource Guide

This resource guide serves to provide information to members of the Sacramento State University community that may be affected by the COVID-19 outbreak. If there are any questions that you may have that are not answered by this guide, please reach out to us through cares@csus.edu and follow our [Instagram @cfosacstate](https://www.instagram.com/cfosacstate) <https://www.instagram.com/cfosacstate/?hl=en> for updates.

Loss of income:

- **Disability Insurance** [file a claim for disability insurance](https://edd.ca.gov/Disability/How_to_File_a_DI_Claim_in_SDI_Online.htm)
https://edd.ca.gov/Disability/How_to_File_a_DI_Claim_in_SDI_Online.htm
 - Wage loss due to exposure or contraction of the virus
- **Paid Family Leave** [file a claim for paid family leave](https://edd.ca.gov/Disability/How_to_File_a_PFL_Claim_in_SDI_Online.htm)
https://edd.ca.gov/Disability/How_to_File_a_PFL_Claim_in_SDI_Online.htm
 - Wage loss due to caring for a sick or quarantined family member
- **Unemployment Insurance** [file a claim for unemployment insurance](https://edd.ca.gov/Unemployment/Filing_a_Claim.htm)
https://edd.ca.gov/Unemployment/Filing_a_Claim.htm
 - Wage loss due to a loss/reduction of hours or employment closure

Food Assistance:

ASI Food Pantry University Union, 1246 (916) 278-3978	Tuesday: 10:00am-1:00pm Wednesday: 1:00pm-4:00pm Thursday: 10:00am-1:00pm	Offering pre-packaged bags of groceries for students with a one card.
River City Food Bank Midtown 1800 28th St. Sacramento, CA 95816 (916) 446-2627 Center at St. Matthews 2300 Edison Ave Sacramento, CA	Tuesday-Thursday: 11:30am-3:00pm Friday: 11:30am-3:00pm Saturday: 10:30am-1:00pm	Modified emergency food distribution. Practicing social distancing by limiting the number of people allowed in the food bank and prepackaging food items.
CalFresh Food Follow our Instagram @cfosacstate https://www.instagram.com/cfosacstate/?hl=en on Instagram	CalFresh website www.getcalfresh.org	Government food assistance program where eligible students can get up to \$192/month in money for groceries that do not have to be paid back!

for more updates and information.		See qualifications and student exemptions on the CalFresh website student exemptions http://mycalfresh.org/students/ , or email our office cares@csus.edu for questions on how to qualify.
Student Emergency Grant Email applications to Cares Office cares@csus.edu	Submit an Application for a Student Emergency Grant https://www.csus.edu/student-affairs/crisis-assistance-resource-education-support/_internal/_documents/student-emergency-fund-application.pdf	Grant for qualifying documented emergency financial crisis. Currently <u>only available</u> for full-time students with at least a 2.0 GPA for help with food and toiletries.

Inability to pay rent:

[Sacramento County Eviction Ordinance](https://www.cityofsacramento.org/-/media/Corporate/Files/CDD/Code-Compliance/Programs/FINAL-FAQ-TEMPORARY-MORATORIUM-ON-TENANT-EVICTIONS-DUE-TO-COVID-MAR182020.pdf?la=en) <https://www.cityofsacramento.org/-/media/Corporate/Files/CDD/Code-Compliance/Programs/FINAL-FAQ-TEMPORARY-MORATORIUM-ON-TENANT-EVICTIONS-DUE-TO-COVID-MAR182020.pdf?la=en> **will temporarily**

halt evictions for renters who are unable to pay rent due to any of the following reasons:

- Renters who are sick with COVID-19 or caring for a household or family member who is sick with the virus
- Renters who were laid off, lost hours at work, or had income reduced in any way as a result of the coronavirus or the state of emergency
- Renters complying with the recommendations from government agencies to stay home, self-quarantine and avoid congregating
- Renters who need to miss work to care for a home-bound school-age child

In order to take advantage of the protections, renters must:

- Notify their landlord in writing before the day the rent is due that they have a covered reason for a delayed payment
- Provide landlords with verifiable documentation to support the covered reason
- Pay the portion of the rent the tenant is able to pay

***Renters will have up to four months after the state emergency declaration ends to pay the deferred rent. The declaration is currently set to end May 21, meaning the rent would be due Sept. 21.**

*Tenants should contact the city if they believe their landlord is violating the ordinance, Landlords in violation could face fines of up to \$25,000.

Utilities:

PGE https://www.pge.com/en_US/about-pge/company-information/protective-protocols/covid19.page

PGE and is suspending power shutoffs for nonpayment during the coronavirus pandemic, and is offering flexible pay plans for customers affected by COVID-19

SMUD <https://www.smud.org/en/Corporate/About-us/News-and-Media/2020/2020/SMUD-suspends-power-shutoffs-for-non-payment>

SMUD will be suspending practice of shutting off power for non-payment

COMCAST

Comcast will offer 60 days of free internet through their [Internet Essentials](https://www.internetessentials.com/)

<https://www.internetessentials.com/> program for new customers. Existing customers will not have service interruptions or late fees if they cannot pay their bill due to COVID-19 issues. You must contact the company to inform them that you will not be able to pay.

AT&T

All AT&T consumer home internet wireline customers, as well as Fixed Wireless Internet, can use unlimited internet data. Additionally, they will continue to offer internet access for

qualifying limited income households at \$10 a month through the [Access from AT&T program](https://www.att.com/shop/internet/access/index.html?source=ECmj000000000mbU&wtExtn)

<https://www.att.com/shop/internet/access/index.html?source=ECmj000000000mbU&wtExtn>
dSource=access#!/#%2F.

VERIZON

Verizon will wave late fees for residential and small business customers impacted by economic circumstances related to the coronavirus. In addition, the company will not terminate service to any residential or small business customers because of their inability to pay their bills due to disruptions caused by the coronavirus.

Resources for Low-Income Internet <https://www.highspeedinternet.com/resources/are-there-government-programs-to-help-me-get-internet-service>

Just for Students:

Tuition Payment Plans:

The bursar's office will not be adding late fees to the accounts of any students on a payment plan at this time. All students are encouraged to pay as soon as they are able to, if final payments are not received, a hold for fall registration will placed on students account.

Parking Pass Reimbursement:

Students can receive a 50% refund on Spring Parking Permits until 3/20/2020. Return parking permits via USPS by downloading and completing the [parking pass refund form](#)

<https://www.highspeedinternet.com/resources/are-there-government-programs-to-help-me-get-internet-service>, attaching their permit and mailing to UTAPS, 6000 J Street MS 6076, Sacramento, CA 95819. Prorated refunds will be processed based on postmark date.

Child Care:

Students who are Hornet Study Care Grant Recipients can receive 50% off of their alternative child care costs by contacting [Hailey Dillon](mailto:haley.meyers@csus.edu) at haley.meyers@csus.edu

Showers available for homeless students (THE WELL)

Mondays, Wednesdays, Fridays from 8am - 10:30am, 20 slots available for students at a time. [Sign up to book a shower](https://unionwellinc.redpodium.com/the-well-shower-sign-ups) <https://unionwellinc.redpodium.com/the-well-shower-sign-ups>

Student Health and Counseling Services

Free counseling at Sacramento State, services are being offered virtually or on campus. Call first to schedule an appointment 916-278-6461

CARES Office- Crisis Assistance and Resource Education Support

Case managers are available to help you access any of the services listed, to help work with professors if you have disruptions to your education from COVID-19 or other issues. The student emergency fund is accepting applications for food and toiletries only and defers to local and federal government assistance programs to help all citizens impacted by COVID-19 issues cares@csus.edu for assistance

Storage and Travel:

U-HAUL <https://www.uhaul.com/Storage/>

U-Haul is offering 30 days of free self-storage to student who have to move, due to the precautions around the Coronavirus pandemic. You must be 18 years old to rent a truck (With a valid driver's license), and there may be limited availability in your area so U-haul is encouraging students to act quickly

Enterprise Rent-A-Car

Enterprise is waving their young renter fee and reducing the minimum age rental requirement from 21-18 through the month of May to aid students in need of last-minute transportation home the ability to do so. Students must present a valid ID and official school ID to take advantage of this offer.

Additional Resources:

[California Department of Health](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx)

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

[California virus guidance for schools](#)

https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/School%20Guidance_ADA%20Compliant_FINAL.pdf

[City of Sacramento](#)

<https://www.cityofsacramento.org/Emergency-Management/COVID19>

[Mayor's Office of Civic Engagement](#)

<https://engagesac.org/blog-civic-engagement/2020/3/13/b6sm0v2sx22zmal9oh4l4uvq9pac1z>