

Frequently Asked Questions

What is First Star Sacramento State Academy?

The Academy is a four-year college readiness supplemental program for youth in foster care. Programming consists of academics, life skills, career exploration, enrichment activities, and caregiver engagement.

Academics

- Grade specific instruction
- Mentors
- Personalized assistance
- Academic planning
- Tutoring
- A-G Requirements

Life Skills

- Case Management
- Financial literacy
- Leadership
- Physical and psycho-social health
- Self-Advocacy

Caregiver Engagement

- Navigating college track and application process
- Caregiver Workshops
- Resource for advocacy
- CFT, SST, IEP partner
- Information and resources

When will First Star Sacramento State Academy hold activities?

Saturday sessions are held once a month; There is also a two-week Residential Summer Immersion Program.

What will student be doing in the Saturday and summer sessions?

Students will participate in academic sessions, summer school tutoring, and recreational activities, social skills workshops, campus and career exploration, and building community.

How are students chosen to participate in First Star Sacramento State Academy?

There is an application for students to fill out and provide a reference by adult in an official capacity.

What are the requirements to participate in First Star Sacramento State Academy?

To participate, students must currently be in foster care or a group home; able and willing to participate in monthly Saturday sessions and two-week residential component in the summer; maintain at least a 2.5 GPA ; good attendance record in current and previous school year unless there is reason for excessive absences (see application for full requirements); have an adult recommendation.

Who are First Star Sacramento State Academy partners?

This collaboration is with The Department of Child, Family, and Adult Services, First Star Inc., and Sacramento State.