

Career Center

Who We Are

Through a collaborative career development approach, we engage, educate and empower our students and alumni to thrive and successfully contribute to our community, economy and future workforce.

Services

- Career Counseling and Support Services
- Programs & Events
- Workshops and Presentations
- Online Resources
- Employer Relations Services

Career Center Engagement (Academic Year 2018-2019)

1. **Student/Alumni Engagement** – we help students and alumni learn how to make informed decisions in their educational and career choices.
 - a. Career counseling services – 3,542 student and alumni served
 - i. Career Exploration: 572
 - ii. Major Exploration: 225
 - iii. Internship/Job Search Assistance: 317
 - iv. Interview Coaching: 47
 - v. Resume Development: 742
 - vi. Student Employment: 28
 - vii. Graduate Studies Advising: 20
 - viii. Other (not in EAB): 1,581
 - b. CSU Chancellor's Office Career Center Customer Satisfaction Survey
 - i. 87% of respondents were satisfied with classes & workshops, especially the resume clinics.
 - ii. 77% of respondents were satisfied with the overall Career Center counseling sessions.
 - iii. 77% of respondents were overall satisfied with the Career Center services.
 - iv. 67% of respondents significantly experienced valuable learning opportunities using the center.
 - v. 64% of respondents significantly enhanced their career plans and goals by participating in services provided by the center.
 - c. Quotes from students
 - i. "Though there is that underlying stress with a job hunt, I feel generally at ease following our conversation. I plan on continuously keeping in touch with you for my future career needs and concerns."

- ii. “I wanted to thank you so much for your help in my job search! Your help made the search, the applications, and interviewing for these big and scary positions significantly easier.”
- 2. **Employer/Community Engagement** - we practice a collaborative approach to building external and internal relationships that support student and alumni professional growth and career success.
 - a. Job/Internship Postings – 3,200 (Handshake and Symplicity Databases)
 - b. Employer Contacts – 9,908 (Handshake and Symplicity Databases)
 - c. How employers rate student performance once hired. (4.00 scale. 4 being the highest) from 2018-2019 Career Center Employer Survey
 - i. 3.41 average score in teamwork/collaboration
 - ii. 3.34 average score in digital technology skills
 - iii. 3.28 average score in global/cultural fluency
 - iv. 3.27 average score in professionalism/work ethic
 - v. 3.27 average score in oral communication skills
 - vi. 3.26 average score in written communication skills
 - vii. 3.07 average score in leadership/initiative
 - d. Quotes from Employers
 - i. “Students from Sac State are second to none. They are dynamic individuals who think critically and are looking to making change occur in their communities. They are prepared to enter the workforce and succeed throughout an employment process.”
 - ii. “The students were excellent and in a definite pursuit of their career goals and most knew the path in which they desired to take to achieve those goals.”
- 3. **Faculty/Staff Engagement** - We partner with faculty and staff to embed career development components into curricula and programs.
 - a. Presentations and workshops – 142+ total
 - i. Resume & Cover Letter: 30% (43)
 - ii. First Year Seminar: 35% (49)
 - iii. Major & Career Exploration: 10% (15)
 - iv. Interviewing & Professionalism: 13% (18)
 - v. Internship & Job Search: 7% (10)
 - vi. Career Services: 3% (4)
 - vii. Other/Specialized Topics: 2% (3)
- 4. **Social Media Data** – more than 6,200 friends and followers
 - a. Facebook: 3,642 friends
 - b. Instagram: 1,754 followers
 - c. Twitter: 811 followers

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<https://www.csus.edu/student-life/career-center/>