# First Generation Institute (FGI)

# Who we are

An intensive program designed for students to integrate their college experiences into the work world. FGI will empower first-generation students through critical mentoring, skill-building and reflection to enhance their knowledge, and give them a path to become first-generation professionals.

FGI received a NASPA Excellence Award Bronze Certificate and recognition in a collection of winning entries on the NASPA Excellence Awards page of the NASPA website.

# **Program Activities**

- 1. Professional Development Action Plan
- 2. Table Talk
- 3. First-Generation Storytelling
- 4. Taxes 101 Workshops
- 5. Mock Interviews
- 6. Elevator pitch Workshops
- 7. Financial literacy/Wellness Workshops
- 8. Professional brand/reputation Workshops

# **Participation**

- 1. Develop skills and perspectives needed to progress from first-generation students to first-generation professionals
- 2. Receive guidance in mapping out short and long term career goals
- 3. Build a customized plan for professional growth to increase self-awareness and professional marketability
- 4. Establish a network conducive for lasting collegial relationships with whom they can explore their identity and how it relates to their personal and professional success

# **Demographics for 2018-2019 Academic Year (N=149)**

Gender

72% of them are female.

28% of them are male.

**Ethnicity** 

45% of them are Asian.

38% of them are Hispanic/Latino.

9% of them are Black/African American.

3% of them are Pacific Islander.



2% of them are identified as "Other."1% of them are White.1% of them are Native American.

#### Class Level

2% of them were freshmen.
11% of them were sophomores.
28% of them were juniors.
54% of them were seniors

5% of them were graduate students.

#### **Academic Outcomes**

# Fall 2018

Average Term GPA was 3.24.

Average Unit Load was 13.67.

42% of students were enrolled in 15+ units.

92% of students had full unit load.

96% of students were in good academic standing.

100% of students persisted the following semester.

# Spring 2019

Average Term GPA was 2.92.

Average Unit Load was 13.24.

44% of students were enrolled in 15+ units.

83% of students had full unit load.

98% of students were in good academic standing.

96% of students persisted the following semester.

# Survey

93% of participants agreed/strongly agreed that being involved in this institute provided them the skills and knowledge needed to prepare for the workforce.

93% of participants agreed/strongly agreed that being involved in this institute had made them want to get more involved in the campus community.

79% of participants agreed/strongly agreed being involved in this institute has made them want to try harder in school and graduate.

100% of participants agreed/strongly agreed that being involved in this institute has helped them realize that they have a lot to be proud of.

#### From First Generation Students to First Generation Professionals

An introductory course to prepare students to compete successfully for positions in today's workforce. Final project: students will identify a problem, formulate a solution and present the proposal.

Pre and Post Skills Assessment (Excelling Responses)

- 1. Communication from 12% to 52%
- 2. Team work and interpersonal from 41% to 74%
- 3. Leadership from 34% to 66%
- 4. Creativity and problem-solving from 18% to 65%
- 5. Professionalism and productivity from 41% to 52%
- 6. Global perspective from 53% to 79%

Pre and Post Competency Assessment (Proficient to Expert Responses)

- 1. Career Planning from 53% to 93%
- 2. Self-assessment from 48% to 100%
- 3. Market research from 31% to 86%
- 4. Informational interview from 47% to 72%
- 5. Networking from 47% to 100%
- 6. Resume from 68% to 93%

(916) 278-6183 Saseep-01@csus.edu