

# Parents and Families Program

## Who we are

We create and strengthen the vital partnership between parents and families of prospective and enrolled students and the University, as well as build an array of services to connect students with children to campus resources.

## Services

1. Workshops
2. Events
3. Student-Parent Specific Advising
4. CalWorks Paperwork
5. Letters of Reference

**3,675 student-parents** at Sacramento State

- Greater than all students who live on campus
- Larger than all students in the College of Business (undergrad and grad combined)

## Demographics of Students who completed the Family Friendly Survey in 2018

### Gender

86% of them are female.

14% of them are male.

### Ethnicity

38% of them are Whites.

25% of them are Hispanic/Latinx.

13% of them are Black/African Americans.

12% of them are Asians.

12% of them are "Other."

### Class Level

36% were juniors.

49% were seniors.

10% were graduates.

5% were "other."

## Age

Average age is 31.

Ranging from 17 to 51 years old

## Employment

40% were unemployed.

38% were employed part-time.

22% were employed full-time.

## Enrollment

73% were enrolled full-time.

27% were enrolled part-time.

## Number of Children

55% have 1 child.

29% have 2 children.

16% have 2+ children.

## Family Friendly Survey

- 46% of student-parents reported rarely being able to find child-friendly student spaces on campus.
- Top three stressors
  - 83% keeping up with school/work assignments
  - 75% ensuring appropriate childcare
  - 75% managing money and finances

## Other Information

- 3675 student-parents at Sacramento State
- Greater than all students who live on campus
- Larger than all students in the College of Business (undergrad and grad combined)

## Top Needs

- Affordable family campus housing
- Expanded child care availability (before/after school, weekends)
- Financial assistance
  - Emergency funds not limited to GPA or unit load
  - Childcare
  - School supplies/textbook stipend
- Family-friendly spaces on campus
  - Mother's room – furniture and amenities

- Reserved parking for pregnant and/or parenting students who have children with them
- Academic support
  - Online and evening course schedule options
  - Career and advising services catered to student-parents

## **STRONG**

- Hornets Imagine Tomorrow's Solutions (April 2019): 80 students competed for four \$1,000 cash award on Sac State's all-day Shark Tank-style event
- Community Partners who sponsored the event include nelsonjobs.com, ETS (Education Testing Service), Impact Teen Drivers, and Power Inn Alliance
- Parents of Sac State students volunteered at this event

## **Parent Ambassadors**

- Volunteer board of parents and family members of enrolled Sac State students
- Serve as a voice for students' family members, a sounding board for University leadership, and provide support to new Sac State family members

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