

First Generation Institute (FGI)

Who We Are

An intense program designed for first-generation students to integrate their college experience into the work world.

Demographics of Students (N=123)

Fall 2019 (n=62)

Gender

65% of them are female.

35% of them are male.

Ethnicity

42% of them are Asian.

29% of them are Hispanic/Latino.

18% of them are Black/African American.

5% of them are White.

3% of them are Pacific Islander.

3% of them are Native American.

Class Level

29% of them were freshmen.

12% of them were sophomores.

29% of them were juniors.

27% of them were seniors

3% of them were graduate students.

Enrollment Status

63% First-time Freshman

34% Transfer

3% New Graduate (Masters or Higher)

Academic Majors (Top 5)

Criminal Justice

Business Administration



Sociology
Biology
Psychology

Spring 2020 (n=61)

Gender

62% of them are female.
38% of them are male.

Ethnicity

28% of them are Asian.
48% of them are Hispanic/Latino.
8% of them are Black/African American.
12% of them are White.
2% of them are Pacific Islander.
2% of them are Multiracial.

Class Level

7% of them were freshmen.
5% of them were sophomores.
31% of them were juniors.
48% of them were seniors
10% of them were graduate students.

Enrollment Status

34% First-time Freshman
61% Transfer
5% New Graduate (Masters or Higher)

Academic Majors (Top 5)

Business Administration
Sociology
Communications Studies
Psychology
Social Work

Program Activities

1. Professional Development Action Plan

2. First, But Not Alone Storytelling
3. Mock Interviews and Elevator Pitch Workshops
4. Financial Literacy/Wellness Workshops
5. Professional Brand/Reputation Workshops
6. First-Gen Connect peer to peer series
7. Becoming First mentors table talk

Survey Results

Fall 2019 (Positive Responses)

After Participating . . .

93% of participants found importance of planning for their future.

88% of participants gained a sense of belonging as a first-gen student.

93% of participants wanted to try harder in school and graduate.

93% of participants were encouraged to find a mentor.

99% of participants found it easier to approach someone for support/help.

88% of participants received the skills and knowledge needed to be more successful in school.

80% of participants received the skills and knowledge needed to be more prepared for the workforce.

Feedback . . .

I want to learn more about available resources on campus so mini events like this gives a more meaningful way to do so.

I really wanted to see if others had the same barriers as a first generation student and how they got over them.

I chose to participate because simply it is a group/program/institute that I fit in. I wanted to continue to be around like minded people who are wanting to gain more knowledge about the future and also help others after them.

Spring 2020 (Positive Responses)

After Participating . . .

85% of participants achieved academic preparation and success due to the presented skills and knowledge from the Institute.

95% of participants gained a sense of belonging as a first-gen student.

91% of participants agreed with the practicality and self-application of the topics presented.

91% of participants rated the format and activities as excellent/satisfactory.

100% of participants rated the quality of the workshop as excellent/satisfactory.

100% of participants received the skills and knowledge needed to be more successful in school.

80% of participants will recommend the Institute to other students.

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[SASEEP Website](https://www.csus.edu/student-affairs/centers-programs/first-generation-students/first-generation-institute.htm) <https://www.csus.edu/student-affairs/centers-programs/first-generation-students/first-generation-institute.htm>