

# Paving, Excellence, Retention, Success in Student Trajectories (PERSIST) Program

## Who We Are

PERSIST is designed to meet the needs of students who are in their second-year of college at Sacramento State. It provides a series of workshops including academic planning, wellness, financial aid and workforce skills development for students to make a smooth transition to their upper division course material.

## Demographics of Students for Fall 2019 (N=1,657)

### Gender

59% were female

41% were male

### Ethnicity

35% were Hispanic/Latinx

22% were White

23% were Asian

10% were Other

8% were Black/African American

1% were Pacific Islander

1% were Native American

## Key Performance Indicators

### Fall 2019

Average Term GPA was 3.01.

Average Unit Load was 14.50.

96% of students were full-time.

61% of students were enrolled with 15 units or more.

99% of students were in good academic standing.

97% of students persisted the following semester.

## Fall 2018

Average Term GPA was 3.05.

Average Unit Load was 14.15.

95% of students were full-time.

52% of students were enrolled with 15 units or more.

100% of students were in good academic standing.

97% of students persisted the following semester.

## How We Help Students

- Enroll students in 15 units or more in the following semester
- Provide students with financial aid and FAFSA information
- Help students understand University's academic requirements, policies and procedures
- Collaborate with community members and bring workforce skill workshops to students
- Get students involved in campus activities
- Disability testing for a limited number of eligible students
- In conjunction with The Well, provide Active Minds - Stress Less, Worry Less workshop presentations
- Get students connected to campus resources and mentoring opportunities

## Workshops Offered

1. Financial Aid: "What's Next?"
2. Career Readiness: Teamwork/Collaboration
3. Health and Wellness: Active Minds – Stress Less, Worry Less
4. Progress to Degree: Academic Advising/Class Planning

## Results from English 20 Presentations (N=192)

- Nine – English 20 Presentation during Fall 2020
- 72% of students felt prepared for the following semester as a result of the PERSIST presentation.
- 99% of students felt that the workshop was helpful.
- Challenges/Barriers Experience as a Sophomore
  - 40% Time-Management
  - 33% Advising for Major/Advising
  - 16% Difficult Classes
  - 7% Mental Health
  - 4% Financial Difficulty
- Additional Services Students want to Receive
  - 39% Resources on Campus (PARC, Writing Center, Counseling)
  - 32% Academic Advising for Specific Major
  - 17% Financial Aid
  - 12% Career/Internship

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[PERSIST Program Website](https://www.csus.edu/student-affairs/retention-academic-success/persist.html) <https://www.csus.edu/student-affairs/retention-academic-success/persist.html>