

# Parents and Families (P&F) Program

## Who We Are

We serve pregnant and parenting students, and families of Sacramento State students.

## Services

- Information and Communications
- Workshops
- Community-Building Events
- Customer Service
- Student-Parent Specific Advising
- CalWorks Paperwork
- Hornet Family Study Care Grant
- Direct Resource Referral
- Transition and onboarding

### Pregnant Students

- We began serving **pregnant students** in 2021 to assist students with academic continuity after they give birth and return to classes.
- 13 pregnant students served

### Student-Parents

- **3,675 student-parents** at Sacramento State is 12% of our student population
  - Greater than all students who live on campus
  - Larger than all students in the College of Business (undergrad and grad combined)
  - 641 student-parents engaged with us live via Zoom

## Demographics of Student-Parents Served (N=120) in AY2020-2021

### Gender

87.5% are female.

12.5% are male.

### Ethnicity

32% of them are Whites.

28% of them are Hispanic/Latinx.

10% of them are Asians/Pacific Islanders.

16% of them are "Other."

12% of them are Black/African Americans.

3% of them are Native Americans.

## **Class Level**

2% were sophomores.

23% were juniors.

61% were seniors.

15% were graduates.

## **Age**

Average age is 30.47.

Ranging from 20 to 52 years old

## **Key Performance Indicators**

### **Fall 2020 (n=105)**

Average Term GPA was 3.22.

Average Unit Load was 15.91.

79% of students were full-time.

42% of students were enrolled with 15 units or more.

97% of students were in good academic standing.

96% of students persisted the following semester.

### **Spring 2021 (n=96)**

Average Term GPA was 3.31.

Average Unit Load was 12.00.

68% of students were full-time.

26% of students were enrolled with 15 units or more.

98% of students were in good academic standing.

79% of students persisted the following semester.

## **Top Needs for Student-Parents**

- Affordable family campus housing
- Expanded child care availability (before/after school, weekends)
- Financial assistance
  - Emergency funds not limited to GPA or unit load
  - Childcare
  - School supplies/textbook stipend
- Family-friendly spaces on campus
  - Mother's room – furniture and amenities
  - Reserved parking for pregnant and/or parenting students who have children with them
- Academic support
  - Online and evening course schedule options
  - Career and advising services catered to student-parents

## Hornet Family Study Care Program: Childcare Vouchers

Federal funding used to pay for on-campus childcare or to provide childcare vouchers

- During hours of CCAMPIS provided child care, CCAMPIS student-parents were able to
  - Attend class
  - Take earlier classes
  - Take later classes
  - Have additional study time
  - Obtain tutoring assistance
  - Obtain advising or counseling support
  - Spend more time in the library/computer lab
  - Participate in group study projects or meetings
- 46 student-parents served
- 57 children participants

## PARENTS & FAMILIES OF SAC STATE STUDENTS

- **11,958 parents** and family members of students subscribe to our e-newsletter.
  - 1,474 parents and family members of Sac State students engaged with us live via Zoom in AY20-21
- Top 5 questions as students transition to Sacramento State are:
  - Paying for college - Financial Aid, dates and deadlines, logistics
  - Getting to campus and being on campus – Housing, parking, food
  - Support services for students (social opportunities, emotional support, physical and mental wellness, safety, personal wellbeing, disability services)
  - How to navigate the university system (how parents pay fees online, how students schedule appointments, what systems students need to know such as Canvas, what is the student center and how and why do students access it, etc.)
  - How Academics work – academic advising, tutoring, course sequencing, choosing/changing major, connection with faculty, online instruction

### Most Popular Sac State Parents Newsletter Topics

- Grading Policy Changes
- Hornet Family Study Care Grant
- Financial Aid Disbursement
- Commencement Updates

### Parent Ambassadors

- Volunteer board of parents and family members of enrolled Sac State students
- Serve as a voice for students' family members, a sounding board for University leadership, and provide support to new Sac State family members to aid with transition

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[Parent and Families Website \(https://www.csus.edu/student-affairs/centers-programs/parents-families/\)](https://www.csus.edu/student-affairs/centers-programs/parents-families/)