

# Educational Opportunity Program (EOP)

## Fall 2022-2023

### Who We Are:

The Educational Opportunity Program (EOP) serves California residents from low-income households who demonstrate the motivation and potential to earn a baccalaureate degree at a four-year college. EOP students are individuals who have the potential to succeed at Sacramento State but have not been able to realize their higher education goal because of economic and/or educational background. EOP applicants are California residents and historical low socioeconomic background students.

### Admissions & Outreach Highlights

- Successfully met the 250 enrollment targets for the Incoming First-Year students.
- Collaborated with local high schools to offer Zoom presentations in the Fall & Spring.
- Visited Local High Schools to disseminate program information to prospective students.
- Offered virtual- Zoom Q&A sessions and EOP Welcome events to admitted students.
- Presented to the President's Cabinet about program services, requirements and benefits.
- Collaborated with IRT to stream-lined the EOP Admissions Report to display student Expected Family Contribution (EFC).
- Attended the Los Rios and Sierra College Transfer Day & Spring Sting recruitment events.

### Summer Bridge

#### [Summer Bridge Program Website](#)

### Program Description

The EOP Summer Transitional Programs offer innovative summer programs that support students' transition to the upcoming academic year. Centered on nurturing a sense of belonging and campus identity, the EOP Transitional Programs provides academic enrichment, community support, and personal growth opportunities. Through close collaboration with other Sacramento State programs and departments, our programs are dedicated to educating, retaining, and graduating students.

### Points of Pride

- Summer Bridge Academies added a Senior Bridge program
- The EOP Summer Transitional Programs served nearly 500 underrepresented students
- Summer Bridge programs had over a 90% pass rate on Summer Bridge Courses

- Working with OIREP to generate report for 2022 to generate data on GPA, retention, and timely graduation

## Second Year: Survey Data

- 96% of student were comfortable in a virtual learning environment and were able to achieve course learning outcomes
- 98% of students agreed that summer bridge was a good way for them to advance academically and help the graduate within 4 years
- 100% of students would recommend the Sophomore Bridge to a friend

## Testimonials from Bridge Scholars

- “I think the most meaningful experience in the program was getting an overall feel of what taking a college class would be like. It was very helpful and made me feel more prepared for what is to come.”
- “My overall experience has been outstanding. I have been making progress in my writing and gaining more knowledge about several things. Summer Bridge has helped me challenge myself to keep pushing toward greatness even when I think it may be impossible or hard to do.”
- “What I have found to be the most meaningful experience in the program was all the workshops that informed us about different activities, clubs, classes, etc. All of which are very helpful to students in many ways.”
- “I enjoyed my EOP class because of how welcoming everyone was and felt connected towards everyone as some have the same stories and background. I like how I learned about Sacramento state university resources and much more.”

## Signature Programs:

- **Summer Bridge:** EOP Summer Bridge Academy **served 250** incoming First-Year EOP students. Students were offered up to 5 units of general education which included ENGL 5, EDUC 10, ETHN 11, STAT 1, THEA1, ENGL 1X, HIST 17B. Additionally, students earned a Leadership Certificate through their ALS 79 course. Students attended mandatory workshops that focused on self-care, financial wellness, and campus resources.
  - **Goal 1:** The EOP Summer Bridge Academy will close the achievement gap by providing courses that better equip and prepare students for college-level courses.
  - **Goal 2:** The EOP Summer Bridge Academy will facilitate a positive campus experience through engagement and leadership development.
  - **Goal 3:** The EOP Summer Bridge Academy will provide comprehensive first-year advising that focuses on utilizing campus resources, understanding the EOP program, and graduation requirements
- **Sophomore Bridge:** Sophomore Bridge **served 112** students and offered 4 sections of ENGL 20 and 1 section of HIST17B. The program is optional for EOP students and open to Sacramento State University students who come from underrepresented backgrounds.
  - **Goal 1:** Re-engage student and provide transition support into their 2<sup>nd</sup> year
  - **Goal 2:** Gain skills in writing development and leadership training

- **Goal 3:** Provide students personal, academic, and career development opportunities
- **Junior Bridge:** Junior Bridge served **35 native Juniors** and offered ENGL-109x and ETHN-100.
  - **Goal 1:** The Junior Bridge Program will promote timely graduation by enrolling students in the appropriate course(s) based on their WPJ scores.
  - **Goal 2:** The Junior Bridge Program will facilitate students' commitment and connection to Sacramento State through meaningful interactions with students, instructors, and staff.
- **Transfer Bridge:** Transfer Bridge Academy **served 35** transfer students and offered PSYC 137
  - **Goal 1:** The Transfer Bridge Program will promote timely graduation by enrolling students in the appropriate course(s).
  - **Goal 2:** The Transfer Bridge Program will facilitate students' commitment and connection to Sacramento State through meaningful interactions with students, instructors, and staff.
  - **Goal 3:** Transfer Bridge Students will effectively utilize academic and counseling support offered through EOP which includes identifying the graduation requirements and identifying other useful resources at the Sacramento State campus.
- **Senior Bridge:** The Senior Bridge Program served **40 seniors** and offered two asynchronous courses designed to support upper-division that included, PYC 135 AND ETHN 199. Students learned in a diverse multicultural atmosphere, and gained exposure to the vital community, civic engagement opportunities, and professional growth.
  - **Goal 1:** Promote timely graduation by enrolling students in 2 asynchronous Upper Division Courses
  - **Goal 2:** Gain exposure to vital community and civic engagement opportunities
  - **Goal 3:** Give back to EOP and develop personal brand and goals

## Events and Activities

- EOP Bridge Staff Faculty & Staff Training and Orientation – Provides all staff and faculty a program overview and collaborative training sessions
- SBA Welcome Day – Virtual Orientation for Summer Bridge participants providing 3-part workshop series on Bridge Overview, How to Graduate in Four, Navigating Canvas & My SacState Portal
- New Student Orientation – In-person Freshman Orientation providing students with an overview of EOP program support and services to new students
- EOP Crossing Ceremony – Culminating event to celebrate and recognize students' successful completion of the Bridge Academies

## **Community Partnerships**

Associated Students, Inc. (ASI), Peer Academic Resource Center (PARC), Student Organizations & Leadership (SO&L), DEGREES Project, Full Circle Project (Full Circle), College Assistance Migrant Program (CAMP), Martin Luther King Jr. Scholars Program, Native Scholars, & Transition Program, Programs within College of Arts and Letters, Registers office

## **First-Year Experience**

- Our EOP FYE (First Year Experience) program began in the fall semester with 252 incoming students from high school.
- In partnership with Hornet Launch, our EOP students were placed in 15 or more units based on their major selection/field of interest if undeclared.
- All FYE students were part of our EOP ALS 70A course which helped their high school to college transition and provided them with leadership skills through the leadership initiative program.
- Our FYE program collaborated with Student Organizations & Leadership to provide leadership workshops during ALS 70A course to help students complete their gold certificate.
- During their second semester, students were enrolled in an Ethnic Studies 98 course led by our FYE coordinator.
- By the end of the course, students had compiled a career portfolio which included the following: resume, cover letter, 'what can I do with my major' assignment, and an informal mockup interview video.
- Students were provided with a variety of guest presentations including several from the career center on career exploration and major interest.
- Our first-year engagement component included EOP World Sports Day in the fall and in the spring, a Valentines celebration of students enjoying desserts as they wrote valentines cards to each other.

## **EOP Sophomore Success Program**

### **Program goals**

The EOP Sophomore Success Program is designed to aid students as they continue to transition into their second academic year, offering all-encompassing advising, comprehensive career development services, and leadership opportunities.

### **Points of Pride**

- Increased Career Development Opportunities by establishing partnerships with the Career Center & Advising Center
- Bolstered leadership and community service opportunities through the Re-established EOSPA for Fall & Spring
- Provided comprehensive advising through group and one-on-one advising

## Events and Activities

- Sophomore Success Workshop: Offered 8 Sophomore Success Workshops in the Fall & Spring semester to provide conversations on sophomore slump, major impactation, summer school information and review important dates and upcoming deadlines regarding registration and financial aid documents. Students are encouraged to set goals and receive guidance towards selecting a major and next semester's classes.
- Career Exploration Workshop: Offered 6 Career Exploration Workshops in the Fall and Spring semester that focused on general education review, impacted major/expressed majors, developing back-up plans, experiential learning, and the career planning process. Students are able to set goals and receive guidance towards selecting a major and next semester's classes.
- **Career Development Workshops in partnership with Career Center:** 2 rounds of 3 Career Cluster Workshops with over 100 students in attendance.
  - Exploration Workshop for Arts, Communication, Community Service, Design, Education, & Government Interest
  - Exploration Workshop for STEM, Health, & Wellness
  - Exploration Workshop for Business, Data & Hospitality

## Leadership and Community Events

- Leadership Workshop -Asia Lee is a Sac State Alum, a previous community organizer with Hmong Innovating Politics (HIP) and currently working for the City of Sacramento as the Policy Director for Councilmember Mai Vang, the representative councilmember for District 8 shares her story and encourages students to participate in civic engagement opportunities
- Give Back Events: EOPSA leadership and community service events:
  - Create a Pet Toy! EOPSA members partnered with Circle K International for supplies and learned how to craft pet toys to donate to local animal shelters while waiting for adoption in shelters
  - Brighten a Smile: EOPSA officers organized a Give-Back Event and partnered with Brighten a Smile where they spread holiday cheer through creating and giving cards/notes/letters of encouragement for hospital patients, and retirement home residents
- Creative Engagement I & II – Organized health and wellness activities to promote positive mental health. Promoted relaxation by making some stress balls and created mini candles as a practice of aroma therapy. 15 students participated in our first Creative Engagement Day and 10 students participated in our second session.
- Wellness Event Aromatherapy – At the EOP Spring Sting event, we had over 80 students participate in our Creative Engagement activities, which included vision boarding, creating stress balls, and making mini take-home candles.

## **Community Partnerships**

Career Center, Circle K International, Brighten a Smile, ASI, Advising Center

## EOP Third Year Success



### Program Goals

The EOP Third Year Success program is focused on providing retention support to native juniors entering their third-year and transitional support to incoming transfer students entering their first year at Sacramento State University.

### Points of Pride:

- Successfully supported transfer students transition through the Fall Transfer Learning Communities
- Cultivated learning community classes and junior advising to assist students to begin brainstorming and planning toward post-graduation
- Assembled and maintained a strong team of Instructional Student Assistants
- Over 200 students participated in the third-year academic advising campaign covering evaluation of academic progress and preparation for transition toward senior "Grad-Bound" advising

## EOP Senior Success

### Program Goals

The Senior Success program aims to provide EOP senior students with a full-fledged retention service support to help them persist and prepare to graduate from Sacramento State.

### Points of Pride

- Assisting students in monitoring and evaluation of their educational progress towards degree completion.
- Helping students to review their general education and graduation requirements.
- Providing a "Roadmap" of the steps needed to apply for graduation.

- Helping students to make informed choices that will optimize their educational experience and leading them to achieve their educational and career goals.

#### Signature Programs/Services

- **Grad-Bound Progress Check:** This initiative is one of the senior services to increase the rate of students applying for graduation. The purpose is to help provide fundamental support for EOP seniors to understand their degree progress completion, career or graduate school resources and plan for college exit.
- **Senior Success Workshops:** is designed to encourage EOP senior students who have applied for graduation guidance in understanding the fundamental tools and information needed to persist and prepare for life after graduation. During the semester, seniors are encouraged to attend our life after graduation workshop on how to prepare for graduation, life after graduation: (resume, cover letter, and job search) and career support services or campus resources.
- **EOP Promotion Celebration** (Spring 2023): Every academic year, the Educational Opportunity Program (EOP) at Sacramento State will promote, honor, and celebrate our EOP Class levels from freshmen through seniors. At this event our students will be commemorated with an EOP certificate of achievement and graduating senior students will receive a medallion to wear at Sacramento State Commencement. This event is open to faculty, staff, family, and friends to come and celebrate the achievement with the EOP family.

#### Community Partnerships

Career Center, University Registrars, ASI, and Alumni Center

Increased Career Development

### EOP – General





### **Points of Pride**

- Inclusion and increased engagement have become a focal point of our department, and increased students are taking advantage of the opportunities to reconnect with our office
- The number of students applying for graduation in a timely manner has increased exponentially
- We have worked with decreasing the number of students needing academic recovery with a decrease in the number of students on academic probation or disqualification.
- We have an increase in the number of students completing their advising

### **Data Outcomes**

- We had 2,328 advising sessions completed through the EAB with academic progress made with students.
- 526 students attended advising those who are juniors, which is a significant impact. It has been difficult to get the juniors into advising. These numbers show an increased participation rate
- 97.79% of our seniors have applied for graduation for that academic year

### **Events and Activities**

- EOP Fall Welcome Back event (Welcome back activities outside, ice cream and challenge game)
- EOP Halloween Decoration contest
- EOP Open house (Office tour, services highlighted, food, speeches and awards)
- EOP Spring Sting (fun game and lawn activities outside, smoothies and music)
- EOP Graduation Ceremony (Celebration of graduation and other accomplishments)

**Community Partnerships:**

- Full Circle Project (FCP)
- College Assistant Migrant Program (CAMP)
- Asian Pacific Islander Desi American (APIDA)
- Guardian Scholars Program (GSP)
- The Career Center
- Ethnic Studies
- Martin Luther King Jr Center (MLK)