

# Improve Your Tomorrow University (IYT U)

Annual Report 2022-2023

[Improve Your Tomorrow University \(IYT U\)](#) supports the success of young men of color at Sac State with the mission of increasing the number of young men of color graduating from college and ensuring they are prepared for graduate school or the workforce. This mission is accomplished with 1-on-1 mentoring, group mentoring sessions, workshops, academic support, community building, social events, an annual retreat, a space on campus, and access to an Emergency Grant. IYT U is the collegiate division of IYT, a non-profit organization focused on increasing the number of young men of color going to college and graduating from a four year college or university.

## Points of Pride

- Each member of IYT U has a dedicated mentor they meet with at least once a month to discuss the academic, social, and personal aspects of their lives
- IYT U is the program on campus focusing on the success of young men of color on campus (IYT U supports the work of SASEEP and the MEC).
- IYT U members serve as mentors to middle school and high school students through their service as Mentor Fellows in the IYT College Academy and some alumni are hired to serve as Program Managers for our College Academy programs

## Signature Programs

- 1-on-1 mentoring: Each member meets with their mentor 1 - 2 times per month and the IYT U mentors are current Sac State students or recent graduates.

## Data Points

- Held 10 monthly meetings for current and interested members
- 7% of our membership graduated this year with the majority of the graduates being first-generation college students.
- 84% of the IYT U members regularly engaged with the program through mentoring, visiting the space, or attending monthly programming.

## Events/Activities

- Monthly member meetings for our members to gather, eat, build community, and learn from guest speakers
- Annual Brotherhood Retreat for all members
- Tailgates before the opening home football game and the Homecoming football game
- Annual graduation celebration

## Campus and Community Partnerships

- Male Empowerment Collaborative
- The Martin Luther King Jr. Center
- Black Student Union
- NPHC at Sac State
- IYT College Academy