

# PARENTS AND FAMILIES PROGRAM

## Who We Are

*We create and strengthen the vital partnership between parents and families of prospective and enrolled students and the University, as well as build an array of services to connect students with children to campus resources.*

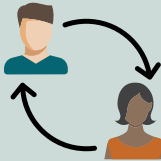
## Services



Workshops



Events



Student-Parent  
Specific Advising



CalWORKs  
Paperwork

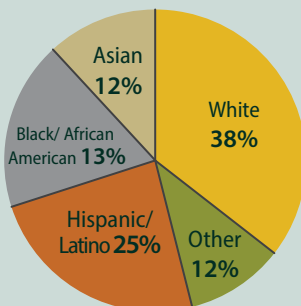


Letters of  
Reference

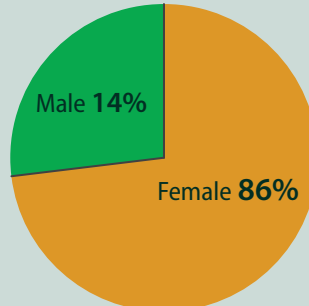
## Demographics of Student

*(who completed the Family Friendly Survey in 2018)*

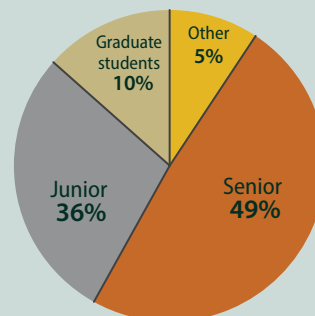
*Average age - 31  
(17-51 years old)*



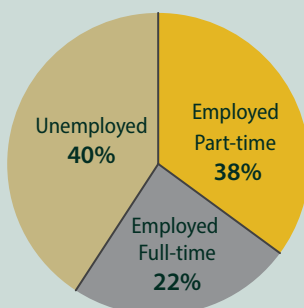
Ethnicity



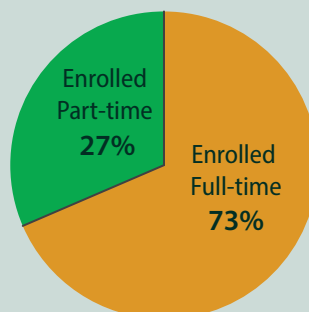
Gender



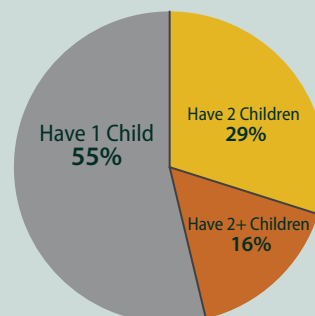
Class



Employment



Enrollment



Number of Children

### Family Friendly Survey

**46%** of student-parents reported rarely being able to find child-friendly study spaces on campus

#### Top three stressors

**83%**  
keeping up with  
school/work assignments

**75%**  
ensuring appropriate  
childcare

**75%**  
managing money and  
finances

**3675** student-parents at  
Sacramento State

- Greater than all students who live on campus
- Larger than all students in the College of Business (undergrad and grad combined)

### Top Needs

- Affordable family campus housing
- Expanded child care availability (before/after school, weekends)
- Financial assistance
  - Emergency funds not limited to GPA
  - Childcare or unit load
  - School supplies/textbook stipend
- Family-friendly spaces on campus
  - Mother's room – furniture and amenities
  - Reserved parking for pregnant and/or parenting students who have children with them
- Academic support
  - Online and evening course schedule options
  - Career and advising services catered to student-parents



### STRONG

- **Hornets Imagine Tomorrow's Solutions (April 2019):** 80 students competed for four \$1,000 cash award on Sac State's all-day Shark Tank-style event
- Community Partners who sponsored the event include nelsonjobs.com, ETS (Education Testing Service), Impact Teen Drivers, and Power Inn Alliance
- Parents of Sac State students volunteered at this event

### Parent Ambassadors

- Volunteer board of parents and family members of enrolled Sac State students
- Serve as a voice for students' family members, a sounding board for University leadership, and provide support to new Sac State family members