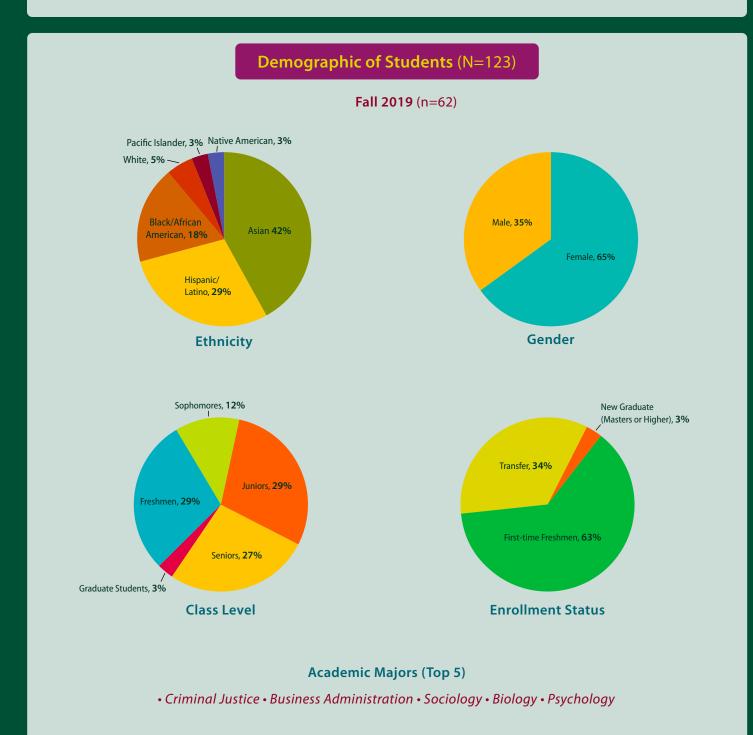
FIRST GENERATION INSTITUTE (FGI)

Who We Are

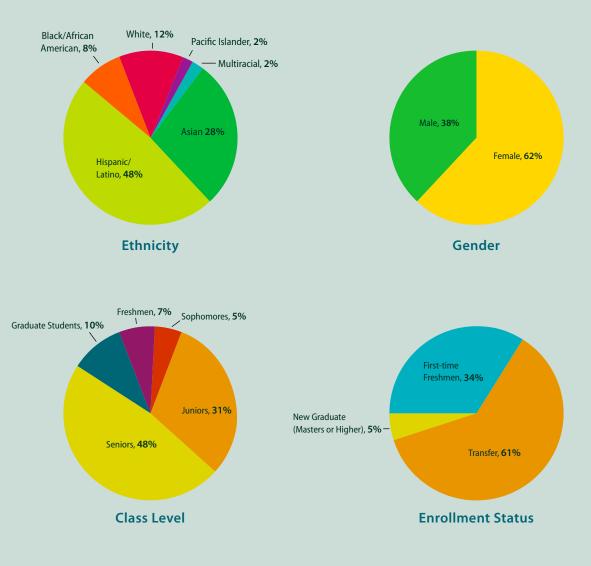
An intense program designed for first-generation students to integrate their college experience into the work world.





(916) 278-6183 Saseep-01@csus.edu https://www.csus.edu/student-affairs/centers-programs/first-generation-students/first-generation-institute.htm

Demographic of Students (N=123) **cont.**



Spring 2020 (n=61)

Academic Majors (Top 5)

• Business Administration • Sociology • Communication Studies • Psychology • Social Work

Program Activities

- 1. Professional Development Action Plan
- 2. First, But Not Alone Storytelling
- 3. Mock Interviews and Elevator Pitch Workshops
- 4. Financial Literacy/Wellness Workshops
- 5. Professional Brand/Reputation Workshops
- 6. First-Gen Connect peer to peer series
- 7. Becoming First mentors table talk



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Survey Results

Fall 2019 (Positive Responses)

After Participating ...

93% of participants found importance of planning for their future.

- **88%** of participants gained a sense of belonging as a first-gen student.
- **93%** of participants wanted to try harder in school and graduate.

93% of participants were encouraged to find a mentor.

99% of participants found it easier to approach someone for support/help.

88% of participants received the skills and knowledge needed to be more successful in school.

80% of participants received the skills and knowledge needed to be more prepared for the workforce.

Feedback . . .

- I want to learn more about available resources on campus so mini events like this gives a more meaningful way to do so.
- I really wanted to see if others had the same barriers as a first generation student and how they got over them.
- I chose to participate because simply it is a group/program/institute that I fit in. I wanted to continue to be around like minded people who are wanting to gain more knowledge about the future and also help others after them.

Spring 2020 (Positive Responses)



After Participating ...

85% of participants achieved academic preparation and success due to the presented skills and knowledge from the Institute.

95% of participants gained a sense of belonging as a first-gen student.

91% of participants agreed with the practicality and self-application of the topics presented.

91% of participants rated the format and activities as excellent/satisfactory.

100% of participants rated the quality of the workshop as excellent/satisfactory.

100% of participants received the skills and knowledge needed to be more successful in school.

80% of participants will recommend the Institute to other students.

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