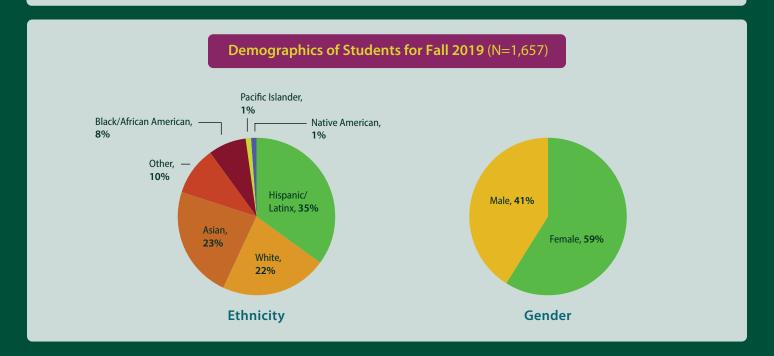
PAVING, EXCELLENCE, RETENTION, SUCCESS IN STUDENT TRAJECTORIES (PERSIST) PROGRAM

Who We Are

PERSIST is designed to meet the needs of students who are in their second-year of college at Sacramento State. It provides a series of workshops including academic planning, wellness, financial aid and workforce skills development for students to make a smooth transition to their upper division course material.



Key Performance Indicators

Fall 2018

The average term GPA is **3.05**.

The average unit load is **14.15**.

95% of students were full-time.

52% of students were enrolled with 15 units or more.

100% of students were in good academic standing.

97% of students persisted the following semester.

Fall 2019

The average term GPA is **3.01**.

The average unit load is 14.50.

96% of students were full-time.

61% of students were enrolled with 15 units or more.

99% of students were in good academic standing.

97% of students persisted the following semester.



How We Help Students

- Enroll students in 15 units or more in the following semester
- **Provide** students with financial aid and FAFSA information
- **Help** students understand University's academic requirements, policies and procedures
- Collaborate with community members and bring workforce skill workshops to students
- Get students **involved** in campus activities
- Disability **testing** for a limited number of eligible students
- In conjunction with The WELL, **provide** Active Minds Stress Less, Worry Less workshop presentations
- Get students **connected** to campus resources and mentoring opportunities



Workshops Offered

- Financial Aid: "What's Next?"
- Career Readiness: Teamwork/Collaboration
- Health and Wellness: Active Minds Stress Less, Worry Less
- Progress to Degree: Academic Advising/Class Planning



Results from English 20 Presentations (N=192)

- Nine English 20 Presentation during Fall 2020
- 72% of students felt prepared for the following semester as a result of the PERSIST presentation.
- 99% of students felt that the workshop was helpful.
- Challenges/Barriers Experience as a Sophomore
 - **40%** Time-Management
 - **33%** Advising for Major/Advising
 - 16% Difficult Classes
 - **7%** Mental Health
 - **4%** Financial Difficulty
- Additional Services Students want to Receive
 - **39%** Resources on Campus (PARC, Writing Center, Counseling)
 - **32%** Academic Advising for Specific Major
 - 17% Financial Aid
 - 12% Career/Internship



