

PARENTS AND FAMILIES (P&F) PROGRAM

Who We Are

We serve pregnant and parenting students, and families of Sacramento State students.

Services



1. Information and Communications



2. Workshops



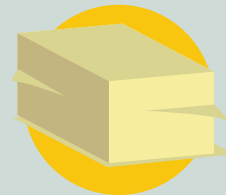
3. Community-Building Events



4. Customer Service



5. Student-Parent Specific Advising



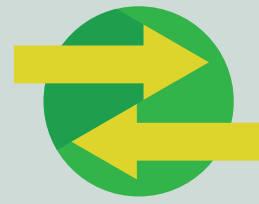
6. CalWorks Paperwork



7. Hornet Family Study Care Grant



8. Direct Resource Referral



9. Transition and onboarding

Services, cont.

Pregnant Students

We began serving **pregnant students** in 2021 to assist students with academic continuity after they give birth and return to classes.

13 pregnant students served

Student-Parents

3,675 student-parents at Sacramento State is 12% of our student population

GREATER THAN all students who live on campus



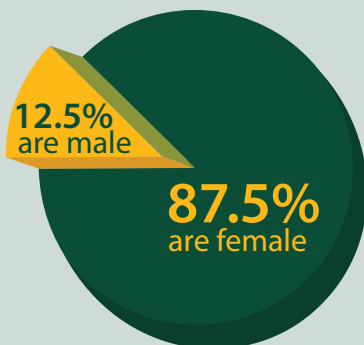
LARGER THAN all students in the College of Business (undergrad and grad combined)

641 student-parents engaged with us live via Zoom

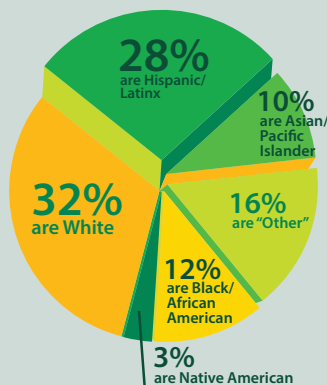


Demographics of Student-Parents Served (N=120) in AY2020-2021

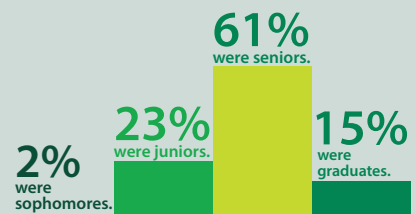
Gender



Ethnicity



Class Level



Key Performance Indicators

Fall 2020 (n=105)

Average Term GPA



Average Unit Load



Spring 2021 (n=96)

Average Term GPA



Average Unit Load



79% of students were full-time.



68% of students were full-time.

42% of students were enrolled in 15 units or more.



26% of students were enrolled in 15 units or more.

97% of students were in good academic standing.



98% of students were in good academic standing.

96% of students persisted the following semester.



79% of students persisted the following semester.

Top Needs for Student-Parents



- **Affordable** family campus housing
- Expanded **child care** availability (before/after school, weekends)
- **Financial** assistance
 - **Emergency funds** not limited to GPA or unit load
 - Childcare
 - School supplies/textbook **stipend**
- **Family-friendly spaces** on campus
 - **Mother's room**—furniture and amenities
 - Reserved parking for **pregnant** and/or **parenting students** who have children with them
- Academic support
 - **Online** and **evening** course schedule options
 - Career and **advising services** catered to **student-parents**



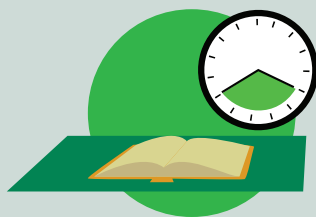
Hornet Family Study Care Program: Childcare Vouchers

Federal funding used to pay for on-campus childcare or to provide childcare vouchers.

- During hours of CCAMPIS provided child care, **CCAMPIS student-parents were able to:**



- Attend class
- Take **earlier** classes
- Take **later** classes
- Have **additional** study time



- Obtain **tutoring** assistance
- Obtain **advising** or **counseling** support
- Spend more time in the **library/computer** lab
- Participate in **group study** projects or **meetings**

46 student-parents served

57 children participants

PARENTS & FAMILIES OF SAC STATE STUDENTS

11,958
parents
and family members
of students **subscribe**
to our e-newsletter.



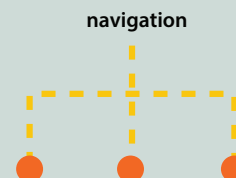
1,474 parents and
family members of Sac
State students engaged
with us live via Zoom in
AY20-21.

Top 5 questions

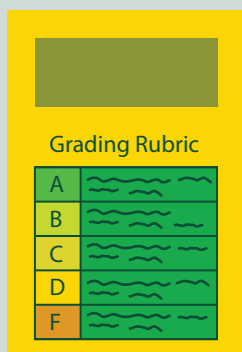
as students transition to Sacramento State are:



1. **Paying for college**—Financial Aid, dates and deadlines, logistics
2. **Getting to campus and being on campus**—Housing, parking, food
3. **Support services for students** (social opportunities, emotional support, physical and mental wellness, safety, personal wellbeing, disability services)
4. **How to navigate the university system** (how parents pay fees online, how students schedule appointments, what systems students need to know such as Canvas, what is the student center and how and why do students access it, etc.)
5. **How Academics work**—academic advising, tutoring, course sequencing, choosing/changing major, connection with faculty, online instruction



Most Popular Sac State Parents Newsletter Topics



- Grading Policy Changes
- Hornet Family Study Care Grant
- Financial Aid Disbursement
- Commencement Updates



Parent Ambassadors

- **Volunteer board** of parents and family members of enrolled Sac State students
- **Serve as a voice** for students' family members, a **sounding board** for University leadership, and **provide support** to new Sac State family members to aid with transition

