



SACRAMENTO STATE

Student Athlete Resource Center

ACADEMIC YEAR 2017-2018

6000 J Street Sacramento, CA 95819
Lassen Hall 3002
916-278-5431

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Executive Summary

The Student Athlete Resource Center (SARC) is a part of the Division of Student Affairs and is Sacramento State's one-stop shop for supporting NCAA Division 1 student athletes and coaches in several services and support areas. The SARC provides admission processing, initial and continuing eligibility certification, academic resources and advising, NCAA compliance education and monitoring, life skills and student development programming, tutoring and mentoring support, and NCAA related academic data collection for the coaching staff, athletic administration, and 400+ student athletes competing in our 18 team Intercollegiate Athletic program. Primarily located in Lassen Hall, with compliance satellite offices in the Athletics Center and the Broad Fieldhouse, the SARC staff supports student athletes starting from the recruitment process through their graduation.

This academic year, 53% of student athletes were males and majority were Caucasian/White (42%) followed by African American/Black (23%). They range from 17 to 24 years of age (M=20).

SARC provided student athletes with comprehensive academic advising, in-depth student mentoring, individualized tutoring and other campus-wide resources to obtain skills necessary for achieving their academic and professional goals. As a result, 17 out of 18 NCAA teams had a 950 or higher Academic Progress Rate (APR), and the average term GPA of student athletes was 3.09. In addition, the Average Unit Load (AUL) for student athletes during the fall semester was 14.84 and 14.73 for spring semester. Furthermore, the NCAA Graduation Success Rate (GSR) for Sacramento State is 77%.

SARC also provided rules education, eligibility certification and compliance monitoring on NCAA and affiliated conference rules and requirements for students, coaches, staff and the external community. Outreach sessions were offered to eight different outside agencies/schools this academic year.

Overall, 96% of student athletes who completed the RealRecruit survey rated the quality of academic support with scores of three and above with an average score of 4.2 (out of 5).

Mission, Vision and Values

Mission: The Student-Athlete Resource Center (SARC) provides Division I student-athletes with the support to develop as independent and successful young adults and the skills to achieve their academic goals, to persist towards graduation, and to meet all NCAA eligibility requirements. SARC offers admissions counseling, academic advising, tutoring and mentoring, NCAA rules compliance and eligibility education, financial services support, and life skills programming to all of Sacramento State's Division I athletes. SARC's services and programming are provided in an assortment of ways, including: individual advising, orientations, group and team meetings, coaches' compliance and rules education workshops, freshmen seminar classes, and various student development and academic workshops.

Vision: To provide resources and guidance for the crucial academic, compliance and life skills needs of our student-athletes, coaches and staff in order to optimize academic and personal growth.

Values: Integrity, Student Success, Inclusion, Respect, Excellence and Accountability

Staffing

Paul Edwards – Director of Student Athletes Resource Center

Laurie Dahlberg – Coordinator of Student-Athlete Academic Advising & Continuing Eligibility

Mark McGushin – Coordinator of Student-Athlete Development, Admission & Initial Eligibility

Jenna Paulk – Student-Athlete Success Specialist

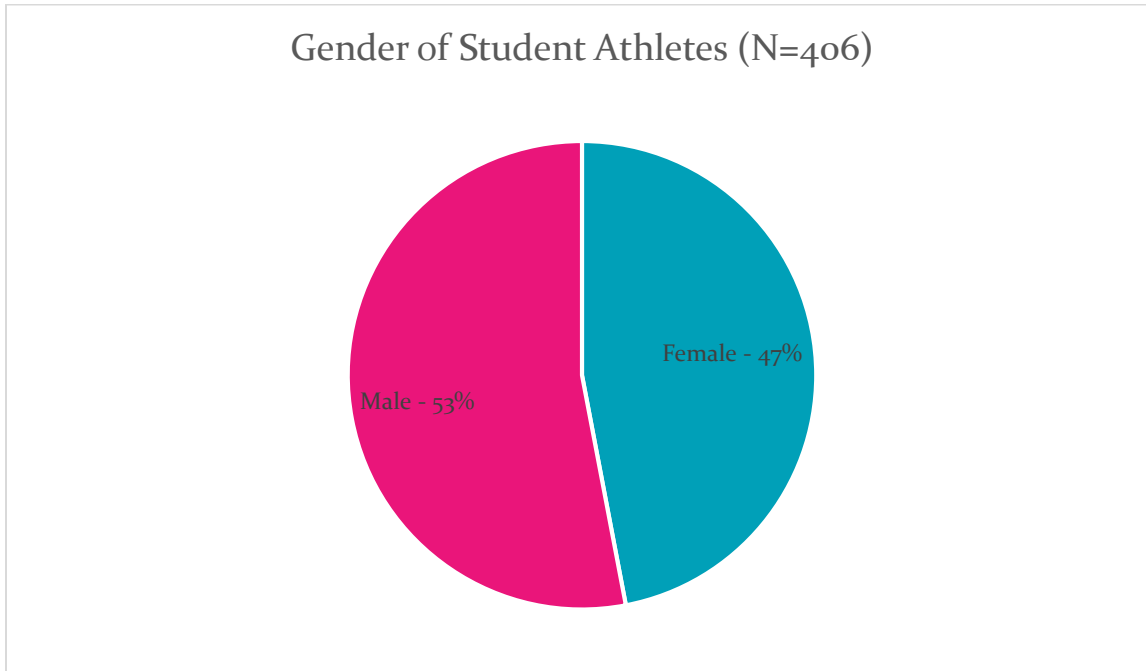
Bethany Crouch – Student-Athlete Development and Success Coordinator

Dr. Maureen Smith – Faculty Athletic Representative (FAR)/IAAC Chair

Demographic Information of Student Athletes

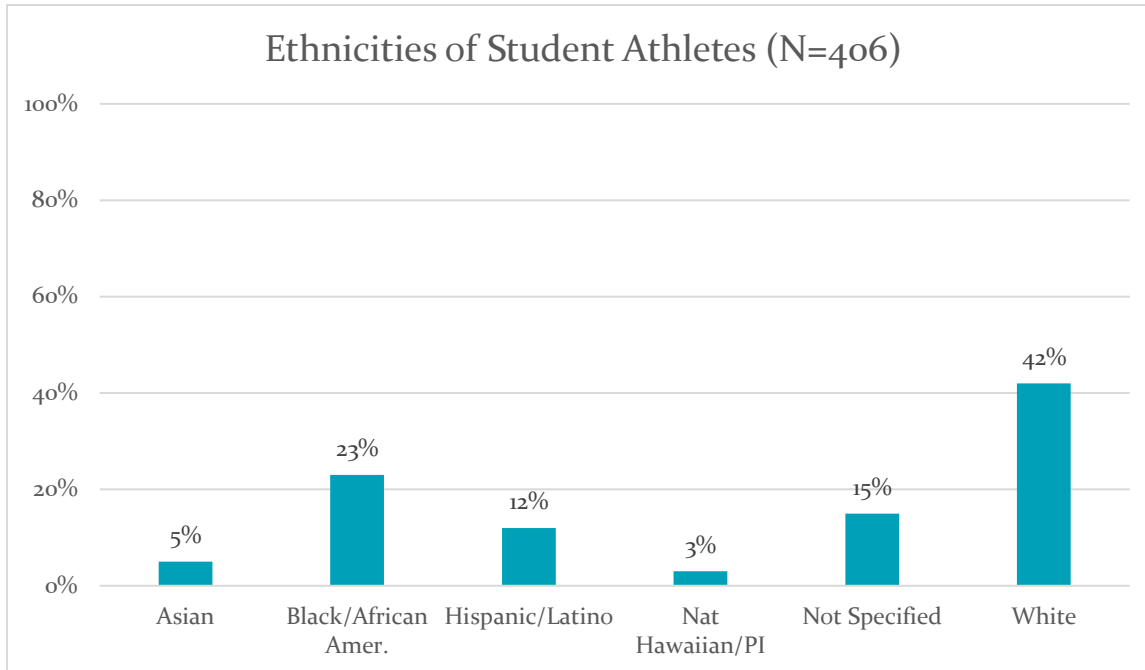
During academic year 2017-2018, there were 406 (unduplicated) student athletes representing Sacramento State in intercollegiate sports. Three of them were in post-baccalaureate programs. The graphs below show the demographic information of these student athletes.

Figure 1. Gender



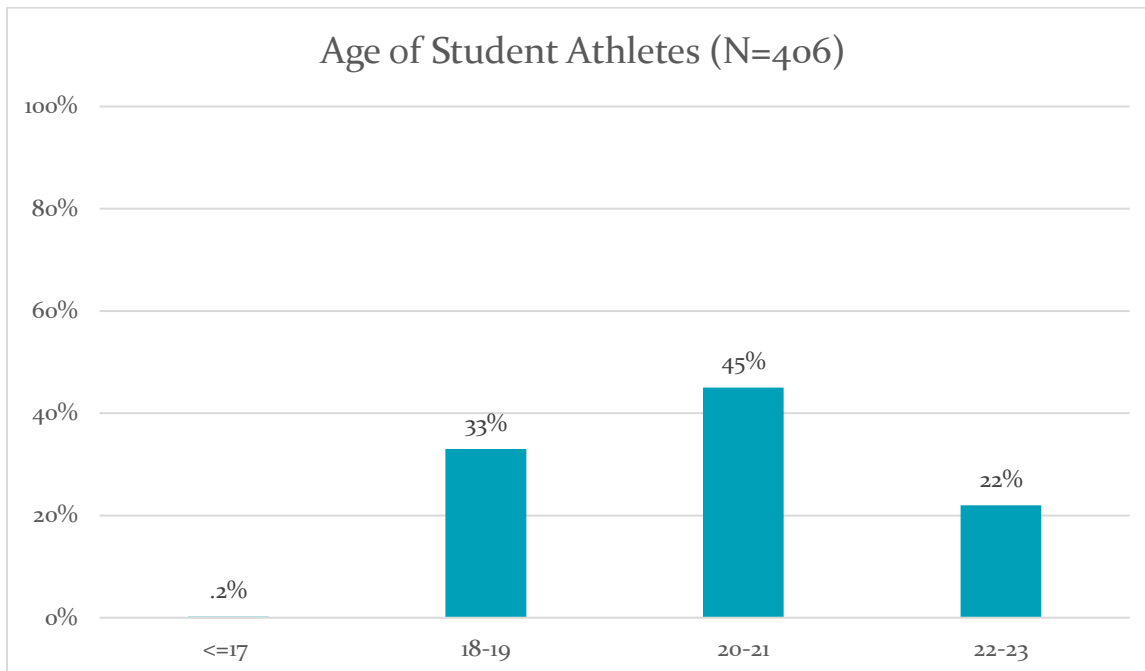
Source: COGNOS extract 09/26/18.

Figure 2. Ethnicity



Source: COGNOS extract 09/26/18. Notes: 1) There were 2 students (.5%) identified as American Indian/Alaskan Native. 2) Not Specified includes 2 or more ethnicities, decline to state, and missing data.

Figure 3. Age at Beginning of Academic Year



Source: COGNOS extract 09/26/18. Note: 1) One student was above 23 years of age.

Department Outcomes

This academic year, the Vice President of the Division of Student Affairs decided to align department goals with the university's goals, Student Affairs Divisional Goals, and Baccalaureate Learning Outcomes. The structure of this section will include the goals, the strategies to achieve those goals, and the outcomes.

Department Goal 1: Student Athletes will increase NCAA Academic Performance Rate

University Strategic Goal: Enhance student learning and success

Student Affairs Divisional Goal: N/A

Baccalaureate Learning Goal: N/A

Standard of Achievement: 100% of NCAA teams will score 950 or higher on the NCAA Academic Performance Rate.

In support of the National Collegiate Athletic Association (NCAA)'s academic reform effort, the Academic Progress Rate (APR) holds institutions accountable for the academic progress and retention of their student athletes. We wanted all (100%) of our NCAA teams to score 950 or higher on the APR.

Based on NCAA requirements, teams must earn a 930 four year average APR or a 940 average over the most recent two years to participate in NCAA championships. As of June 2018, 94% of our NCAA teams scored 950 or higher on the APR. Only the football team (946 APR) scored below 950 on the APR.

Department Goal 2: Student Athletes will improve their GPA.

University Strategic Goal: Enhance student learning and success

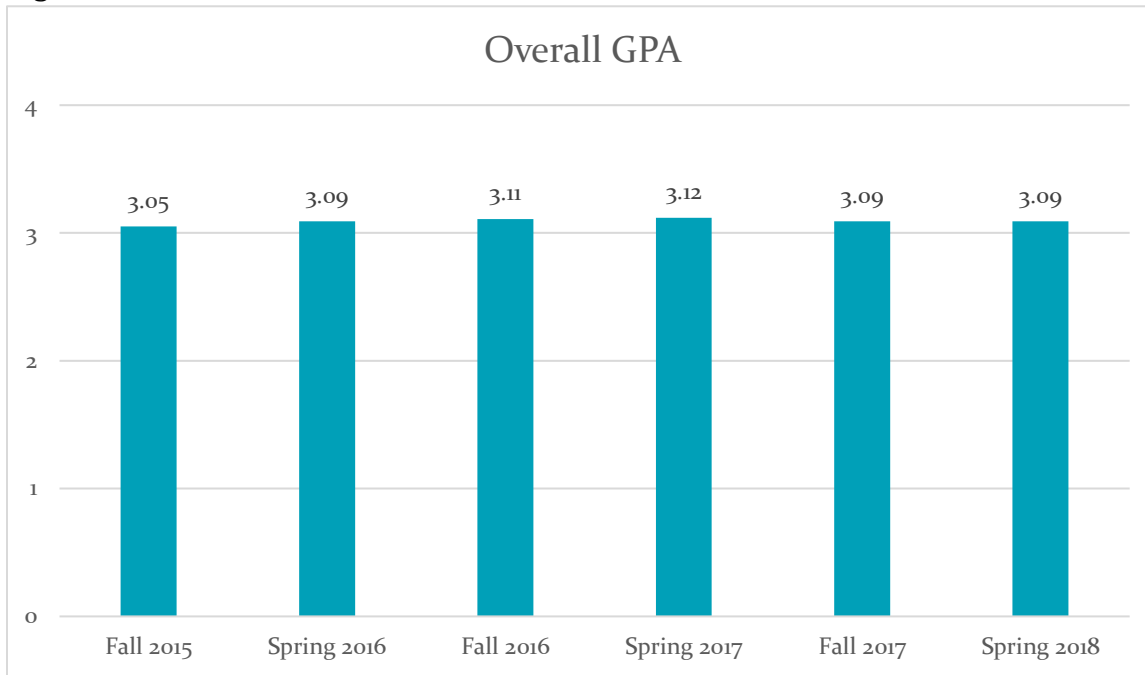
Student Affairs Divisional Goal: Increase graduation rates and decrease time to degree

Baccalaureate Learning Goal: N/A

Standard of Achievement: Maintain or increase overall department GPA of 3.100 or higher

To ensure that student athletes are successful academically, we monitor their GPA every semester. The targeted overall Athletics Department GPA is 3.100. Figure 4 shows the overall GPA of student athletes per semester.

Figure 4



Sources: 1) PeopleSoft – SAC_SR_ATHGPA extract 6/21/17, 2) Term GPA Team Comparison.

Department Goal 3: Student Athletes will graduate successfully.

University Strategic Goal: Enhance student learning and success

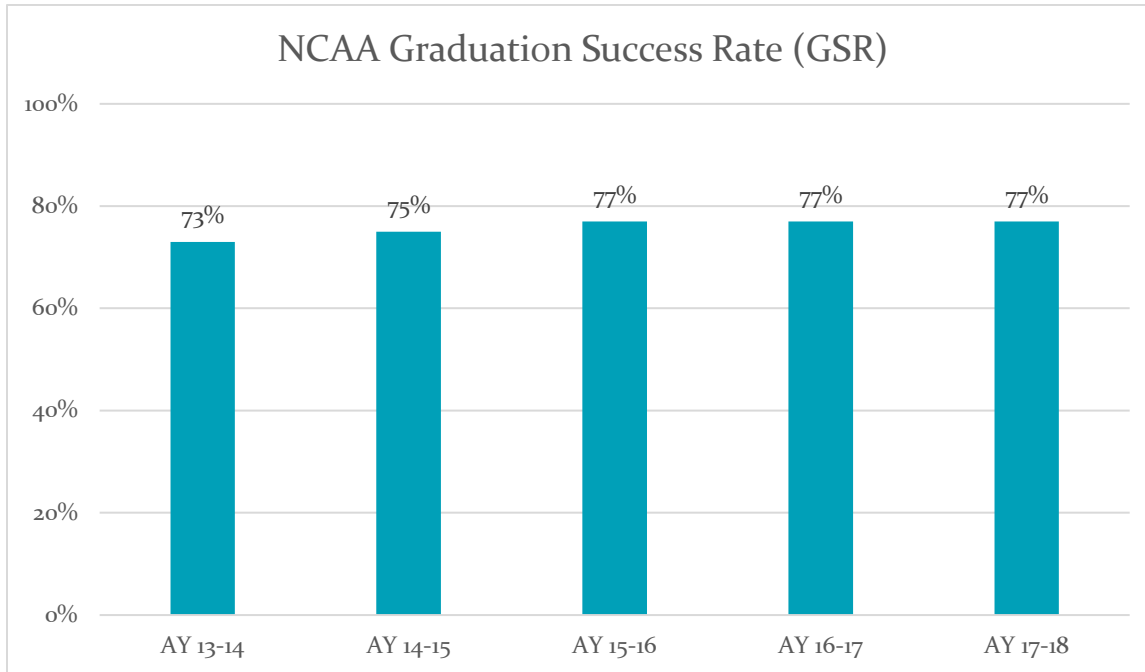
Student Affairs Divisional Goal: Increase graduation rates and decrease time to degree

Baccalaureate Learning Goal: N/A

Standard of Achievement: 80% of student athletes will graduate successfully based on the NCAA Graduation Success Rate (GSR).

NCAA Graduation Success Rate provides information on the number of students who entered Sacramento State and the number of those who graduated within six years. The GSR for Sacramento State this academic year is 77%. Figure 5 shows the GSR for the university in the past five academic years.

Figure 5



Source: E-mail data 7/16/18.

Department Goal 4: Student Athletes will take 15 units or more per semester.

University Strategic Goal: Enhance student learning and success

Student Affairs Divisional Goal: Increase graduation rates and decrease time to degree

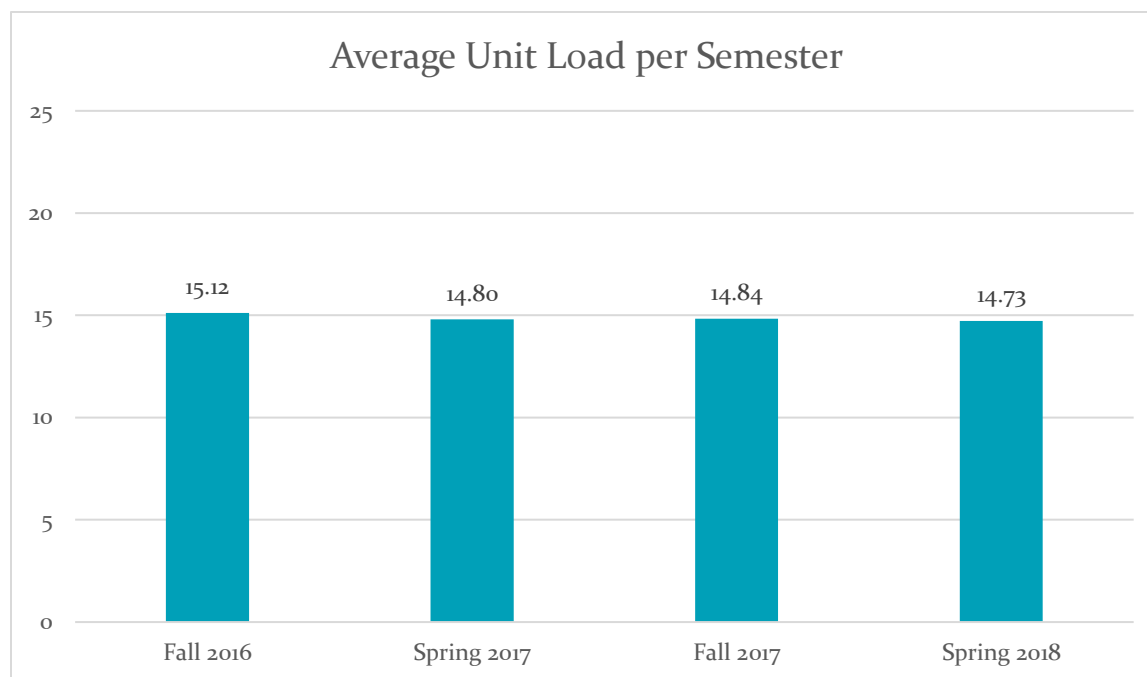
Baccalaureate Learning Goal: N/A

Standard of Achievement: Maintain or increase percentage of student athletes taking 15 units or more per semester compared to prior year

To support the Finish-in-Four Initiative, the University encourages students to take 15 units per semester in order to graduate on time. Finish in four years saves money, can result in better grades, and get student's career started sooner (Retrieved from <http://www.csus.edu/excellence/finishinfour/index6.shtml>).

For fall 2017, the average unit load for student athletes was 14.84. Fifty eight percent of them were enrolled in 15 or more units. For spring 2018, the average unit load for student athletes was 14.73 and 56% of them were enrolled in 15 or more units. While student athletes did not average over 15 units in AY 17-18, more than half of them enrolled in 15 or more units each semester that provided good opportunities for many students to achieve the Finish in Four or Through in Two initiatives.

Figure 6



Source: E-mail data 7/16/18.

Department Goal 5: SARC will provide educational presentations (NCAA rules and eligibility) in the community.

University Strategic Goal: Commit to engaging the community by building enduring partnerships that strengthen and enrich the region

Student Affairs Divisional Goal: N/A

Baccalaureate Learning Goal: N/A

Standard of Achievement: Complete at least 5 external presentations in the community

To provide outreach education on NCAA rules and eligibility to potential student athletes and their families, we will offer educational presentations to the community including high schools, community colleges, booster groups, or campus offices outside athletics. It is our goal to present at least five external presentations this academic year.

The SARC staff were invited and successfully able to provide educational outreach sessions to eight different outside agencies/schools. They were:

- Five high school/career presentations at:
 - San Juan HS (8/30/17)
 - Woodcreek HS – RJUHSD College Fair (9/20/17)
 - Mesa Verde HS (9/26/17)
 - Yuba City HS (10/12/17)

- Granite Bay HS (1/24/18)
- WACAC Conference (4/29/18)
- From 0-120: Year Fast Track to Graduation (9/5/17)
- CSU System – HS Counselor Conference (9/29/17)

Department Goal 6: Student Athletes will positively rate the Academic Support Services provided by SARC.

University Strategic Goal: Engage students in a comprehensive university experience

Student Affairs Divisional Goal: N/A

Baccalaureate Learning Goal: N/A

Standard of Achievement: Collect baseline scores on the quality of academic support provided to student athletes

This year, the department used RealRecruit as a risk management platform to enhance student athlete experience and decrease risk. It streamlines the feedback process between student athletes and administrators in order to provide a complete and objective pulse on the program's cultures, but in a manner that helps to mitigate risk and prevent future liability (Retrieved from <https://www.realrecruit.com>).

RealRecruit is empowering this generation's student-athletes. It is also the most effective and open way to give honest feedback on their personal experience. Likes, dislikes, strengths, weaknesses, what is great, and what could be better.

Student athletes rated the quality of academic support provided to the team at 4.2 (out of 5 stars). Ninety six percent of them rated the academic support with scores of three and above.

Appendix A

Department Goals	What will be the standard of performance?	Outcomes
1. Student Athletes will increase NCAA Academic Performance Rate.	100% of NCAA teams will score 950 or higher on the NCAA Academic Performance Rate.	94% of NCAA teams scored 950 or higher.
2. Student Athletes will improve their GPA.	Maintain or increase overall department GPA of 3.100 or higher	Fall 2017: 3.09 Spring 2018: 3.09
3. Student Athletes will graduate successfully.	80% of student athletes will graduate successfully based on NCAA Graduation Success Rate (GSR).	77% is the GSR for Sacramento State.
4. Student Athletes will take 15 units or more per semester.	Maintain or increase percentage of student athletes taking 15 units or more per semester compared to prior year	AUL for Fall 2017: 14.84 units AUL for Spring 2018: 14.73 units
5. SARC will provide educational presentations (NCAA rules and eligibility) in the community.	Complete at least 5 external presentations in the community	8 external presentations were provided in the community.
6. Student Athletes will positively rate the Academic Support Services provided by SARC.	Collect baseline scores on the quality of academic support provided to student athletes	4.2 (out of 5 stars) is the rating for the quality of academic support. 96% of students rated the item with scores of 3 and above.