

How to Navigate your Student, Health, Counseling, & Wellness Services Patient Portal

You can use your Patient Portal to book appointments with SHCWS staff, send a secure message to a provider, view your medical records and lab results, register for events and workshops, and more! Follow the steps below to learn how to navigate your Patient Portal. If you need assistance with booking appointments or have questions about our services, call us at 916-278-6461. For information about group counseling visit <https://bit.ly/SHCWS-Groups>.

1. Go to the SHCWS webpage: csus.edu/shcws



3. Log in with your Sacramento State SSO Credentials
4. Confirm your Date of Birth and then click "Proceed"

Please confirm your Date of Birth:

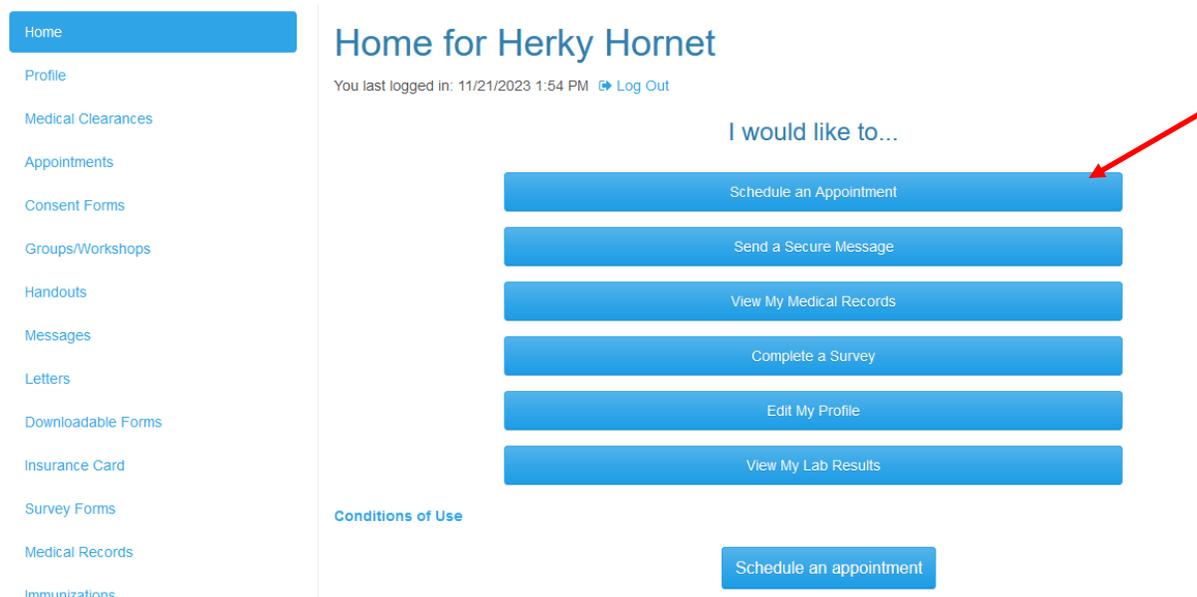
Date of Birth

MM/DD/YYYY

Proceed

Cancel

5. Click "Schedule an Appointment" to book online or choose the option that applies to you



6. Select the appointment type you would like

Please select the type of appointment that you would like to schedule.

- Mental Health/Psychological Services
- Primary Care (New/Existing Medical problem, other medical concerns)
- Physical Exam with Paperwork
- Immunization/Vaccine
- PPD/TB Skin Test
- Medical Abortion Telephone Triage
- Sport Medicine - AT Treatment (Division I Student-Athlete ONLY)
- Nutrition Assessment
- CalFresh Application Assistance
- Crisis Assistance & Resource Education Support (CARES)

7. Fill out the necessary consent forms and browse for available appointments

8. Select the day and time that works best for you and book! A confirmation email will be sent to your CSUS inbox.

All Done!

You have successfully booked the following appointment:

Hornet Hack: To register for wellness events and workshops go to “Groups/Workshops” on the home page

Home for Herky Hornet

You last logged in: 11/21/2023 1:54 PM [Log Out](#)

I would like to...

- Schedule an Appointment
- Send a Secure Message
- View My Medical Records
- Complete a Survey
- Edit My Profile
- View My Lab Results

Conditions of Use

Schedule an appointment