Mission

The mission of SHCS is to enhance students' educational experience by addressing health-related barriers to learning, enabling students to make informed health decisions, and promoting the seven dimensions of wellness – Intellectual, Emotional, Environmental, Physical, Career/Financial, Spiritual, and Socio-Cultural. SHCS offers quality healthcare provided by a multi-disciplinary team of medical and mental health professionals dedicated to making healthcare accessible and affordable for students through ethically sound practice, confidentiality and integrity. SHCS is committed to quality care and service delivery and is accredited through the Accreditation Association for Ambulatory Health Care (AAAHC):

- Acute illness & injury care (non-work related)
- After Hours Nurse Advice
- Birth control methods/supplies
- Counseling & Psychological Services (CAPS)
- Health & Wellness Promotion
- HometMD
- Immunizations
- Men’s Health
- Pharmacy
- Pregnancy testing with counseling
- STD/STI Testing & Treatment
- Vision Care Center
- Well Woman exams
- X-Ray and Lab Services

Sacramento State SHS Vision

The vision of Student Health services is to nurture the development of a student community that is flourishing intellectually, physically, and psychologically – empowered by the acquisition of knowledge, skills and healthy lifestyles.

Sacramento State SHCS Core Values

I Innovation, Integrity
C Collaborate, Commitment, Communication, Compassion
A Accountability
R Respect
E Excellence