



American College Health Association **National College Health Assessment**

SACRAMENTO STATE UNIVERSITY

Data Report

Spring 2024

American College Health Association

National College Health Assessment III

ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



AMERICAN COLLEGE HEALTH ASSOCIATION

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We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.

I. What we've done to date

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

II. Why change?

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented^[1], and schools need readily available access to this data in order to better address the needs of TGNC students.

III. What's different about the way we are reporting?

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men^[2]." A "2" has been changed from "Female" to "Cis Women^[3]." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row.
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

IV. Important considerations with this new format

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

Questions about this report? Please reach out to Christine Kukich at Ckukich@acha.org

[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2024

American College Health Association

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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	42	17	46	9	1	2	90	10.8
2 Very good	84	33	177	34	10	21	274	32.9
3 Good	94	37	217	42	18	38	333	40.0
4 Fair	30	12	75	14	13	28	119	14.3
5 Poor	5	2	7	1	5	11	17	2.0
Valid responses =	255	31	522	63	47	6	833	91.2

Invalid responses include no response.

2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	7	3	10	2	0	0	17	1.9
2 Disagree	9	3	2	0	2	4	13	1.4
3 Somewhat disagree	10	4	35	6	3	6	49	5.4
4 Somewhat agree	74	27	163	28	20	40	260	28.5
5 Agree	126	45	255	44	14	28	401	44.0
6 Strongly agree	52	19	109	19	11	22	172	18.9
Valid responses =	278	30	574	63	50	5	912	99.9

Invalid responses include no response.

R2B) I feel that students' health and well-being is a priority of my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	9	3	13	2	2	4	24	2.6
2 Disagree	7	3	17	3	5	10	29	3.2
3 Somewhat disagree	17	6	37	7	6	12	62	6.8
4 Somewhat agree	82	30	163	29	17	34	263	29.0
5 Agree	115	42	228	40	16	32	364	40.1
6 Strongly agree	46	17	114	20	4	8	166	18.3
Valid responses =	276	30	572	63	50	6	908	99.5

Invalid responses include no response.

R2C) I feel that the climate of my college/university encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	6	2	10	2	0	0	16	1.8
2 Disagree	5	2	13	2	4	8	22	2.4
3 Somewhat disagree	19	7	24	4	6	12	51	5.6
4 Somewhat agree	61	22	133	23	15	30	209	23.0
5 Agree	113	41	255	45	20	40	393	43.2
6 Strongly agree	72	26	138	24	5	10	218	24.0
Valid responses =	276	30	573	63	50	6	909	99.6

Invalid responses include no response.



R2D) We are a college/university where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	8	3	11	2	2	4	21	2.3
2 Disagree	13	5	14	2	3	6	31	3.4
3 Somewhat disagree	34	12	56	10	9	18	100	11.0
4 Somewhat agree	80	29	181	32	21	42	284	31.2
5 Agree	95	34	212	37	9	18	321	35.3
6 Strongly agree	47	17	98	17	6	12	152	16.7
Valid responses =	277	30	572	63	50	6	909	99.6

Invalid responses include no response.

3A) How many hours do you spend in a typical week (7 days) on the following activities?

Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1	0	5	1	1	2	7	0.8
2 1-5 hours	46	17	116	20	3	6	167	18.4
3 6-10 hours	93	34	207	36	27	54	330	36.3
4 11-15 hours	78	28	139	24	11	22	230	25.3
5 16-20 hours	41	15	57	10	5	10	105	11.5
6 21-25 hours	10	4	18	3	1	2	29	3.2
7 26-30 hours	7	3	17	3	2	4	26	2.9
8 More than 30 hours	2	1	14	2	0	0	16	1.8
Valid responses =	278	31	573	63	50	5	910	99.7

Invalid responses include no response.

3B) How many hours do you spend in a typical week (7 days) on the following activities?

Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5	2	4	1	0	0	9	1.0
2 1-5 hours	78	28	179	31	16	32	277	30.5
3 6-10 hours	83	30	163	28	13	26	261	28.7
4 11-15 hours	55	20	114	20	12	24	182	20.0
5 16-20 hours	27	10	50	9	4	8	83	9.1
6 21-25 hours	17	6	23	4	3	6	43	4.7
7 26-30 hours	6	2	17	3	1	2	24	2.6
8 More than 30 hours	6	2	23	4	1	2	30	3.3
Valid responses =	277	30	573	63	50	6	909	99.6

Invalid responses include no response.

3C) How many hours do you spend in a typical week (7 days) on the following activities?

Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	105	38	207	36	14	28	331	36.4
2 1-5 hours	123	44	296	52	33	66	453	49.8
3 6-10 hours	34	12	47	8	3	6	87	9.6
4 11-15 hours	8	3	11	2	0	0	19	2.1
5 16-20 hours	4	1	8	1	0	0	12	1.3
6 21-25 hours	1	0	2	0	0	0	3	0.3
7 26-30 hours	1	0	0	0	0	0	1	0.1
8 More than 30 hours	1	0	3	1	0	0	4	0.4
Valid responses =	277	30	574	63	50	5	910	99.7

Invalid responses include no response.

3D) How many hours do you spend in a typical week (7 days) on the following activities?

Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	179	65	351	61	32	64	569	62.5
2 1-5 hours	72	26	171	30	16	32	260	28.6
3 6-10 hours	13	5	34	6	0	0	48	5.3
4 11-15 hours	6	2	7	1	0	0	13	1.4
5 16-20 hours	5	2	5	1	2	4	12	1.3
6 21-25 hours	2	1	3	1	0	0	5	0.5
7 26-30 hours	0	0	1	0	0	0	1	0.1
8 More than 30 hours	0	0	2	0	0	0	2	0.2
Valid responses =	277	30	574	63	50	5	910	99.7

Invalid responses include no response.



3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	57	21	174	30	18	36	254	28.0
2 1-5 hours	108	39	256	45	22	44	387	42.6
3 6-10 hours	64	23	94	16	6	12	166	18.3
4 11-15 hours	31	11	30	5	2	4	64	7.0
5 16-20 hours	9	3	11	2	2	4	22	2.4
6 21-25 hours	4	1	3	1	0	0	7	0.8
7 26-30 hours	1	0	1	0	0	0	2	0.2
8 More than 30 hours	3	1	3	1	0	0	6	0.7
Valid responses =	277	31	572	63	50	6	908	99.5

Invalid responses include no response.

3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	185	67	377	66	37	74	607	66.7
2 1-5 hours	69	25	156	27	8	16	234	25.7
3 6-10 hours	15	5	22	4	4	8	41	4.5
4 11-15 hours	2	1	7	1	1	2	10	1.1
5 16-20 hours	2	1	5	1	0	0	7	0.8
6 21-25 hours	3	1	3	1	0	0	6	0.7
7 26-30 hours	1	0	1	0	0	0	2	0.2
8 More than 30 hours	1	0	2	0	0	0	3	0.3
Valid responses =	278	31	573	63	50	5	910	99.7

Invalid responses include no response.

3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	187	67	423	74	33	66	650	71.6
2 1-5 hours	60	22	111	19	13	26	186	20.5
3 6-10 hours	15	5	24	4	3	6	42	4.6
4 11-15 hours	9	3	3	1	1	2	13	1.4
5 16-20 hours	4	1	5	1	0	0	9	1.0
6 21-25 hours	1	0	3	1	0	0	4	0.4
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	2	1	2	0	0	0	4	0.4
Valid responses =	278	31	571	63	50	6	908	99.5

Invalid responses include no response.

3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	30	11	62	11	4	8	98	10.9
2 1-5 hours	120	44	283	50	23	46	429	47.6
3 6-10 hours	59	22	123	22	11	22	196	21.7
4 11-15 hours	34	12	46	8	7	14	88	9.8
5 16-20 hours	16	6	26	5	3	6	45	5.0
6 21-25 hours	7	3	12	2	2	4	21	2.3
7 26-30 hours	2	1	6	1	0	0	8	0.9
8 More than 30 hours	6	2	11	2	0	0	17	1.9
Valid responses =	274	30	569	63	50	6	902	98.8

Invalid responses include no response.

3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	216	78	442	78	42	86	706	78.2
2 1-5 hours	51	19	104	18	5	10	163	18.1
3 6-10 hours	4	1	13	2	1	2	18	2.0
4 11-15 hours	3	1	5	1	1	2	9	1.0
5 16-20 hours	0	0	4	1	0	0	4	0.4
6 21-25 hours	2	1	1	0	0	0	3	0.3
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	0	0	0	0	0	0	0	0.0
Valid responses =	276	31	569	63	49	5	903	98.9

Invalid responses include no response.



3J) How many hours do you spend in a typical week (7 days) on the following activities?

Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	43	16	63	11	9	18	115	12.7
2 1-5 hours	86	31	206	36	24	48	321	35.4
3 6-10 hours	58	21	117	20	6	12	183	20.2
4 11-15 hours	26	9	52	9	2	4	80	8.8
5 16-20 hours	13	5	33	6	3	6	49	5.4
6 21-25 hours	15	5	22	4	0	0	39	4.3
7 26-30 hours	7	3	15	3	0	0	22	2.4
8 More than 30 hours	28	10	65	11	6	12	99	10.9
Valid responses =	276	30	573	63	50	6	908	99.5

Invalid responses include no response.

3K) How many hours do you spend in a typical week (7 days) on the following activities?

Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6	2	21	4	4	8	31	3.4
2 1-5 hours	93	34	226	39	20	40	343	37.7
3 6-10 hours	98	35	171	30	10	20	281	30.9
4 11-15 hours	28	10	75	13	10	20	114	12.5
5 16-20 hours	27	10	44	8	1	2	72	7.9
6 21-25 hours	12	4	16	3	3	6	32	3.5
7 26-30 hours	3	1	5	1	1	2	9	1.0
8 More than 30 hours	11	4	15	3	1	2	28	3.1
Valid responses =	278	31	573	63	50	5	910	99.7

Invalid responses include no response.

3L) How many hours do you spend in a typical week (7 days) on the following activities?

Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	68	25	357	63	11	22	441	48.7
2 1-5 hours	90	32	124	22	21	42	236	26.0
3 6-10 hours	54	19	45	8	7	14	107	11.8
4 11-15 hours	35	13	23	4	3	6	61	6.7
5 16-20 hours	10	4	11	2	4	8	26	2.9
6 21-25 hours	8	3	3	1	2	4	13	1.4
7 26-30 hours	4	1	1	0	0	0	5	0.6
8 More than 30 hours	9	3	5	1	2	4	17	1.9
Valid responses =	278	31	569	63	50	6	906	99.2

Invalid responses include no response.

3M) How many hours do you spend in a typical week (7 days) on the following activities?

Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	27	10	31	6	2	4	63	7.0
2 1-5 hours	111	40	188	33	13	26	314	34.8
3 6-10 hours	64	23	166	29	18	36	249	27.6
4 11-15 hours	37	13	87	15	6	12	130	14.4
5 16-20 hours	17	6	45	8	7	14	70	7.8
6 21-25 hours	7	3	21	4	2	4	30	3.3
7 26-30 hours	6	2	14	3	0	0	21	2.3
8 More than 30 hours	8	3	14	3	2	4	25	2.8
Valid responses =	277	31	566	63	50	6	902	98.8

Invalid responses include no response.

3N) How many hours do you spend in a typical week (7 days) on the following activities?

Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	26	9	65	11	10	20	102	11.3
2 1-5 hours	158	57	312	55	25	50	500	55.2
3 6-10 hours	52	19	130	23	12	24	197	21.7
4 11-15 hours	20	7	41	7	1	2	62	6.8
5 16-20 hours	6	2	10	2	1	2	17	1.9
6 21-25 hours	3	1	6	1	1	2	10	1.1
7 26-30 hours	4	1	1	0	0	0	5	0.6
8 More than 30 hours	8	3	5	1	0	0	13	1.4
Valid responses =	277	31	570	63	50	6	906	99.2

Invalid responses include no response.



3O) How many hours do you spend in a typical week (7 days) on the following activities?

Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	92	33	175	31	23	46	295	32.7
2 1-5 hours	19	7	29	5	4	8	53	5.9
3 6-10 hours	26	9	48	9	2	4	76	8.4
4 11-15 hours	20	7	60	11	4	8	84	9.3
5 16-20 hours	36	13	89	16	9	18	135	15.0
6 21-25 hours	20	7	46	8	2	4	70	7.8
7 26-30 hours	7	3	26	5	2	4	35	3.9
8 More than 30 hours	56	20	95	17	4	8	155	17.2
Valid responses =	276	31	568	63	50	6	903	98.9

Invalid responses include no response.

3P) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	200	72	406	71	32	65	644	71.0
2 1-5 hours	60	22	139	24	14	29	216	23.8
3 6-10 hours	7	3	15	3	1	2	23	2.5
4 11-15 hours	2	1	4	1	1	2	7	0.8
5 16-20 hours	7	3	3	1	0	0	10	1.1
6 21-25 hours	0	0	1	0	1	2	2	0.2
7 26-30 hours	1	0	1	0	0	0	2	0.2
8 More than 30 hours	1	0	2	0	0	0	3	0.3
Valid responses =	278	31	571	63	49	5	907	99.3

Invalid responses include no response.

3Q) How many hours do you spend in a typical week (7 days) on the following activities?

Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	35	13	43	8	8	16	86	9.5
2 1-5 hours	136	49	252	44	16	32	410	45.1
3 6-10 hours	58	21	151	26	13	26	225	24.7
4 11-15 hours	19	7	57	10	5	10	81	8.9
5 16-20 hours	12	4	28	5	4	8	44	4.8
6 21-25 hours	7	3	10	2	0	0	17	1.9
7 26-30 hours	3	1	10	2	2	4	15	1.6
8 More than 30 hours	8	3	22	4	2	4	32	3.5
Valid responses =	278	31	573	63	50	5	910	99.7

Invalid responses include no response.

3R) How many hours do you spend in a typical week (7 days) on the following activities?

Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	194	70	332	58	34	68	568	62.4
2 1-5 hours	32	12	107	19	10	20	150	16.5
3 6-10 hours	17	6	45	8	2	4	64	7.0
4 11-15 hours	10	4	20	4	1	2	31	3.4
5 16-20 hours	6	2	10	2	1	2	17	1.9
6 21-25 hours	2	1	3	1	0	0	5	0.5
7 26-30 hours	2	1	6	1	0	0	8	0.9
8 More than 30 hours	14	5	51	9	2	4	67	7.4
Valid responses =	277	30	574	63	50	5	910	99.7

Invalid responses include no response.

4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	5	2	8	1	2	4	16	1.8
2 Slightly underweight	27	10	34	6	4	8	66	7.2
3 About the right weight	122	44	259	45	19	38	405	44.4
4 Slightly overweight	100	36	213	37	15	30	329	36.1
5 Very overweight	25	9	60	11	10	20	96	10.5
Valid responses =	279	31	574	63	50	5	912	99.9

Invalid responses include no response.



5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	31	11	89	16	12	24	135	14.8
2 Stay the same weight	49	18	96	17	6	12	153	16.8
3 Lose weight	143	51	343	60	30	60	519	56.9
4 Gain weight	56	20	46	8	2	4	105	11.5
Valid responses =	279	31	574	63	50	5	912	99.9

Invalid responses include no response.

6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	5	2	22	4	2	4	30	3.3
1 1 to 149 Minutes	141	51	277	48	22	44	445	48.8
2 150 to 299 Minutes	45	16	118	21	11	22	176	19.3
3 300 or More Minutes	88	32	156	27	15	30	260	28.5
Valid responses =	279	31	573	63	50	5	911	99.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	270.32	120.00	480.54	0	5040
Cis Women	235.88	120.00	315.37	0	2520
Trans/Gender Non-conforming	284.30	150.00	348.87	0	2100
Overall	248.56	120.00	375.17	0	5040

7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	74	27	237	41	22	44	338	37.1
1 1 to 74 Minutes	78	28	172	30	13	26	264	29.0
2 75 to 149 Minutes	44	16	68	12	10	20	124	13.6
3 150 or More Minutes	83	30	95	17	5	10	184	20.2
Valid responses =	279	31	572	63	50	5	910	99.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	127.86	60.00	172.4	0	1200
Cis Women	78.46	30.00	143.05	0	1200
Trans/Gender Non-conforming	57.70	13.00	90.38	0	480
Overall	92.12	30.00	151.71	0	1200

8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	81	29	271	47	22	44	378	41.5
1 1 day	31	11	68	12	11	22	113	12.4
2 2 days	33	12	80	14	7	14	121	13.3
3 3 days	46	17	60	11	7	14	114	12.5
4 4 days	29	10	45	8	2	4	76	8.3
5 5 days	35	13	32	6	1	2	68	7.5
6 6 days	11	4	11	2	0	0	22	2.4
7 7 days	13	5	6	1	0	0	19	2.1
Valid responses =	279	31	573	63	50	5	911	99.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?
One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.
If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	89	32	145	25	11	22	247	27.3
2 1 serving	47	17	121	21	14	29	183	20.2
3 2 servings	41	15	81	14	5	10	127	14.0
4 3 servings	31	11	68	12	6	12	105	11.6
5 4 servings	23	8	29	5	3	6	57	6.3
6 5 servings	9	3	35	6	2	4	47	5.2
7 6 servings	4	2	16	3	1	2	21	2.3
8 7 servings	9	3	24	4	0	0	35	3.9
9 8 servings	2	1	7	1	0	0	9	1.0
10 9 or more servings	20	7	47	8	7	14	75	8.3
Valid responses =	275	30	573	63	49	5	906	99.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.98	2.00	4.99	0	30
Cis Women	3.21	2.00	4.74	0	30
Trans/Gender Non-conforming	3.33	1.00	4.55	0	18
Overall	3.16	2.00	4.8	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?
(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	171	62	382	67	34	72	593	65.7
2 1-2 days	40	14	69	12	3	6	112	12.4
3 3-4 days	22	8	32	6	2	4	59	6.5
4 5-10 days	25	9	48	8	6	13	79	8.7
5 11-15 days	4	1	11	2	1	2	16	1.8
6 16-20 days	6	2	13	2	0	0	19	2.1
7 21-25 days	4	1	4	1	0	0	8	0.9
8 26-30 days	5	2	11	2	1	2	17	1.9
Valid responses =	277	31	570	63	47	5	903	98.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.57	0.00	5.85	0	30
Cis Women	2.41	0.00	5.82	0	30
Trans/Gender Non-conforming	2.00	0.00	5.16	0	30
Overall	2.43	0.00	5.77	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?
One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	43	16	75	13	8	16	128	14.1
2 1-2 servings per day	169	61	371	65	34	68	580	63.7
3 3-4 servings per day	52	19	107	19	8	16	168	18.4
4 5-6 servings per day	10	4	13	2	0	0	23	2.5
5 More than 6 servings per day	4	1	8	1	0	0	12	1.3
Valid responses =	278	31	574	63	50	5	911	99.8

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?
One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	25	9	62	11	11	22	99	10.9
2 1-2 servings per day	161	58	356	62	23	46	543	59.6
3 3-4 servings per day	73	26	123	21	14	28	213	23.4
4 5-6 servings per day	14	5	24	4	2	4	41	4.5
5 More than 6 servings per day	5	2	9	2	0	0	15	1.6
Valid responses =	278	31	574	63	50	5	911	99.8

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	133	48	282	49	23	47	442	48.8
1 Sometimes True	112	41	223	39	20	41	358	39.5
2 Often True	31	11	67	12	6	12	106	11.7
Valid responses =	276	30	572	63	49	5	906	99.2

Invalid responses include no response.

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	154	56	274	48	17	35	449	49.7
1 Sometimes True	88	32	207	36	20	42	319	35.3
2 Often True	35	13	89	16	11	23	136	15.0
Valid responses =	277	31	570	63	48	5	904	99.0

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	167	60	342	60	22	44	536	58.8
1 Only 1 or 2 days	44	16	103	18	9	18	158	17.3
2 Yes, some days, but not every day	52	19	99	17	17	34	170	18.6
3 Yes, almost every day	16	6	30	5	2	4	48	5.3
Valid responses =	279	31	574	63	50	5	912	99.9

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	198	71	405	71	28	56	637	69.9
1 Yes	80	29	169	29	22	44	274	30.1
Valid responses =	278	31	574	63	50	5	911	99.8

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	209	75	429	75	31	62	674	73.9
1 Yes	70	25	145	25	19	38	238	26.1
Valid responses =	279	31	574	63	50	5	912	99.9

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	31	11	47	8	3	6	81	8.9
2 5-15 minutes	102	37	183	32	8	16	296	32.5
3 16-30 minutes	69	25	154	27	11	22	235	25.8
4 31 minutes - 1 hour	58	21	125	22	15	30	201	22.1
5 over 1 hour	19	7	63	11	13	26	97	10.7
Valid responses =	279	31	572	63	50	5	910	99.7

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	3	1	11	2	1	2	15	1.6
2 4 hours	11	4	26	5	2	4	39	4.3
3 5 hours	37	13	72	13	7	14	116	12.7
4 6 hours	101	36	164	29	14	28	285	31.3
5 7 hours	76	27	178	31	18	36	274	30.1
6 8 hours	42	15	91	16	3	6	137	15.0
7 9 hours	6	2	18	3	5	10	29	3.2
8 10 or more hours	3	1	13	2	0	0	16	1.8
Valid responses =	279	31	573	63	50	5	911	99.8

Invalid responses include no response.



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Number of Surveys (n) = 913 Web Surveys

15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	4	1	7	1	1	2	12	1.3
2 4 hours	9	3	17	3	1	2	27	3.0
3 5 hours	22	8	29	5	3	6	56	6.1
4 6 hours	36	13	82	14	6	12	125	13.7
5 7 hours	61	22	127	22	10	20	198	21.7
6 8 hours	82	29	171	30	12	24	267	29.3
7 9 hours	40	14	89	16	12	24	144	15.8
8 10 or more hours	25	9	52	9	5	10	83	9.1
Valid responses =	279	31	574	63	50	5	912	99.9

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	139	50	245	43	19	38	407	44.8
2 1 day	40	14	108	19	9	18	158	17.4
3 2 days	48	17	94	16	11	22	154	16.9
4 3 days	27	10	43	8	6	12	76	8.4
5 4 days	10	4	29	5	2	4	42	4.6
6 5 days	7	3	24	4	1	2	33	3.6
7 6 days	2	1	12	2	1	2	15	1.7
8 7 days	5	2	18	3	1	2	24	2.6
Valid responses =	278	31	573	63	50	6	909	99.6

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	15	5	14	2	0	0	29	3.2
2 1 day	26	9	34	6	5	10	65	7.1
3 2 days	46	17	91	16	3	6	141	15.5
4 3 days	59	21	86	15	7	14	153	16.8
5 4 days	44	16	73	13	9	18	126	13.8
6 5 days	36	13	89	16	3	6	129	14.2
7 6 days	17	6	42	7	2	4	62	6.8
8 7 days	35	13	145	25	21	42	205	22.5
Valid responses =	278	31	574	63	50	5	910	99.7

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	83	30	171	30	8	16	263	28.9
2 1 day	74	27	119	21	11	22	205	22.5
3 2 days	41	15	79	14	5	10	125	13.7
4 3 days	24	9	46	8	1	2	74	8.1
5 4 days	18	7	35	6	8	16	61	6.7
6 5 days	16	6	42	7	5	10	64	7.0
7 6 days	4	1	26	5	2	4	33	3.6
8 7 days	18	7	56	10	10	20	85	9.3
Valid responses =	278	31	574	63	50	5	910	99.7

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	49	18	106	19	9	18	166	18.2
2 1 day	46	17	122	21	9	18	178	19.6
3 2 days	53	19	108	19	11	22	175	19.2
4 3 days	34	12	87	15	7	14	129	14.2
5 4 days	40	14	50	9	3	6	93	10.2
6 5 days	23	8	56	10	7	14	87	9.6
7 6 days	14	5	27	5	1	2	42	4.6
8 7 days	19	7	18	3	3	6	40	4.4
Valid responses =	278	31	574	63	50	5	910	99.7

Invalid responses include no response.



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16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	104	37	205	36	21	42	331	36.4
2 1 day	54	19	110	19	8	16	175	19.2
3 2 days	47	17	88	15	10	20	145	15.9
4 3 days	27	10	59	10	5	10	93	10.2
5 4 days	14	5	47	8	2	4	63	6.9
6 5 days	16	6	25	4	3	6	45	4.9
7 6 days	5	2	8	1	0	0	13	1.4
8 7 days	12	4	31	5	1	2	45	4.9
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	35	20	51	14	6	21	92	16.1
2 Between 30 and 59 minutes	75	43	157	43	10	35	243	42.4
3 Between 60 and 119 minutes	49	28	108	30	11	38	170	29.7
4 2 hours or more	15	9	47	13	2	7	68	11.9
Valid responses =	174	30	363	63	29	5	573	62.8

Invalid responses include no response.

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	172	62	423	74	35	71	637	70.2
2 Never	36	13	63	11	6	12	105	11.6
3 Rarely	10	4	16	3	2	4	28	3.1
4 Sometimes	9	3	12	2	2	4	23	2.5
5 Most of the time	9	3	11	2	0	0	21	2.3
6 Always	40	15	49	9	4	8	93	10.3
Valid responses =	276	30	574	63	49	5	907	99.3

Invalid responses include no response.

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	233	85	515	90	44	88	800	88.3
2 Never	12	4	27	5	3	6	42	4.6
3 Rarely	4	2	3	1	1	2	8	0.9
4 Sometimes	1	0	1	0	0	0	2	0.2
5 Most of the time	3	1	4	1	0	0	7	0.8
6 Always	22	8	23	4	2	4	47	5.2
Valid responses =	275	30	573	63	50	6	906	99.2

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	219	80	517	90	40	80	783	86.3
2 Never	40	15	41	7	7	14	89	9.8
3 Rarely	1	0	3	1	3	6	7	0.8
4 Sometimes	3	1	3	1	0	0	6	0.7
5 Most of the time	2	1	3	1	0	0	5	0.6
6 Always	10	4	7	1	0	0	17	1.9
Valid responses =	275	30	574	63	50	6	907	99.3

Invalid responses include no response.

18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	19	7	39	7	6	13	65	7.2
2 Within the last 2 weeks	230	82	471	82	34	71	741	81.5
3 More than 2 weeks but within 30 days	5	2	10	2	0	0	16	1.8
4 More than 30 days but within 3 months	5	2	9	2	1	2	15	1.7
5 More than 3 months but within 12 months	8	3	24	4	2	4	34	3.7
6 More than 12 months ago	12	4	21	4	5	10	38	4.2
Valid responses =	279	31	574	63	48	5	909	99.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	1	0	1	0	1	3	3	0.4
1 1 to 4 Days	23	10	42	9	5	15	70	9.5
2 5 to 10 Days	69	30	150	32	15	44	238	32.3
3 11 to 14 Days	136	59	275	59	13	38	426	57.8
Valid responses =	229	31	468	64	34	5	737	80.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	10.51	12.00	4.05	0	14
Cis Women	10.68	12.00	3.87	0	14
Trans/Gender Non-conforming	8.97	10.00	4.29	0	14
Overall	10.54	12.00	3.96	0	14

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	98	43	188	40	19	56	308	41.8
1 1 to 4 Days	52	23	112	24	10	29	176	23.9
2 5 to 10 Days	31	14	91	19	3	9	126	17.1
3 11 to 14 Days	48	21	77	17	2	6	127	17.2
Valid responses =	229	31	468	64	34	5	737	80.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	4.25	2.00	5.37	0	14
Cis Women	4.23	2.00	5.12	0	14
Trans/Gender Non-conforming	2.12	0.00	3.83	0	14
Overall	4.12	2.00	5.15	0	14

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	219	88	450	88	33	89	709	88.2
2 One accident	25	10	54	11	4	11	83	10.3
3 Two accidents	4	2	6	1	0	0	10	1.2
4 Three or more accidents	0	0	2	0	0	0	2	0.2
Valid responses =	248	31	512	64	37	5	804	88.1

Invalid responses include no response.

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	249	90	512	90	45	90	813	89.6
2 Yes	28	10	60	11	5	10	94	10.4
Valid responses =	277	31	572	63	50	6	907	99.3

Invalid responses include no response.

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	257	94	539	94	46	92	849	93.9
2 Yes	18	7	32	6	4	8	55	6.1
Valid responses =	275	30	571	63	50	6	904	99.0

Invalid responses include no response.

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	262	95	557	97	49	98	875	96.6
2 Yes	14	5	15	3	1	2	31	3.4
Valid responses =	276	30	572	63	50	6	906	99.2

Invalid responses include no response.



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19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	272	99	561	98	50	100	883	98.3
2 Yes	4	1	10	2	0	0	14	1.7
Valid responses =	276	30	571	63	50	6	905	99.1

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	270	98	555	97	49	98	874	97.3
2 Yes	6	2	16	3	1	2	23	2.7
Valid responses =	276	30	571	63	50	6	905	99.1

Invalid responses include no response.

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	269	97	563	98	49	98	881	97.8
2 Yes	9	3	9	2	1	2	19	2.2
Valid responses =	278	31	572	63	50	6	908	99.5

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	99	561	98	48	96	882	98.1
2 Yes	4	1	10	2	2	4	16	1.9
Valid responses =	277	31	571	63	50	6	906	99.2

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	241	87	521	91	37	74	805	89.2
2 Yes	36	13	49	9	13	26	98	10.8
Valid responses =	277	31	570	63	50	6	905	99.1

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	268	96	549	96	45	92	862	96.0
2 Yes	10	4	21	4	4	8	35	4.0
Valid responses =	278	31	570	63	49	5	905	99.1

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	99	560	98	50	100	886	98.2
2 Yes	2	1	13	2	0	0	15	1.8
Valid responses =	278	31	573	63	50	6	909	99.6

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	100	562	98	50	100	889	98.7
2 Yes	1	0	10	2	0	0	11	1.3
Valid responses =	278	31	572	63	50	6	908	99.5

Invalid responses include no response.



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20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	268	96	546	96	49	98	870	95.9
2 Yes	10	4	25	4	1	2	37	4.1
Valid responses =	278	31	571	63	50	6	907	99.3

Invalid responses include no response.

R21A) How safe do you feel: On my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	5	2	3	1	0	0	8	0.9
2 Somewhat unsafe	3	1	16	3	1	2	20	2.2
3 Somewhat safe	40	14	127	22	14	28	182	20.0
4 Very safe	224	80	398	69	35	70	664	72.9
5 Does not apply	7	3	30	5	0	0	37	4.1
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

R21B) How safe do you feel: On my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	9	3	52	9	3	6	65	7.1
2 Somewhat unsafe	31	11	158	28	15	30	206	22.6
3 Somewhat safe	105	38	240	42	25	50	373	40.9
4 Very safe	99	36	39	7	3	6	141	15.5
5 Does not apply	35	13	85	15	4	8	126	13.8
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

R21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	5	2	16	3	0	0	21	2.3
2 Somewhat unsafe	32	12	76	13	4	8	112	12.3
3 Somewhat safe	104	37	249	44	35	71	393	43.2
4 Very safe	110	39	182	32	10	20	303	33.3
5 Does not apply	28	10	50	9	0	0	80	8.8
Valid responses =	279	31	573	63	49	5	909	99.6

Invalid responses include no response.

R21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	33	12	132	23	13	26	180	19.8
2 Somewhat unsafe	60	22	178	31	16	32	257	28.2
3 Somewhat safe	88	32	138	24	15	30	242	26.6
4 Very safe	48	17	33	6	3	6	84	9.2
5 Does not apply	49	18	93	16	3	6	147	16.2
Valid responses =	278	31	574	63	50	5	910	99.7

Invalid responses include no response.

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	197	71	436	76	31	62	670	73.5
3 Yes	82	29	138	24	19	38	241	26.5
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.



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22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	118	42	195	34	13	27	329	36.2
3 Yes	161	58	378	66	36	74	580	63.8
Valid responses =	279	31	573	63	49	5	909	99.6

Invalid responses include no response.

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	184	66	329	57	21	43	537	59.1
3 Yes	94	34	245	43	28	57	372	40.9
Valid responses =	278	31	574	63	49	5	909	99.6

Invalid responses include no response.

22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	252	91	534	95	46	92	840	93.5
3 Yes	24	9	30	5	4	8	58	6.5
Valid responses =	276	31	564	63	50	6	898	98.4

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	263	95	547	96	48	96	865	95.2
3 Yes	15	5	26	5	2	4	44	4.8
Valid responses =	278	31	573	63	50	6	909	99.6

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	270	98	565	99	47	96	890	98.3
3 Yes	7	3	6	1	2	4	15	1.7
Valid responses =	277	31	571	63	49	5	905	99.1

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	260	94	556	97	45	90	868	95.8
3 Yes	16	6	16	3	5	10	38	4.2
Valid responses =	276	30	572	63	50	6	906	99.2

Invalid responses include no response.



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22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
	0 No	268	96	550	96	45	92	871
3 Yes	10	4	23	4	4	8	37	4.1
Valid responses =	278	31	573	63	49	5	908	99.5

Invalid responses include no response.

22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
	0 No	240	86	518	91	40	82	806
3 Yes	39	14	54	9	9	18	102	11.2
Valid responses =	279	31	572	63	49	5	908	99.5

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
	0 No	272	98	558	99	50	100	888
3 Yes	5	2	6	1	0	0	11	1.2
Valid responses =	277	31	564	63	50	6	899	98.5

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
	0 No	266	96	555	97	49	98	878
3 Yes	12	4	18	3	1	2	31	3.4
Valid responses =	278	31	573	63	50	6	909	99.6

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
	0 No	191	98	366	98	35	95	596
3 Yes	4	2	6	2	2	5	12	2.0
Valid responses =	195	32	372	61	37	6	608	66.6

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
	0 Never	42	51	72	53	10	53	125
2 Once or twice	17	21	28	20	4	21	49	20.4
3 Monthly	6	7	3	2	0	0	9	3.8
4 Weekly	7	9	10	7	2	11	20	8.3
6 Daily or almost daily	10	12	24	18	3	16	37	15.4
Valid responses =	82	34	137	57	19	8	240	26.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	29	18	52	14	6	17	87	15.1
2 Once or twice	59	37	166	44	14	39	242	41.9
3 Monthly	41	26	88	23	10	28	140	24.2
4 Weekly	27	17	61	16	5	14	93	16.1
6 Daily or almost daily	5	3	9	2	1	3	16	2.8
Valid responses =	161	28	376	65	36	6	578	63.3

Invalid responses include no response.

22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	35	37	99	41	8	29	143	38.6
2 Once or twice	22	23	60	25	5	18	88	23.8
3 Monthly	9	10	19	8	3	11	32	8.6
4 Weekly	12	13	28	12	6	21	48	13.0
6 Daily or almost daily	16	17	37	15	6	21	59	15.9
Valid responses =	94	25	243	66	28	8	370	40.5

Invalid responses include no response.

22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	16	67	21	70	4	100	41	70.7
2 Once or twice	5	21	6	20	0	0	11	19.0
3 Monthly	1	4	2	7	0	0	3	5.2
4 Weekly	2	8	0	0	0	0	2	3.4
6 Daily or almost daily	0	0	1	3	0	0	1	1.7
Valid responses =	24	41	30	52	4	7	58	6.4

Invalid responses include no response.

22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	12	80	21	81	2	100	35	79.5
2 Once or twice	2	13	3	12	0	0	6	13.6
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	1	7	2	8	0	0	3	6.8
Valid responses =	15	34	26	59	2	5	44	4.8

Invalid responses include no response.

22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	6	86	5	83	2	100	13	86.7
2 Once or twice	1	14	0	0	0	0	1	6.7
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	1	17	0	0	1	6.7
Valid responses =	7	47	6	40	2	13	15	1.6

Invalid responses include no response.

22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	10	63	11	69	4	80	25	65.8
2 Once or twice	4	25	3	19	1	20	9	23.7
3 Monthly	1	6	0	0	0	0	1	2.6
4 Weekly	1	6	0	0	0	0	1	2.6
6 Daily or almost daily	0	0	2	13	0	0	2	5.3
Valid responses =	16	42	16	42	5	13	38	4.2

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5	50	15	65	2	50	22	59.5
2 Once or twice	3	30	3	13	0	0	6	16.2
3 Monthly	2	20	1	4	1	25	4	10.8
4 Weekly	0	0	2	9	0	0	2	5.4
6 Daily or almost daily	0	0	2	9	1	25	3	8.1
Valid responses =	10	27	23	62	4	11	37	4.1

Invalid responses include no response.

22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	30	77	37	70	7	78	74	73.3
2 Once or twice	5	13	14	26	2	22	21	20.8
3 Monthly	2	5	0	0	0	0	2	2.0
4 Weekly	2	5	1	2	0	0	3	3.0
6 Daily or almost daily	0	0	1	2	0	0	1	1.0
Valid responses =	39	39	53	52	9	9	101	11.1

Invalid responses include no response.

22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5	100	3	50	0	0	8	72.7
2 Once or twice	0	0	0	0	0	0	0	0.0
3 Monthly	0	0	1	17	0	0	1	9.1
4 Weekly	0	0	1	17	0	0	1	9.1
6 Daily or almost daily	0	0	1	17	0	0	1	9.1
Valid responses =	5	45	6	55	0	0	11	1.2

Invalid responses include no response.

22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	58	13	72	1	100	21	67.7
2 Once or twice	2	17	2	11	0	0	4	12.9
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	1	8	2	11	0	0	3	9.7
6 Daily or almost daily	2	17	1	6	0	0	3	9.7
Valid responses =	12	39	18	58	1	3	31	3.4

Invalid responses include no response.

22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	25	1	17	0	0	2	16.7
2 Once or twice	2	50	0	0	1	50	3	25.0
3 Monthly	0	0	2	33	0	0	2	16.7
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	1	25	3	50	1	50	5	41.7
Valid responses =	4	33	6	50	2	17	12	1.3

Invalid responses include no response.

22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you?

(only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2	67	4	80	0	0	6	66.7
1 Yes	1	33	1	20	0	0	2	22.2
99 Don't know	0	0	0	0	0	0	1	11.1
Valid responses =	3	33	5	56	0	0	9	1.0

Invalid responses include no response.



22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	100	0	0	0	0	1	50.0
1 Yes	0	0	1	100	0	0	1	50.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	1	50	1	50	0	0	2	0.2

Invalid responses include no response.

22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	100	0	0	0	0	1	50.0
1 Yes	0	0	1	100	0	0	1	50.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	1	50	1	50	0	0	2	0.2

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	5	100	6	75	0	0	11	73.3
1 Yes	0	0	2	25	2	100	4	26.7
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	5	33	8	53	2	13	15	1.6

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	2	100	2	100	4	100.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	50	2	50	4	0.4

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	2	100	1	50	3	75.0
1 Yes	0	0	0	0	1	50	1	25.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	50	2	50	4	0.4

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	4	80	3	60	0	0	7	70.0
1 Yes	1	20	2	40	0	0	3	30.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	5	50	5	50	0	0	10	1.1

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	100	2	100	0	0	3	100.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	2	67	0	0	3	0.3

Invalid responses include no response.



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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

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22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	100	2	100	0	0	3	100.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	2	67	0	0	3	0.3

Invalid responses include no response.

22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	17	43	20	31	4	44	41	36.0
3 Once or twice	8	20	11	17	1	11	20	17.5
4 Monthly	2	5	1	2	1	11	5	4.4
5 Weekly	6	15	5	8	0	0	11	9.6
6 Daily or almost daily	7	18	27	42	3	33	37	32.5
Valid responses =	40	35	64	56	9	8	114	12.5

Invalid responses include no response.

22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	68	53	164	52	16	57	248	52.2
3 Once or twice	28	22	72	23	6	21	107	22.5
4 Monthly	16	12	26	8	0	0	45	9.5
5 Weekly	13	10	43	14	2	7	58	12.2
6 Daily or almost daily	4	3	9	3	4	14	17	3.6
Valid responses =	129	27	314	66	28	6	475	52.0

Invalid responses include no response.

22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	22	38	60	43	6	32	88	40.2
3 Once or twice	13	22	24	17	5	26	43	19.6
4 Monthly	5	9	8	6	1	5	14	6.4
5 Weekly	8	14	17	12	1	5	27	12.3
6 Daily or almost daily	10	17	30	22	6	32	47	21.5
Valid responses =	58	26	139	63	19	9	219	24.0

Invalid responses include no response.

22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	38	7	78	0	0	10	58.8
3 Once or twice	2	25	0	0	0	0	2	11.8
4 Monthly	0	0	1	11	0	0	1	5.9
5 Weekly	2	25	0	0	0	0	2	11.8
6 Daily or almost daily	1	13	1	11	0	0	2	11.8
Valid responses =	8	47	9	53	0	0	17	1.9

Invalid responses include no response.



22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

Table with 8 columns: Response frequency, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

Invalid responses include no response.

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

Table with 8 columns: Response frequency, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

Table with 8 columns: Response frequency, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

Table with 8 columns: Response frequency, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?
(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

Table with 8 columns: Response frequency, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct.

Invalid responses include no response.



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22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	1	33	0	0	1	33.3
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	2	67	0	0	2	66.7
Valid responses =	0	0	3	100	0	0	3	0.3

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	60	1	20	0	0	4	40.0
3 Once or twice	0	0	1	20	0	0	1	10.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	2	40	0	0	2	20.0
6 Daily or almost daily	2	40	1	20	0	0	3	30.0
Valid responses =	5	50	5	50	0	0	10	1.1

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	33	0	0	0	0	1	12.5
3 Once or twice	1	33	0	0	0	0	1	12.5
4 Monthly	0	0	1	25	1	100	2	25.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	1	33	3	75	0	0	4	50.0
Valid responses =	3	38	4	50	1	13	8	0.9

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	33	83	51	79	8	89	93	80.9
4 Once or twice	5	13	7	11	0	0	12	10.4
5 Monthly	2	5	2	3	0	0	4	3.5
6 Weekly	0	0	1	2	0	0	1	0.9
7 Daily or almost daily	0	0	4	6	1	11	5	4.3
Valid responses =	40	35	65	57	9	8	115	12.6

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	126	96	296	91	26	87	453	92.3
4 Once or twice	4	3	17	5	3	10	24	4.9
5 Monthly	1	1	5	2	0	0	6	1.2
6 Weekly	1	1	4	1	1	3	6	1.2
7 Daily or almost daily	0	0	2	1	0	0	2	0.4
Valid responses =	132	27	324	66	30	6	491	53.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	54	92	119	83	16	80	192	84.6
4 Once or twice	4	7	15	10	4	20	24	10.6
5 Monthly	0	0	3	2	0	0	3	1.3
6 Weekly	1	2	4	3	0	0	5	2.2
7 Daily or almost daily	0	0	3	2	0	0	3	1.3
Valid responses =	59	26	144	63	20	9	227	24.9

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	6	75	7	78	0	0	13	76.5
4 Once or twice	2	25	0	0	0	0	2	11.8
5 Monthly	0	0	1	11	0	0	1	5.9
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	1	11	0	0	1	5.9
Valid responses =	8	47	9	53	0	0	17	1.9

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	100	2	40	0	0	6	66.7
4 Once or twice	0	0	1	20	0	0	1	11.1
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	1	20	0	0	1	11.1
7 Daily or almost daily	0	0	1	20	0	0	1	11.1
Valid responses =	3	33	5	56	0	0	9	1.0

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	0	0	0	0	1	50.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	1	100	0	0	1	50.0
Valid responses =	1	50	1	50	0	0	2	0.2

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5	83	3	60	1	100	10	76.9
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	1	20	0	0	1	7.7
6 Weekly	1	17	0	0	0	0	1	7.7
7 Daily or almost daily	0	0	1	20	0	0	1	7.7
Valid responses =	6	46	5	38	1	8	13	1.4

Invalid responses include no response.



22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	80	7	88	2	100	13	86.7
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	1	20	1	13	0	0	2	13.3
Valid responses =	5	33	8	53	2	13	15	1.6

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	8	89	13	81	2	100	23	85.2
4 Once or twice	0	0	2	13	0	0	2	7.4
5 Monthly	1	11	0	0	0	0	1	3.7
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	1	6	0	0	1	3.7
Valid responses =	9	33	16	59	2	7	27	3.0

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	1	33	0	0	1	33.3
6 Weekly	0	0	1	33	0	0	1	33.3
7 Daily or almost daily	0	0	1	33	0	0	1	33.3
Valid responses =	0	0	3	100	0	0	3	0.3

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	60	4	80	0	0	7	70.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	2	40	0	0	0	0	2	20.0
7 Daily or almost daily	0	0	1	20	0	0	1	10.0
Valid responses =	5	50	5	50	0	0	10	1.1

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	100	3	75	2	100	8	88.9
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	1	25	0	0	1	11.1
Valid responses =	3	33	4	44	2	22	9	1.0

Invalid responses include no response.



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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	123	93	300	93	28	93	456	92.9
5 Once or twice	8	6	19	6	2	7	29	5.9
6 Monthly	1	1	2	1	0	0	3	0.6
7 Weekly	0	0	2	1	0	0	2	0.4
8 Daily or almost daily	0	0	1	0	0	0	1	0.2
Valid responses =	132	27	324	66	30	6	491	53.8

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	48	81	127	88	19	95	197	86.8
5 Once or twice	10	17	9	6	1	5	21	9.3
6 Monthly	0	0	1	1	0	0	1	0.4
7 Weekly	1	2	4	3	0	0	5	2.2
8 Daily or almost daily	0	0	3	2	0	0	3	1.3
Valid responses =	59	26	144	63	20	9	227	24.9

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	8	100	7	78	0	0	15	88.2
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	1	11	0	0	1	5.9
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	1	11	0	0	1	5.9
Valid responses =	8	47	9	53	0	0	17	1.9

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	100	3	60	0	0	7	77.8
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	2	40	0	0	2	22.2
Valid responses =	3	33	5	56	0	0	9	1.0

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	0	0	0	0	1	50.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	1	100	0	0	1	50.0
Valid responses =	1	50	1	50	0	0	2	0.2

Invalid responses include no response.



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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5	83	3	60	1	100	10	76.9
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	1	17	1	20	0	0	2	15.4
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	1	20	0	0	1	7.7
Valid responses =	6	46	5	38	1	8	13	1.4

Invalid responses include no response.

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	80	7	88	1	50	12	80.0
5 Once or twice	0	0	0	0	1	50	1	6.7
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	1	20	0	0	0	0	1	6.7
8 Daily or almost daily	0	0	1	13	0	0	1	6.7
Valid responses =	5	33	8	53	2	13	15	1.6

Invalid responses include no response.

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	8	89	13	81	2	100	23	85.2
5 Once or twice	0	0	1	6	0	0	1	3.7
6 Monthly	0	0	1	6	0	0	1	3.7
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	1	11	1	6	0	0	2	7.4
Valid responses =	9	33	16	59	2	7	27	3.0

Invalid responses include no response.

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	1	33	0	0	1	33.3
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	2	67	0	0	2	66.7
Valid responses =	0	0	3	100	0	0	3	0.3

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	60	4	80	0	0	7	70.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	1	20	0	0	0	0	1	10.0
8 Daily or almost daily	1	20	1	20	0	0	2	20.0
Valid responses =	5	50	5	50	0	0	10	1.1

Invalid responses include no response.



22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)
Other

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include frequency levels from 0 Never to 8 Daily or almost daily, and Valid responses = 9 (1.0%).

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include frequency levels from 0 No, Never to 6 Yes, in the past 3 months, and Valid responses = 241 (26.4%).

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include frequency levels from 0 No, Never to 6 Yes, in the past 3 months, and Valid responses = 579 (63.4%).

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include frequency levels from 0 No, Never to 6 Yes, in the past 3 months, and Valid responses = 372 (40.7%).

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include frequency levels from 0 No, Never to 6 Yes, in the past 3 months, and Valid responses = 58 (6.4%).

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include frequency levels from 0 No, Never to 6 Yes, in the past 3 months, and Valid responses = 43 (4.7%).

Invalid responses include no response.



22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)
Methamphetamine (speed, crystal meth, ice, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =. Includes horizontal bar chart for Total Pct.

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =. Includes horizontal bar chart for Total Pct.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =. Includes horizontal bar chart for Total Pct.

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =. Includes horizontal bar chart for Total Pct.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)
Heroin

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =. Includes horizontal bar chart for Total Pct.

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?
(only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
[Please report nonmedical use only.]

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =. Includes horizontal bar chart for Total Pct.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4	100	4	67	1	50	9	75.0
3 Yes, not in the past 3 months	0	0	2	33	1	50	3	25.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	4	33	6	50	2	17	12	1.3

Invalid responses include no response.

22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	65	79	104	75	14	74	185	76.8
3 Yes, not in the past 3 months	10	12	16	12	2	11	28	11.6
6 Yes, in the past 3 months	7	9	18	13	3	16	28	11.6
Valid responses =	82	34	138	57	19	8	241	26.4

Invalid responses include no response.

22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	142	88	348	92	33	92	528	91.2
3 Yes, not in the past 3 months	10	6	10	3	1	3	21	3.6
6 Yes, in the past 3 months	9	6	19	5	2	6	30	5.2
Valid responses =	161	28	377	65	36	6	579	63.4

Invalid responses include no response.

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	78	83	218	89	25	89	326	87.6
3 Yes, not in the past 3 months	7	7	8	3	1	4	16	4.3
6 Yes, in the past 3 months	9	10	19	8	2	7	30	8.1
Valid responses =	94	25	245	66	28	8	372	40.7

Invalid responses include no response.

22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	20	83	27	90	3	75	50	86.2
3 Yes, not in the past 3 months	2	8	3	10	1	25	6	10.3
6 Yes, in the past 3 months	2	8	0	0	0	0	2	3.4
Valid responses =	24	41	30	52	4	7	58	6.4

Invalid responses include no response.

22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	13	87	22	88	2	100	38	88.4
3 Yes, not in the past 3 months	1	7	2	8	0	0	3	7.0
6 Yes, in the past 3 months	1	7	1	4	0	0	2	4.7
Valid responses =	15	35	25	58	2	5	43	4.7

Invalid responses include no response.

22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	6	86	2	33	2	100	10	66.7
3 Yes, not in the past 3 months	0	0	4	67	0	0	4	26.7
6 Yes, in the past 3 months	1	14	0	0	0	0	1	6.7
Valid responses =	7	47	6	40	2	13	15	1.6

Invalid responses include no response.



2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	13	81	13	81	5	100	32	84.2
3 Yes, not in the past 3 months	1	6	2	13	0	0	3	7.9
6 Yes, in the past 3 months	2	13	1	6	0	0	3	7.9
Valid responses =	16	42	16	42	5	13	38	4.2

Invalid responses include no response.

2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	9	90	22	96	4	100	35	94.6
3 Yes, not in the past 3 months	0	0	1	4	0	0	1	2.7
6 Yes, in the past 3 months	1	10	0	0	0	0	1	2.7
Valid responses =	10	27	23	62	4	11	37	4.1

Invalid responses include no response.

2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	37	95	51	94	9	100	97	95.1
3 Yes, not in the past 3 months	0	0	2	4	0	0	2	2.0
6 Yes, in the past 3 months	2	5	1	2	0	0	3	2.9
Valid responses =	39	38	54	53	9	9	102	11.2

Invalid responses include no response.

22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5	100	3	50	0	0	8	72.7
3 Yes, not in the past 3 months	0	0	2	33	0	0	2	18.2
6 Yes, in the past 3 months	0	0	1	17	0	0	1	9.1
Valid responses =	5	45	6	55	0	0	11	1.2

Invalid responses include no response.

22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	10	83	16	89	1	100	27	87.1
3 Yes, not in the past 3 months	0	0	2	11	0	0	2	6.5
6 Yes, in the past 3 months	2	17	0	0	0	0	2	6.5
Valid responses =	12	39	18	58	1	3	31	3.4

Invalid responses include no response.

22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4	100	3	50	1	50	8	66.7
3 Yes, not in the past 3 months	0	0	1	17	0	0	1	8.3
6 Yes, in the past 3 months	0	0	2	33	1	50	3	25.0
Valid responses =	4	33	6	50	2	17	12	1.3

Invalid responses include no response.



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FREQUENCY REPORT

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22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	164	98	385	99	37	100	590	98.3
1 Yes, not in the past 3 months	3	2	2	1	0	0	6	1.0
2 Yes, in the past 3 months	0	0	4	1	0	0	4	0.7
Valid responses =	167	28	391	65	37	6	600	65.7

Invalid responses include no response.

22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	0	0	2	67	0	0	2	66.7
1 More than once per week	0	0	1	33	0	0	1	33.3
Valid responses =	0	0	3	100	0	0	3	0.3

Invalid responses include no response.

23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)
Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	67	46	72	3	38	73	67.0
2 Yes	12	33	18	28	5	63	36	33.0
Valid responses =	36	33	64	59	8	7	109	11.9

Invalid responses include no response.

23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)
E-cigarettes or other vape products (for example: Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	22	10	15	1	13	19	17.1
2 Yes	29	78	55	85	7	88	92	82.9
Valid responses =	37	33	65	59	8	7	111	12.2

Invalid responses include no response.

23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)
Water pipe or hookah

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	97	52	84	6	75	93	87.7
2 Yes	1	3	10	16	2	25	13	12.3
Valid responses =	35	33	62	58	8	8	106	11.6

Invalid responses include no response.

23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)
Chewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	86	58	94	8	100	97	91.5
2 Yes	5	14	4	7	0	0	9	8.5
Valid responses =	35	33	62	58	8	8	106	11.6

Invalid responses include no response.

23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)
Cigars or little cigars

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	86	56	90	8	100	96	89.7
2 Yes	5	14	6	10	0	0	11	10.3
Valid responses =	36	34	62	58	8	7	107	11.7

Invalid responses include no response.

23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	89	36	88	6	86	67	88.2
2 Yes	3	11	5	12	1	14	9	11.8
Valid responses =	27	36	41	54	7	9	76	8.3

Invalid responses include no response.



24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	164	59	288	50	18	36	473	52.0
2 Within the last 2 weeks	36	13	95	17	15	30	149	16.4
3 More than 2 weeks but within 30 days	9	3	17	3	3	6	29	3.2
4 More than 30 days but within 3 months	12	4	29	5	2	4	44	4.8
5 More than 3 months but within 12 months	18	7	39	7	1	2	58	6.4
6 More than 12 months ago	40	14	105	18	11	22	157	17.3
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	87	31	154	27	10	20	254	27.9
2 Within the last 2 weeks	98	35	216	38	24	48	340	37.3
3 More than 2 weeks but within 30 days	22	8	63	11	1	2	86	9.4
4 More than 30 days but within 3 months	25	9	58	10	4	8	89	9.8
5 More than 3 months but within 12 months	20	7	42	7	8	16	71	7.8
6 More than 12 months ago	27	10	41	7	3	6	71	7.8
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months) Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	101	70	230	69	18	62	352	68.5
2 Yes	44	30	106	32	11	38	162	31.5
Valid responses =	145	28	336	65	29	6	514	56.3

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months) Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	101	70	235	70	17	59	355	69.1
2 Yes	44	30	101	30	12	41	159	30.9
Valid responses =	145	28	336	65	29	6	514	56.3

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink. (only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	5	3	6	2	3	10	14	2.7
1 1 to 2 Drinks	81	56	212	63	17	59	312	60.7
2 3 to 4 Drinks	40	28	71	21	5	17	117	22.8
3 5 to 6 Drinks	10	7	33	10	3	10	46	8.9
4 7 to 8 Drinks	5	3	8	2	1	3	14	2.7
5 9 to 10 Drinks	3	2	4	1	0	0	7	1.4
6 11 or More Drinks	1	1	3	1	0	0	4	0.8
Total	145	28	337	66	29	6	514	56.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.77	2.00	2.11	0	13
Cis Women	2.71	2.00	4.45	0	76
Trans/Gender Non-conforming	2.19	2.00	1.72	0	7
Overall	2.69	2.00	3.8	0	76



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27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	7	5	9	3	4	14	20	3.9
1 1 to 2 Hours	76	52	169	50	13	45	259	50.4
2 3 to 4 Hours	41	28	102	30	8	28	151	29.4
3 5 to 6 Hours	15	10	48	14	2	7	66	12.8
4 7 to 8 Hours	6	4	6	2	2	7	14	2.7
5 9 to 10 Hours	0	0	2	1	0	0	2	0.4
6 11 or More Hours	0	0	1	0	0	0	2	0.4
Total	145	28	337	66	29	6	514	56.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.66	2.00	1.84	0	8
Cis Women	2.90	2.00	3.16	0	50
Trans/Gender Non-conforming	2.31	1.00	2.14	0	8
Overall	2.82	2.00	2.82	0	50

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	70	71	140	65	19	79	230	67.6
2 1 time	16	16	43	20	3	13	62	18.2
3 2 times	6	6	19	9	1	4	27	7.9
4 3 times	2	2	6	3	0	0	8	2.4
5 4 times	1	1	2	1	0	0	3	0.9
6 5 times	2	2	2	1	1	4	5	1.5
7 6 times	0	0	1	1	0	0	1	0.3
8 7 times	0	0	0	0	0	0	0	0.0
9 8 times	0	0	1	1	0	0	1	0.3
10 9 times	0	0	0	0	0	0	0	0.0
11 10 or more times	1	1	2	1	0	0	3	0.9
Total	98	29	216	64	24	7	340	37.2

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	146	89	330	87	32	89	511	87.5
2 Yes	18	11	49	13	4	11	73	12.5
Valid responses =	164	28	379	65	36	6	584	64.0

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	148	90	338	89	36	97	527	90.1
2 Yes	16	10	41	11	1	3	58	9.9
Valid responses =	164	28	379	65	37	6	585	64.1

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	139	86	312	83	32	87	486	83.5
2 Yes	23	14	66	18	5	14	96	16.5
Valid responses =	162	28	378	65	37	6	582	63.7

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	162	99	375	99	37	100	579	99.1
2 Yes	2	1	3	1	0	0	5	0.9
Valid responses =	164	28	378	65	37	6	584	64.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	163	100	376	99	37	100	581	99.5
2 Yes	0	0	3	1	0	0	3	0.5
Valid responses =	163	28	379	65	37	6	584	64.0

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	160	99	371	98	37	100	572	98.3
2 Yes	2	1	7	2	0	0	10	1.7
Valid responses =	162	28	378	65	37	6	582	63.7

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	164	100	377	100	37	100	583	99.7
2 Yes	0	0	2	1	0	0	2	0.3
Valid responses =	164	28	379	65	37	6	585	64.1

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	147	90	335	89	36	97	522	89.5
2 Yes	17	10	42	11	1	3	61	10.5
Valid responses =	164	28	377	65	37	6	583	63.9

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	156	95	360	95	34	92	554	94.9
2 Yes	8	5	18	5	3	8	30	5.1
Valid responses =	164	28	378	65	37	6	584	64.0

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	164	100	375	99	37	100	581	99.5
2 Yes	0	0	3	1	0	0	3	0.5
Valid responses =	164	28	378	65	37	6	584	64.0

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	163	99	370	98	35	95	572	97.8
2 Yes	1	1	9	2	2	5	13	2.2
Valid responses =	164	28	379	65	37	6	585	64.1

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	162	99	374	99	37	100	578	99.3
2 Yes	1	1	3	1	0	0	4	0.7
Valid responses =	163	28	377	65	37	6	582	63.7

Invalid responses include no response.



30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	89	84	222	90	13	77	325	87.1
2 Yes	17	16	26	11	4	24	48	12.9
Valid responses =	106	28	248	66	17	5	373	40.9

Invalid responses include no response.

30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	156	95	369	97	35	95	565	96.6
2 Alcohol use negatively impacted performance in class	6	4	5	1	2	5	13	2.2
3 Alcohol use delayed progress towards degree	2	1	5	1	0	0	7	1.2
Valid responses =	164	28	379	65	37	6	585	64.1

Invalid responses include no response.

31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	59	63	70	8	67	94	67.6
2 Yes	14	41	27	30	4	33	45	32.4
Valid responses =	34	24	90	65	12	9	139	15.2

Invalid responses include no response.

31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	60	87	149	93	20	100	233	91.7
2 Marijuana use negatively impacted performance in class	8	12	5	3	0	0	13	5.1
3 Marijuana use delayed progress towards degree	1	1	7	4	0	0	8	3.1
Valid responses =	69	27	161	63	20	8	254	27.8

Invalid responses include no response.

32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	188	98	409	97	38	95	639	97.4
2 Yes	3	2	11	3	2	5	17	2.6
Valid responses =	191	29	420	64	40	6	656	71.9

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

33A) When, if ever, was the last time you had:

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	109	39	219	39	20	40	351	38.8
2 Within the last 2 weeks	77	28	190	33	10	20	280	30.9
3 More than 2 weeks but within 30 days	21	8	37	7	5	10	63	7.0
4 More than 30 days but within 3 months	19	7	36	6	4	8	59	6.5
5 More than 3 months but within 12 months	17	6	37	7	5	10	60	6.6
6 More than 12 months ago	35	13	50	9	6	12	92	10.2
Valid responses =	278	31	569	63	50	6	905	99.1

Invalid responses include no response.

33B) When, if ever, was the last time you had:

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	117	42	208	37	23	46	352	38.9
2 Within the last 2 weeks	83	30	234	41	17	34	337	37.3
3 More than 2 weeks but within 30 days	15	5	31	5	1	2	47	5.2
4 More than 30 days but within 3 months	13	5	29	5	2	4	44	4.9
5 More than 3 months but within 12 months	20	7	28	5	2	4	50	5.5
6 More than 12 months ago	28	10	40	7	5	10	74	8.2
Valid responses =	276	31	570	63	50	6	904	99.0

Invalid responses include no response.



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33C) When, if ever, was the last time you had:

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	221	80	472	83	42	84	742	81.9
2 Within the last 2 weeks	11	4	13	2	3	6	27	3.0
3 More than 2 weeks but within 30 days	4	1	4	1	0	0	8	0.9
4 More than 30 days but within 3 months	9	3	12	2	0	0	21	2.3
5 More than 3 months but within 12 months	2	1	13	2	0	0	15	1.7
6 More than 12 months ago	31	11	56	10	5	10	93	10.3
Valid responses =	278	31	570	63	50	6	906	99.2

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse?

(only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	2	1	0	0	0	0	2	0.4
1 1 Partner	109	75	287	83	20	74	420	80.5
2 2 Partners	13	9	27	8	3	11	43	8.2
3 3 Partners	7	5	9	3	0	0	16	3.1
4 4 Partners	3	2	7	2	1	4	11	2.1
5 5 Partners	5	3	5	1	2	7	12	2.3
6 6 Partners	1	1	3	1	1	4	5	1.0
7 7 Partners	2	1	2	1	0	0	4	0.8
8 8 to 10 Partners	2	1	1	0	0	0	3	0.6
9 11 or More Partners	2	1	4	1	0	0	6	1.1
Valid responses =	146	28	345	66	27	5	522	57.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	1.84	1.00	2.57	0	24
Cis Women	1.66	1.00	3.56	1	56
Trans/Gender Non-conforming	1.70	1.00	1.46	1	6
Overall	1.70	1.00	3.21	0	56

35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	11	8	316	94	12	48	343	67.4
2 Yes	133	92	20	6	13	52	166	32.6
Valid responses =	144	28	336	66	25	5	509	55.8

Invalid responses include no response.

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	125	92	15	4	15	60	155	30.5
2 Yes	11	8	329	96	10	40	354	69.5
Valid responses =	136	27	344	68	25	5	509	55.8

Invalid responses include no response.

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	135	99	330	99	21	81	490	98.0
2 Yes	2	2	3	1	5	19	10	2.0
Valid responses =	137	27	333	67	26	5	500	54.8

Invalid responses include no response.

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	135	99	330	99	20	80	489	98.2
2 Yes	1	1	3	1	5	20	9	1.8
Valid responses =	136	27	333	67	25	5	498	54.5

Invalid responses include no response.



35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	133	99	325	98	19	79	481	97.0
2 Yes	2	2	8	2	5	21	15	3.0
Valid responses =	135	27	333	67	24	5	496	54.3

Invalid responses include no response.

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	135	100	328	99	23	92	490	99.0
2 Yes	0	0	3	1	2	8	5	1.0
Valid responses =	135	27	331	67	25	5	495	54.2

Invalid responses include no response.

36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had oral sex within the last 30 days)

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	84	87	201	89	13	93	300	88.5
2 Rarely	3	3	5	2	0	0	8	2.4
3 Sometimes	4	4	7	3	0	0	11	3.2
4 Most of the time	5	5	6	3	0	0	11	3.2
5 Always	1	1	7	3	1	7	9	2.7
Valid responses =	97	29	226	67	14	4	339	37.1

Invalid responses include no response.

36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had vaginal intercourse within the last 30 days)

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	44	46	130	49	7	41	182	48.1
2 Rarely	10	11	27	10	3	18	40	10.6
3 Sometimes	8	8	26	10	2	12	37	9.8
4 Most of the time	7	7	17	6	1	6	25	6.6
5 Always	26	27	64	24	4	24	94	24.9
Valid responses =	95	25	264	70	17	4	378	41.4

Invalid responses include no response.

36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:

(only includes students that have had anal intercourse within the last 30 days)

Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	8	53	12	71	2	67	22	62.9
2 Rarely	2	13	2	12	0	0	4	11.4
3 Sometimes	1	7	1	6	0	0	2	5.7
4 Most of the time	2	13	0	0	0	0	2	5.7
5 Always	2	13	2	12	1	33	5	14.3
Valid responses =	15	43	17	49	3	9	35	3.8

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?

(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	88	68	249	77	16	76	356	74.8
2 No, not want prevent pregnancy	10	8	7	2	1	5	18	3.8
3 No, did not use any method	27	21	63	20	4	19	94	19.7
4 Don't know	5	4	3	1	0	0	8	1.7
Valid responses =	130	27	322	68	21	4	476	52.1

Invalid responses include no response.



38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control pills (monthly or extended cycle)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	63	72	173	70	12	75	249	69.9
1 Selected	25	28	76	31	4	25	107	30.1
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control shots

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	87	99	248	100	15	94	353	99.2
1 Selected	1	1	1	0	1	6	3	0.8
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control implants

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	84	96	224	90	14	88	325	91.3
1 Selected	4	5	25	10	2	13	31	8.7
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control patch

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	86	98	247	99	16	100	352	98.9
1 Selected	2	2	2	1	0	0	4	1.1
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
The ring

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	86	98	247	99	16	100	352	98.9
1 Selected	2	2	2	1	0	0	4	1.1
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Emergency contraception ("morning after pill" or "Plan B")

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	84	96	227	91	15	94	329	92.4
1 Selected	4	5	22	9	1	6	27	7.6
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Intrauterine device (IUD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	77	88	216	87	12	75	307	86.2
1 Selected	11	13	33	13	4	25	49	13.8
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.



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38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Male (external) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	39	44	154	62	10	63	205	57.6
1 Selected	49	56	95	38	6	38	151	42.4
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Female (internal) condom

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	88	100	246	99	16	100	353	99.2
1 Selected	0	0	3	1	0	0	3	0.8
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Diaphragm or cervical cap

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	88	100	249	100	16	100	356	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Contraceptive sponge

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	88	100	249	100	16	100	356	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Withdrawal

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	76	86	215	86	14	88	307	86.2
1 Selected	12	14	34	14	2	13	49	13.8
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	85	97	233	94	16	100	336	94.4
1 Selected	3	3	16	6	0	0	20	5.6
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	82	93	238	96	16	100	339	95.2
1 Selected	6	7	11	4	0	0	17	4.8
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.



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38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	88	100	247	99	16	100	354	99.4
1 Selected	0	0	2	1	0	0	2	0.6
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	86	98	241	97	15	94	345	96.9
1 Selected	2	2	8	3	1	6	11	3.1
Valid responses =	88	25	249	70	16	4	356	39.0

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?

(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	99	76	238	74	16	73	356	74.5
2 Yes	28	21	75	23	4	18	107	22.4
3 Don't know	3	2	2	1	0	0	5	1.0
4 Not applicable	1	1	7	2	2	9	10	2.1
Valid responses =	131	27	322	67	22	5	478	52.4

Invalid responses include no response.

40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	125	95	308	96	22	100	458	95.8
2 Yes, unintentionally	1	1	11	3	0	0	12	2.5
3 Yes, intentionally	3	2	2	1	0	0	5	1.0
4 Don't know	2	2	1	0	0	0	3	0.6
Valid responses =	131	27	322	67	22	5	478	52.4

Invalid responses include no response.

40B) Within the last 12 months, to what extent did your pregnancy (or a partner's pregnancy) affect your academic performance?

(Please select the most serious outcome below) (only includes students or students with partners that have become pregnant in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Pregnancy did not affect my academics	2	50	10	77	0	0	12	70.6
2 Pregnancy negatively impacted my performance in a class	1	25	2	15	0	0	3	17.6
3 Pregnancy delayed progress towards my degree	1	25	1	8	0	0	2	11.8
Valid responses =	4	24	13	76	0	0	17	1.9

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

1 lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	13	5	13	2	2	4	29	3.2
2 Disagree	9	3	11	2	3	6	23	2.5
3 Slightly disagree	16	6	24	4	4	8	44	4.8
4 Neither agree nor disagree	23	8	64	11	16	32	104	11.4
5 Slightly agree	61	22	114	20	5	10	180	19.8
6 Agree	91	33	213	37	12	24	322	35.3
7 Strongly agree	66	24	135	24	8	16	209	22.9
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.



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41B) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	11	4	14	2	0	0	25	2.7
2 Disagree	5	2	7	1	2	4	14	1.5
3 Slightly disagree	14	5	16	3	4	8	34	3.7
4 Neither agree nor disagree	24	9	47	8	4	8	76	8.3
5 Slightly agree	53	19	110	19	12	24	176	19.3
6 Agree	114	41	226	39	19	38	364	40.0
7 Strongly agree	58	21	154	27	9	18	222	24.4
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	11	4	15	3	1	2	28	3.1
2 Disagree	16	6	13	2	5	10	34	3.7
3 Slightly disagree	11	4	42	7	7	14	60	6.6
4 Neither agree nor disagree	26	9	73	13	7	14	107	11.7
5 Slightly agree	62	22	142	25	15	30	223	24.5
6 Agree	102	37	192	33	10	20	306	33.6
7 Strongly agree	51	18	97	17	5	10	153	16.8
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	9	3	11	2	1	2	22	2.4
2 Disagree	7	3	9	2	1	2	17	1.9
3 Slightly disagree	1	0	13	2	2	4	16	1.8
4 Neither agree nor disagree	39	14	59	10	6	12	104	11.5
5 Slightly agree	58	21	109	19	14	29	182	20.0
6 Agree	89	32	223	39	11	22	327	36.0
7 Strongly agree	75	27	149	26	14	29	240	26.4
Valid responses =	278	31	573	63	49	5	908	99.5

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	7	3	9	2	0	0	16	1.8
2 Disagree	2	1	6	1	1	2	9	1.0
3 Slightly disagree	10	4	15	3	6	12	33	3.6
4 Neither agree nor disagree	16	6	48	8	1	2	65	7.1
5 Slightly agree	47	17	98	17	16	32	164	18.0
6 Agree	115	41	219	38	15	30	351	38.5
7 Strongly agree	82	29	179	31	11	22	273	30.0
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	7	3	9	2	0	0	17	1.9
2 Disagree	4	1	6	1	3	6	13	1.4
3 Slightly disagree	9	3	21	4	3	6	33	3.6
4 Neither agree nor disagree	32	12	38	7	9	18	82	9.0
5 Slightly agree	49	18	88	15	16	32	154	16.9
6 Agree	108	39	234	41	12	24	356	39.1
7 Strongly agree	69	25	178	31	7	14	255	28.0
Valid responses =	278	31	574	63	50	5	910	99.7

Invalid responses include no response.



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41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	13	5	16	3	4	8	34	3.7
2 Disagree	10	4	12	2	5	10	27	3.0
3 Slightly disagree	15	5	23	4	5	10	43	4.7
4 Neither agree nor disagree	25	9	58	10	5	10	91	10.0
5 Slightly agree	54	19	103	18	14	28	173	19.0
6 Agree	81	29	192	33	7	14	282	31.0
7 Strongly agree	81	29	170	30	10	20	261	28.6
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	7	3	13	2	1	2	22	2.4
2 Disagree	9	3	1	0	2	4	12	1.3
3 Slightly disagree	2	1	14	2	5	10	21	2.3
4 Neither agree nor disagree	40	14	79	14	9	18	130	14.3
5 Slightly agree	64	23	111	19	13	26	191	21.0
6 Agree	97	35	239	42	12	24	350	38.4
7 Strongly agree	60	22	117	20	8	16	185	20.3
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.¹

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	7	3	5	1	1	2	13	1.4
1 Rarely true	6	2	11	2	2	4	19	2.1
2 Sometimes true	53	19	143	25	13	26	211	23.2
3 Often true	125	45	245	43	25	50	396	43.6
4 True nearly all the time	88	32	167	29	9	18	269	29.6
Valid responses =	279	31	571	63	50	6	908	99.5

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.¹

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	6	2	9	2	1	2	16	1.8
1 Rarely true	9	3	21	4	6	12	36	4.0
2 Sometimes true	44	16	129	23	12	24	189	20.8
3 Often true	121	44	231	40	20	40	375	41.3
4 True nearly all the time	98	35	182	32	11	22	292	32.2
Valid responses =	278	31	572	63	50	6	908	99.5

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	112	41	118	21	7	14	238	26.6
2 Yes	161	59	447	79	43	86	658	73.4
Valid responses =	273	30	565	63	50	6	896	98.1

Invalid responses include no response.



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44A) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	34	12	39	7	1	2	75	8.3
1 A little of the time	70	25	131	23	5	10	207	22.8
2 Some of the time	116	42	219	38	21	42	359	39.5
3 Most of the time	46	17	128	22	10	20	185	20.4
4 All of the time	12	4	56	10	13	26	83	9.1
Valid responses =	278	31	573	63	50	6	909	99.6

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	101	36	211	37	7	14	320	35.4
1 A little of the time	82	30	154	27	13	26	249	27.5
2 Some of the time	55	20	127	22	14	28	201	22.2
3 Most of the time	30	11	54	10	12	24	96	10.6
4 All of the time	10	4	22	4	4	8	38	4.2
Valid responses =	278	31	568	63	50	6	904	99.0

Invalid responses include no response.

44C) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	58	21	110	19	3	6	173	19.1
1 A little of the time	77	28	145	25	10	20	232	25.6
2 Some of the time	75	27	164	29	15	30	256	28.2
3 Most of the time	51	18	110	19	13	26	176	19.4
4 All of the time	16	6	43	8	9	18	70	7.7
Valid responses =	277	31	572	63	50	6	907	99.3

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	146	53	264	46	14	28	426	47.0
1 A little of the time	62	22	143	25	6	12	213	23.5
2 Some of the time	46	17	111	19	21	42	179	19.7
3 Most of the time	17	6	38	7	7	14	63	6.9
4 All of the time	7	3	16	3	2	4	26	2.9
Valid responses =	278	31	572	63	50	6	907	99.3

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	76	27	134	23	8	16	219	24.1
1 A little of the time	77	28	171	30	4	8	252	27.8
2 Some of the time	74	27	136	24	14	28	226	24.9
3 Most of the time	28	10	101	18	14	28	145	16.0
4 All of the time	22	8	31	5	10	20	65	7.2
Valid responses =	277	31	573	63	50	6	907	99.3

Invalid responses include no response.



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44F) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	152	55	316	55	16	32	485	53.5
1 A little of the time	62	22	124	22	8	16	198	21.8
2 Some of the time	35	13	67	12	18	36	120	13.2
3 Most of the time	12	4	41	7	3	6	56	6.2
4 All of the time	17	6	24	4	5	10	48	5.3
Valid responses =	278	31	572	63	50	6	907	99.3

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you. How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	123	44	233	41	14	28	372	40.9
2 Some of the time	107	38	245	43	27	54	381	41.9
3 Often	49	18	95	17	9	18	157	17.3
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you. How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	114	41	202	35	16	32	335	36.8
2 Some of the time	118	42	287	50	18	36	426	46.8
3 Often	47	17	84	15	16	32	149	16.4
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.

45C) Indicate how often each of the statements below is descriptive of you. How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	115	41	224	39	11	22	352	38.7
2 Some of the time	113	41	229	40	21	42	366	40.3
3 Often	51	18	119	21	18	36	191	21.0
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	255	92	517	91	36	72	813	89.7
2 Once or twice	19	7	41	7	10	20	70	7.7
3 Monthly	3	1	9	2	1	2	15	1.7
4 Weekly	1	0	3	1	2	4	6	0.7
5 Daily or almost daily	0	0	1	0	1	2	2	0.2
Valid responses =	278	31	571	63	50	6	906	99.2

Invalid responses include no response.

47A1) Within the last 12 months, have you had problems or challenges with any of the following?

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	126	45	287	50	17	34	433	47.6
2 Yes	153	55	286	50	33	66	477	52.4
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.

47A2) Within the last 12 months, have you had problems or challenges with any of the following?

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	168	60	325	57	27	54	522	57.4
2 Yes	111	40	248	43	23	46	388	42.6
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.



47A3) Within the last 12 months, have you had problems or challenges with any of the following?

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	135	48	241	42	12	25	391	43.0
2 Yes	144	52	332	58	37	76	518	57.0
Valid responses =	279	31	573	63	49	5	909	99.6

Invalid responses include no response.

47A4) Within the last 12 months, have you had problems or challenges with any of the following?

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	69	25	148	26	4	8	222	24.5
2 Yes	209	75	422	74	45	92	683	75.5
Valid responses =	278	31	570	63	49	5	905	99.1

Invalid responses include no response.

47A5) Within the last 12 months, have you had problems or challenges with any of the following?

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	249	90	510	90	41	82	806	89.1
2 Yes	28	10	60	11	9	18	99	10.9
Valid responses =	277	31	570	63	50	6	905	99.1

Invalid responses include no response.

47A6) Within the last 12 months, have you had problems or challenges with any of the following?

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	188	68	324	57	21	43	537	59.3
2 Yes	89	32	247	43	28	57	368	40.7
Valid responses =	277	31	571	63	49	5	905	99.1

Invalid responses include no response.

47A7) Within the last 12 months, have you had problems or challenges with any of the following?

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	185	66	367	64	27	55	582	64.2
2 Yes	94	34	204	36	22	45	325	35.8
Valid responses =	279	31	571	63	49	5	907	99.3

Invalid responses include no response.

47A8) Within the last 12 months, have you had problems or challenges with any of the following?

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	232	84	452	79	37	74	727	80.2
2 Yes	45	16	120	21	13	26	180	19.8
Valid responses =	277	31	572	63	50	6	907	99.3

Invalid responses include no response.

47A9) Within the last 12 months, have you had problems or challenges with any of the following?

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	240	86	469	82	37	74	750	82.8
2 Yes	38	14	101	18	13	26	156	17.2
Valid responses =	278	31	570	63	50	6	906	99.2

Invalid responses include no response.

47A10) Within the last 12 months, have you had problems or challenges with any of the following?

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	159	57	237	42	10	20	408	45.1
2 Yes	118	43	333	58	40	80	497	54.9
Valid responses =	277	31	570	63	50	6	905	99.1

Invalid responses include no response.



47A11) Within the last 12 months, have you had problems or challenges with any of the following?

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	182	65	306	54	20	40	512	56.4
2 Yes	97	35	265	46	30	60	396	43.6
Valid responses =	279	31	571	63	50	6	908	99.5

Invalid responses include no response.

47A12) Within the last 12 months, have you had problems or challenges with any of the following?

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	212	76	423	74	35	70	674	74.5
2 Yes	66	24	146	26	15	30	231	25.5
Valid responses =	278	31	569	63	50	6	905	99.1

Invalid responses include no response.

R47A13) Within the last 12 months, have you had problems or challenges with any of the following?

I was bullied (threats, rumors, physical or verbal attacks, or being excluded from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	264	95	541	95	43	86	855	94.2
2 Yes	14	5	31	5	7	14	53	5.8
Valid responses =	278	31	572	63	50	6	908	99.5

Invalid responses include no response.

R47A14) Within the last 12 months, have you had problems or challenges with any of the following?

I was cyberbullied (technology was used to harass, threaten, embarrass, or target me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	271	98	552	97	46	92	877	96.7
2 Yes	7	3	19	3	4	8	30	3.3
Valid responses =	278	31	571	63	50	6	907	99.3

Invalid responses include no response.

R47A15) Within the last 12 months, have you had problems or challenges with any of the following?

I was hazed (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation were used as a way of initiating me into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	98	559	98	49	100	889	98.0
2 Yes	5	2	13	2	0	0	18	2.0
Valid responses =	278	31	572	63	49	5	907	99.3

Invalid responses include no response.

R47A16) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced microaggression(s) directed at me (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	229	82	468	82	25	51	726	80.0
2 Yes	49	18	105	18	24	49	182	20.0
Valid responses =	278	31	573	63	49	5	908	99.5

Invalid responses include no response.

R47A17) Within the last 12 months, have you had problems or challenges with any of the following?

I was sexually harassed (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	269	97	529	93	42	86	847	93.4
2 Yes	9	3	43	8	7	14	60	6.6
Valid responses =	278	31	572	63	49	5	907	99.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2024

American College Health Association

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(410) 859-1500

www.acha.org

SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

**R47A18) Within the last 12 months, have you had problems or challenges with any of the following?
I experienced discrimination directed at me (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	247	89	507	89	36	72	798	87.7
2 Yes	32	12	66	12	14	28	112	12.3
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.

**47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)**
Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	1	2	1	0	0	4	0.8
2 Minimal Distress	31	20	36	13	5	15	73	15.3
3 Moderate Distress	71	46	111	39	16	49	200	41.9
4 High Distress	49	32	137	48	12	36	200	41.9
Valid responses =	153	32	286	60	33	7	477	52.2

Invalid responses include no response.

**47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)**
Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	5	5	3	1	0	0	9	2.3
2 Minimal Distress	31	28	62	25	8	35	102	26.4
3 Moderate Distress	38	34	98	40	9	39	147	38.0
4 High Distress	37	33	84	34	6	26	129	33.3
Valid responses =	111	29	247	64	23	6	387	42.4

Invalid responses include no response.

**47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)**
Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	1	2	1	0	0	4	0.8
2 Minimal Distress	50	35	56	17	7	19	113	21.9
3 Moderate Distress	51	35	137	42	15	41	206	40.0
4 High Distress	41	29	134	41	15	41	192	37.3
Valid responses =	144	28	329	64	37	7	515	56.4

Invalid responses include no response.

**47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)**
Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	4	2	8	2	1	2	13	1.9
2 Minimal Distress	80	38	130	31	12	27	223	32.8
3 Moderate Distress	82	39	167	40	20	44	269	39.6
4 High Distress	43	21	113	27	12	27	174	25.6
Valid responses =	209	31	418	62	45	7	679	74.4

Invalid responses include no response.

**47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)**
Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	11	3	5	0	0	6	6.1
2 Minimal Distress	10	36	23	38	5	56	38	38.4
3 Moderate Distress	6	21	19	32	3	33	30	30.3
4 High Distress	9	32	15	25	1	11	25	25.3
Valid responses =	28	28	60	61	9	9	99	10.8

Invalid responses include no response.



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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	3	2	1	0	0	5	1.4
2 Minimal Distress	33	37	70	29	8	29	111	30.4
3 Moderate Distress	30	34	97	40	10	36	139	38.1
4 High Distress	23	26	75	31	10	36	110	30.1
Valid responses =	89	24	244	67	28	8	365	40.0

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	6	6	6	3	0	0	13	4.0
2 Minimal Distress	35	37	62	31	6	29	104	32.2
3 Moderate Distress	27	29	73	36	11	52	112	34.7
4 High Distress	26	28	62	31	4	19	94	29.1
Valid responses =	94	29	203	63	21	7	323	35.4

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	7	6	5	0	0	9	5.0
2 Minimal Distress	16	36	54	45	2	15	72	40.0
3 Moderate Distress	16	36	32	27	7	54	55	30.6
4 High Distress	10	22	28	23	4	31	44	24.4
Valid responses =	45	25	120	67	13	7	180	19.7

Invalid responses include no response.

47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	4	11	9	9	0	0	14	9.0
2 Minimal Distress	20	53	51	51	7	54	80	51.3
3 Moderate Distress	11	29	31	31	4	31	46	29.5
4 High Distress	3	8	10	10	2	15	16	10.3
Valid responses =	38	24	101	65	13	8	156	17.1

Invalid responses include no response.

47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	6	5	7	2	2	5	15	3.0
2 Minimal Distress	58	50	117	35	8	20	183	37.1
3 Moderate Distress	31	27	122	37	19	48	176	35.7
4 High Distress	21	18	85	26	11	28	119	24.1
Valid responses =	116	24	331	67	40	8	493	54.0

Invalid responses include no response.

47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	6	6	12	5	0	0	18	4.6
2 Minimal Distress	39	40	91	35	8	27	141	35.7
3 Moderate Distress	28	29	98	37	13	43	139	35.2
4 High Distress	24	25	63	24	9	30	97	24.6
Valid responses =	97	25	264	67	30	8	395	43.3

Invalid responses include no response.



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May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	5	4	3	0	0	8	3.5
2 Minimal Distress	18	27	27	19	4	27	50	21.6
3 Moderate Distress	16	24	52	36	5	33	75	32.5
4 High Distress	29	44	63	43	6	40	98	42.4
Valid responses =	66	29	146	63	15	6	231	25.3

Invalid responses include no response.

47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	1	3	1	14	2	3.8
2 Minimal Distress	7	50	11	36	1	14	20	37.7
3 Moderate Distress	4	29	10	32	2	29	16	30.2
4 High Distress	3	21	9	29	3	43	15	28.3
Valid responses =	14	26	31	58	7	13	53	5.8

Invalid responses include no response.

47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	3	16	1	25	4	13.3
2 Minimal Distress	2	29	8	42	2	50	12	40.0
3 Moderate Distress	2	29	2	11	0	0	4	13.3
4 High Distress	3	43	6	32	1	25	10	33.3
Valid responses =	7	23	19	63	4	13	30	3.3

Invalid responses include no response.

47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	2	15	0	0	2	11.1
2 Minimal Distress	1	20	2	15	0	0	3	16.7
3 Moderate Distress	2	40	3	23	0	0	5	27.8
4 High Distress	2	40	6	46	0	0	8	44.4
Valid responses =	5	28	13	72	0	0	18	2.0

Invalid responses include no response.

47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	8	16	15	14	3	13	28	15.5
2 Minimal Distress	23	47	55	53	12	50	92	50.8
3 Moderate Distress	14	29	21	20	4	17	39	21.5
4 High Distress	4	8	13	13	5	21	22	12.2
Valid responses =	49	27	104	57	24	13	181	19.8

Invalid responses include no response.

47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?
(only includes students that had problems or challenges with this issue within the last 12 months)
Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	2	5	2	29	4	6.7
2 Minimal Distress	5	56	13	30	2	29	20	33.3
3 Moderate Distress	3	33	13	30	3	43	19	31.7
4 High Distress	1	11	15	35	0	0	17	28.3
Valid responses =	9	15	43	72	7	12	60	6.6

Invalid responses include no response.



47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	6	7	11	0	0	9	8.0
2 Minimal Distress	16	50	28	42	6	43	50	44.6
3 Moderate Distress	8	25	21	32	5	36	34	30.4
4 High Distress	6	19	10	15	3	21	19	17.0
Valid responses =	32	29	66	59	14	13	112	12.3

Invalid responses include no response.

47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	61	55	141	57	12	52	219	56.4
2 Negatively impacted performance in a class	37	33	83	34	10	44	131	33.8
3 Delayed progress towards degree	13	12	24	10	1	4	38	9.8
Valid responses =	111	29	248	64	23	6	388	42.5

Invalid responses include no response.

47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	76	53	199	60	21	57	298	57.8
2 Negatively impacted performance in a class	51	35	88	27	11	30	153	29.7
3 Delayed progress towards degree	17	12	43	13	5	14	65	12.6
Valid responses =	144	28	330	64	37	7	516	56.5

Invalid responses include no response.

47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	53	25	137	33	10	23	200	29.5
2 Negatively impacted performance in a class	131	63	227	54	30	68	393	58.1
3 Delayed progress towards degree	25	12	53	13	4	9	84	12.4
Valid responses =	209	31	417	62	44	6	677	74.2

Invalid responses include no response.

47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	10	36	28	47	4	44	42	42.4
2 Negatively impacted performance in a class	10	36	22	37	5	56	39	39.4
3 Delayed progress towards degree	8	29	10	17	0	0	18	18.2
Valid responses =	28	28	60	61	9	9	99	10.8

Invalid responses include no response.

47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	48	55	156	63	17	61	222	60.7
2 Negatively impacted performance in a class	33	38	76	31	6	21	118	32.2
3 Delayed progress towards degree	7	8	14	6	5	18	26	7.1
Valid responses =	88	24	246	67	28	8	366	40.1

Invalid responses include no response.



47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	57	61	130	65	13	59	204	63.6
2 Negatively impacted performance in a class	31	33	61	30	7	32	100	31.2
3 Delayed progress towards degree	5	5	10	5	2	9	17	5.3
Valid responses =	93	29	201	63	22	7	321	35.2

Invalid responses include no response.

47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	29	66	85	72	6	46	120	67.8
2 Negatively impacted performance in a class	12	27	26	22	6	46	46	26.0
3 Delayed progress towards degree	3	7	7	6	1	8	11	6.2
Valid responses =	44	25	118	67	13	7	177	19.4

Invalid responses include no response.

47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	26	68	75	76	9	69	112	72.7
2 Negatively impacted performance in a class	8	21	18	18	4	31	32	20.8
3 Delayed progress towards degree	4	11	6	6	0	0	10	6.5
Valid responses =	38	25	99	64	13	8	154	16.9

Invalid responses include no response.

47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	95	81	281	85	31	78	411	83.4
2 Negatively impacted performance in a class	19	16	40	12	8	20	69	14.0
3 Delayed progress towards degree	3	3	9	3	1	3	13	2.6
Valid responses =	117	24	330	67	40	8	493	54.0

Invalid responses include no response.

47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	63	65	172	65	20	67	258	65.3
2 Negatively impacted performance in a class	26	27	80	30	7	23	114	28.9
3 Delayed progress towards degree	8	8	12	5	3	10	23	5.8
Valid responses =	97	25	264	67	30	8	395	43.3

Invalid responses include no response.

47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	34	52	74	51	9	60	120	51.9
2 Negatively impacted performance in a class	20	30	55	38	4	27	80	34.6
3 Delayed progress towards degree	12	18	17	12	2	13	31	13.4
Valid responses =	66	29	146	63	15	6	231	25.3

Invalid responses include no response.



47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	7	50	18	58	5	71	31	58.5
2 Negatively impacted performance in a class	6	43	8	26	1	14	15	28.3
3 Delayed progress towards degree	1	7	5	16	1	14	7	13.2
Valid responses =	14	26	31	58	7	13	53	5.8

Invalid responses include no response.

47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	57	12	63	4	100	20	66.7
2 Negatively impacted performance in a class	2	29	5	26	0	0	7	23.3
3 Delayed progress towards degree	1	14	2	11	0	0	3	10.0
Valid responses =	7	23	19	63	4	13	30	3.3

Invalid responses include no response.

47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	20	4	31	0	0	5	27.8
2 Negatively impacted performance in a class	3	60	6	46	0	0	9	50.0
3 Delayed progress towards degree	1	20	3	23	0	0	4	22.2
Valid responses =	5	28	13	72	0	0	18	2.0

Invalid responses include no response.

47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	39	80	78	75	20	83	140	77.3
2 Negatively impacted performance in a class	8	16	20	19	3	13	32	17.7
3 Delayed progress towards degree	2	4	6	6	1	4	9	5.0
Valid responses =	49	27	104	57	24	13	181	19.8

Invalid responses include no response.

47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6	67	30	70	7	100	44	73.3
2 Negatively impacted performance in a class	2	22	7	16	0	0	9	15.0
3 Delayed progress towards degree	1	11	6	14	0	0	7	11.7
Valid responses =	9	15	43	72	7	12	60	6.6

Invalid responses include no response.

47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Discrimination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	23	72	44	68	12	86	79	71.2
2 Negatively impacted performance in a class	8	25	16	25	2	14	26	23.4
3 Delayed progress towards degree	1	3	5	8	0	0	6	5.4
Valid responses =	32	29	65	59	14	13	111	12.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	8	3	3	1	0	0	12	1.3
2 Low	87	31	113	20	4	8	205	22.5
3 Moderate	139	50	298	52	31	62	469	51.5
4 High	45	16	159	28	15	30	224	24.6
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.

49) Have you ever thought about or attempted to kill yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	172	62	326	57	7	14	507	55.8
2 Just a brief passing thought	55	20	135	24	11	22	203	22.4
3 Planned at least once, but did not try to do it	25	9	58	10	13	26	97	10.7
4 Planned at least once, wanted to die	16	6	22	4	7	14	45	5.0
5 Attempted, but did not want to die	6	2	17	3	5	10	28	3.1
6 Attempted, really hoped to die	5	2	14	2	7	14	28	3.1
Valid responses =	279	31	572	63	50	6	908	99.5

Invalid responses include no response.

50) How often have you thought about killing yourself in the past year?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	206	74	429	75	17	34	654	72.1
2 Rarely (1 time)	32	12	49	9	13	26	97	10.7
3 Sometimes (2 times)	13	5	45	8	8	16	66	7.3
4 Often (3-4 times)	8	3	19	3	7	14	34	3.7
5 Very often (5 or more times)	20	7	29	5	5	10	56	6.2
Valid responses =	279	31	571	63	50	6	907	99.3

Invalid responses include no response.

51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	234	84	460	81	26	52	727	80.2
2 Yes, one time, did not want to die	23	8	60	11	5	10	88	9.7
3 Yes, one time, wanted to die	10	4	23	4	7	14	40	4.4
4 Yes, more than once, did not want to do it	10	4	16	3	6	12	32	3.5
5 Yes, more than once, wanted to do it	2	1	12	2	6	12	20	2.2
Valid responses =	279	31	571	63	50	6	907	99.3

Invalid responses include no response.

52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	199	71	418	73	14	28	633	69.7
1 No chance at all	19	7	50	9	5	10	76	8.4
2 Rather unlikely	39	14	74	13	19	38	133	14.6
3 Unlikely	11	4	15	3	7	14	33	3.6
4 Likely	8	3	8	1	2	4	18	2.0
5 Rather likely	2	1	4	1	2	4	8	0.9
6 Very likely	1	0	3	1	1	2	7	0.8
Valid responses =	279	31	572	63	50	6	908	99.5

Invalid responses include no response.

53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	98	558	98	49	98	887	98.2
2 Yes	5	2	9	2	1	2	16	1.8
Valid responses =	278	31	567	63	50	6	903	98.9

Invalid responses include no response.

54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	186	67	297	52	6	12	490	53.9
2 Yes	93	33	275	48	44	88	419	46.1
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.



54B) Within in the last 12 months, have you received psychological or mental health services?

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a note: Invalid responses include no response.

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a note: Invalid responses include no response.

MH1) Have you ever been prescribed medication for a mental health condition?

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a note: Invalid responses include no response.

MH2) When were you first prescribed medication for a mental health condition? (only students that were ever prescribed medication for a mental health condition)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Before starting at your current college/university, 2 After starting at your current college/university, Valid responses =. Includes a note: Invalid responses include no response.

MH3) Were you prescribed medication for a mental health condition in the last 12 months? (only students that were ever prescribed medication for a mental health condition)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a note: Invalid responses include no response.

MH4) Have you ever had counseling for a mental health condition?

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a note: Invalid responses include no response.

MH5) When did you first start counseling for a mental health condition? (only students that have ever had counseling for a mental health condition)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Before starting at your current college/university, 2 After starting at your current college/university, Valid responses =. Includes a note: Invalid responses include no response.

MH6) Have you had counseling for a mental health condition in the last 12 months? (only students that have ever had counseling for a mental health condition)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a note: Invalid responses include no response.



56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	191	69	270	47	21	42	488	53.7
2 Yes	12	4	292	51	21	42	327	36.0
3 Don't know	9	3	7	1	2	4	18	2.0
4 Not applicable	67	24	3	1	6	12	76	8.4
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.

57) Have you had a dental exam and cleaning in the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	84	30	170	30	20	40	277	30.4
2 Yes	191	69	389	68	29	58	614	67.4
3 Don't know	4	1	15	3	1	2	20	2.2
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

58) When you are outdoors in the sun, how often do you wear sunscreen?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	64	23	30	5	6	12	101	11.1
2 Rarely	93	33	103	18	14	28	211	23.2
3 Sometimes	67	24	145	25	18	36	234	25.7
4 Usually	42	15	191	33	9	18	244	26.8
5 Always	13	5	105	18	3	6	121	13.3
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear a shirt with sleeves

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	38	14	69	12	10	20	117	12.9
2 Rarely	48	17	101	18	6	12	156	17.2
3 Sometimes	73	26	199	35	17	34	291	32.0
4 Usually	83	30	146	26	13	26	244	26.9
5 Always	35	13	58	10	4	8	100	11.0
Valid responses =	277	31	573	63	50	6	908	99.5

Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear sunglasses

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	64	23	108	19	13	26	188	20.7
2 Rarely	50	18	106	19	10	20	166	18.2
3 Sometimes	75	27	129	23	14	28	220	24.2
4 Usually	51	18	147	26	5	10	205	22.5
5 Always	38	14	84	15	8	16	131	14.4
Valid responses =	278	31	574	63	50	5	910	99.7

Invalid responses include no response.

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Stay in the shade

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	23	8	14	3	3	6	40	4.4
2 Rarely	20	7	51	9	3	6	74	8.2
3 Sometimes	99	36	186	33	15	30	300	33.1
4 Usually	116	42	260	46	25	50	405	44.7
5 Always	19	7	60	11	4	8	87	9.6
Valid responses =	277	31	571	63	50	6	906	99.2

Invalid responses include no response.



59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	66	24	186	32	12	24	267	29.3
2 Rarely	48	17	125	22	13	26	190	20.9
3 Sometimes	84	30	162	28	15	30	262	28.8
4 Usually	52	19	80	14	8	16	140	15.4
5 Always	28	10	21	4	2	4	51	5.6
Valid responses =	278	31	574	63	50	5	910	99.7

Invalid responses include no response.

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	209	76	360	64	39	80	613	68.3
1 1 time	11	4	20	4	1	2	32	3.6
2 2 times	10	4	35	6	0	0	46	5.1
3 3 times	9	3	16	3	1	2	26	2.9
4 4 times	3	1	16	3	0	0	19	2.1
5 5 times	10	4	22	4	2	4	34	3.8
6 6 to 10 times	8	3	36	6	3	6	48	5.4
7 11 to 15 times	5	2	11	2	1	2	17	1.9
8 16 to 20 times	2	1	11	2	1	2	14	1.6
9 21 to 49 times	2	1	19	3	1	2	22	2.5
10 50 or More times	6	2	20	4	0	0	26	2.9
Valid responses =	275	31	566	63	49	5	897	98.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.03	0.00	13.76	0	180
Cis Women	7.07	0.00	28.7	0	365
Trans/Gender Non-conforming	2.22	0.00	5.85	0	30
Overall	5.53	0.00	24.15	0	365

61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	59	21	99	17	8	16	166	18.3
2 Have started, but not completed HPV vaccine	5	2	28	5	1	2	35	3.9
3 Completed HPV vaccine	85	31	255	45	24	48	368	40.5
4 I don't know my HPV vaccination status	130	47	189	33	17	34	339	37.3
Valid responses =	279	31	571	63	50	6	908	99.5

Invalid responses include no response.

62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	118	42	281	49	19	38	418	45.9
2 Yes	132	47	247	43	26	52	411	45.2
3 Don't know	29	10	45	8	5	10	81	8.9
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.

COVIDVAXD) Have you received at least one dose of a COVID-19 vaccine?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	24	9	44	8	2	4	70	7.7
2 Yes	247	89	521	91	46	92	822	90.4
3 Not sure	8	3	7	1	2	4	17	1.9
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.

COVIDVAXE) Have you received a COVID-19 vaccine in the last 12 months? (only students that have received at least one dose of a COVID-19 vaccine)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	156	63	361	69	24	52	544	66.2
2 Yes	80	32	129	25	20	44	233	28.3
3 Not sure	11	5	31	6	2	4	45	5.5
Valid responses =	247	30	521	63	46	6	822	90.0

Invalid responses include no response.



COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	231	83	439	77	38	76	716	78.7
2 Yes	48	17	134	23	12	24	194	21.3
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.

63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	99	559	98	49	98	891	98.1
2 Yes	2	1	14	2	1	2	17	1.9
Valid responses =	278	31	573	63	50	6	908	99.5

Invalid responses include no response.

63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	100	563	98	50	100	897	98.9
2 Yes	1	0	9	2	0	0	10	1.1
Valid responses =	278	31	572	63	50	6	907	99.3

Invalid responses include no response.

63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	99	558	100	48	100	886	99.3
2 Yes	3	1	3	1	0	0	6	0.7
Valid responses =	276	31	561	63	48	5	892	97.7

Invalid responses include no response.

63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	214	77	398	70	28	56	646	71.4
2 Yes	63	23	173	30	22	44	259	28.6
Valid responses =	277	31	571	63	50	6	905	99.1

Invalid responses include no response.



63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	99	558	98	50	100	891	98.5
2 Yes	2	1	12	2	0	0	14	1.5
Valid responses =	278	31	570	63	50	6	905	99.1

Invalid responses include no response.

63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	100	565	99	49	100	897	99.4
2 Yes	1	0	4	1	0	0	5	0.6
Valid responses =	277	31	569	63	49	5	902	98.8

Invalid responses include no response.

63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	249	90	481	84	41	82	777	86.0
2 Yes	27	10	89	16	9	18	126	14.0
Valid responses =	276	31	570	63	50	6	903	98.9

Invalid responses include no response.

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	100	567	100	50	100	900	99.8
2 Yes	0	0	2	0	0	0	2	0.2
Valid responses =	276	31	569	63	50	6	902	98.8

Invalid responses include no response.

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	100	564	99	48	98	896	99.4
2 Yes	0	0	4	1	1	2	5	0.6
Valid responses =	277	31	568	63	49	5	901	98.7

Invalid responses include no response.

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	266	96	546	95	48	96	867	95.6
2 Yes	11	4	27	5	2	4	40	4.4
Valid responses =	277	31	573	63	50	6	907	99.3

Invalid responses include no response.

63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	278	100	564	99	50	100	899	99.4
2 Yes	0	0	5	1	0	0	5	0.6
Valid responses =	278	31	569	63	50	6	904	99.0

Invalid responses include no response.

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	274	99	562	99	48	98	891	98.7
2 Yes	4	1	7	1	1	2	12	1.3
Valid responses =	278	31	569	63	49	5	903	98.9

Invalid responses include no response.



63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	274	100	565	100	50	100	896	99.7
2 Yes	1	0	2	0	0	0	3	0.3
Valid responses =	275	31	567	63	50	6	899	98.5

Invalid responses include no response.

63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	271	98	526	92	46	92	849	93.7
2 Yes	7	3	45	8	4	8	57	6.3
Valid responses =	278	31	571	63	50	6	906	99.2

Invalid responses include no response.

63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	275	99	490	86	44	88	815	90.1
2 Yes	3	1	80	14	6	12	90	9.9
Valid responses =	278	31	570	63	50	6	905	99.1

Invalid responses include no response.

63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	223	99	447	97	40	98	715	97.4
2 Yes	3	1	15	3	1	2	19	2.6
Valid responses =	226	31	462	63	41	6	734	80.4

Invalid responses include no response.

63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	6	46	1	100	7	43.8
2 Negatively impacted performance in a class	2	100	6	46	0	0	8	50.0
3 Delayed progress towards degree	0	0	1	8	0	0	1	6.3
Valid responses =	2	13	13	81	1	6	16	1.8

Invalid responses include no response.

63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	5	71	0	0	6	75.0
2 Negatively impacted performance in a class	0	0	1	14	0	0	1	12.5
3 Delayed progress towards degree	0	0	1	14	0	0	1	12.5
Valid responses =	1	13	7	88	0	0	8	0.9

Invalid responses include no response.

63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	33	2	67	0	0	3	50.0
2 Negatively impacted performance in a class	2	67	0	0	0	0	2	33.3
3 Delayed progress towards degree	0	0	1	33	0	0	1	16.7
Valid responses =	3	50	3	50	0	0	6	0.7

Invalid responses include no response.



63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =.

Invalid responses include no response.

63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Concussion

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =.

Invalid responses include no response.

63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Gonorrhea

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =.

Invalid responses include no response.

63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Flu (influenza) or flu-like illness

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =.

Invalid responses include no response.

63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mumps

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =.

Invalid responses include no response.

63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mononucleosis (mono)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =.

Invalid responses include no response.



63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	10	91	16	59	1	50	27	67.5
2 Negatively impacted performance in a class	1	9	8	30	1	50	10	25.0
3 Delayed progress towards degree	0	0	3	11	0	0	3	7.5
Valid responses =	11	28	27	68	2	5	40	4.4

Invalid responses include no response.

63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	2	50	0	0	2	50.0
2 Negatively impacted performance in a class	0	0	1	25	0	0	1	25.0
3 Delayed progress towards degree	0	0	1	25	0	0	1	25.0
Valid responses =	0	0	4	100	0	0	4	0.4

Invalid responses include no response.

63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3	75	2	29	1	100	6	50.0
2 Negatively impacted performance in a class	0	0	3	43	0	0	3	25.0
3 Delayed progress towards degree	1	25	2	29	0	0	3	25.0
Valid responses =	4	33	7	58	1	8	12	1.3

Invalid responses include no response.

63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	1	50	0	0	1	33.3
2 Negatively impacted performance in a class	1	100	0	0	0	0	1	33.3
3 Delayed progress towards degree	0	0	1	50	0	0	1	33.3
Valid responses =	1	33	2	67	0	0	3	0.3

Invalid responses include no response.

63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	57	28	62	3	75	36	63.2
2 Negatively impacted performance in a class	2	29	13	29	1	25	16	28.1
3 Delayed progress towards degree	1	14	4	9	0	0	5	8.8
Valid responses =	7	12	45	79	4	7	57	6.2

Invalid responses include no response.

63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3	100	57	71	4	67	64	71.1
2 Negatively impacted performance in a class	0	0	22	28	2	33	25	27.8
3 Delayed progress towards degree	0	0	1	1	0	0	1	1.1
Valid responses =	3	3	80	89	6	7	90	9.9

Invalid responses include no response.



63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3	100	6	43	0	0	9	50.0
2 Negatively impacted performance in a class	0	0	6	43	1	100	7	38.9
3 Delayed progress towards degree	0	0	2	14	0	0	2	11.1
Valid responses =	3	17	14	78	1	6	18	2.0

Invalid responses include no response.

64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	28	10	73	13	10	20	111	12.2
2 Yes, more than 12 months ago	32	12	80	14	7	14	119	13.1
3 No	205	74	372	65	30	60	615	67.7
4 Unsure	14	5	47	8	3	6	64	7.0
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.

64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	271	97	563	98	50	100	892	98.1
2 Yes	8	3	9	2	0	0	17	1.9
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.

65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	222	80	395	70	23	46	643	71.2
2 Yes	56	20	173	31	27	54	260	28.8
Valid responses =	278	31	568	63	50	6	903	98.9

Invalid responses include no response.

65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	91	525	92	39	80	820	91.0
2 Yes	24	9	43	8	10	20	81	9.0
Valid responses =	277	31	568	63	49	5	901	98.7

Invalid responses include no response.

65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	99	563	98	49	98	891	98.5
2 Yes	3	1	9	2	1	2	14	1.5
Valid responses =	276	30	572	63	50	6	905	99.1

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	258	93	506	89	41	82	812	89.8
2 Yes	20	7	63	11	9	18	92	10.2
Valid responses =	278	31	569	63	50	6	904	99.0

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	91	518	91	40	80	816	90.5
2 Yes	26	9	50	9	10	20	86	9.5
Valid responses =	277	31	568	63	50	6	902	98.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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Institutional Data Report - Spring 2024

American College Health Association

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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	207	75	402	71	29	59	643	71.1
2 Yes	71	26	168	30	20	41	261	28.9
Valid responses =	278	31	570	63	49	5	904	99.0

Invalid responses include no response.

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	244	88	384	68	14	28	645	71.4
2 Yes	34	12	184	32	36	72	258	28.6
Valid responses =	278	31	568	63	50	6	903	98.9

Invalid responses include no response.

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	212	77	453	80	36	72	707	78.3
2 Yes	64	23	117	21	14	28	196	21.7
Valid responses =	276	31	570	63	50	6	903	98.9

Invalid responses include no response.

65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	274	99	553	97	43	86	876	97.1
2 Yes	3	1	15	3	7	14	26	2.9
Valid responses =	277	31	568	63	50	6	902	98.8

Invalid responses include no response.

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	99	553	97	47	94	880	97.2
2 Yes	4	1	18	3	3	6	25	2.8
Valid responses =	277	31	571	63	50	6	905	99.1

Invalid responses include no response.

65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	99	563	99	47	94	893	98.7
2 Yes	2	1	7	1	3	6	12	1.3
Valid responses =	278	31	570	63	50	6	905	99.1

Invalid responses include no response.

65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	274	99	566	99	50	100	897	99.1
2 Yes	4	1	4	1	0	0	8	0.9
Valid responses =	278	31	570	63	50	6	905	99.1

Invalid responses include no response.

65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	278	100	558	99	50	100	892	99.2
2 Yes	0	0	7	1	0	0	7	0.8
Valid responses =	278	31	565	63	50	6	899	98.5

Invalid responses include no response.



65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	260	94	528	92	41	82	835	92.2
2 Yes	17	6	44	8	9	18	71	7.8
Valid responses =	277	31	572	63	50	6	906	99.2

Invalid responses include no response.

65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	240	86	424	75	19	38	686	76.0
2 Yes	38	14	144	25	31	62	217	24.0
Valid responses =	278	31	568	63	50	6	903	98.9

Invalid responses include no response.

65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	268	97	535	94	46	92	856	94.9
2 Yes	8	3	34	6	4	8	46	5.1
Valid responses =	276	31	569	63	50	6	902	98.8

Invalid responses include no response.

65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	271	98	532	94	41	82	850	94.3
2 Yes	5	2	36	6	9	18	51	5.7
Valid responses =	276	31	568	63	50	6	901	98.7

Invalid responses include no response.

65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	100	555	98	49	98	889	98.6
2 Yes	0	0	12	2	1	2	13	1.4
Valid responses =	277	31	567	63	50	6	901	98.7

Invalid responses include no response.

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	100	566	100	50	100	899	99.9
2 Yes	0	0	1	0	0	0	1	0.1
Valid responses =	276	31	567	63	50	6	900	98.6

Invalid responses include no response.

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	275	100	558	98	49	100	889	98.9
2 Yes	1	0	9	2	0	0	10	1.1
Valid responses =	276	31	567	63	49	5	899	98.5

Invalid responses include no response.

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	272	98	532	93	47	94	858	94.9
2 Yes	5	2	38	7	3	6	46	5.1
Valid responses =	277	31	570	63	50	6	904	99.0

Invalid responses include no response.



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 FREQUENCY REPORT
 Number of Surveys (n) = 913 Web Surveys

**65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	272	98	565	99	46	92	890	98.1
2 Yes	6	2	7	1	4	8	17	1.9
Valid responses =	278	31	572	63	50	6	907	99.3

Invalid responses include no response.

**65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Hepatitis B or C**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	278	100	567	100	50	100	902	99.7
2 Yes	0	0	3	1	0	0	3	0.3
Valid responses =	278	31	570	63	50	6	905	99.1

Invalid responses include no response.

**65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 High blood pressure (hypertension)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	258	94	544	96	44	88	853	94.7
2 Yes	18	7	24	4	6	12	48	5.3
Valid responses =	276	31	568	63	50	6	901	98.7

Invalid responses include no response.

**65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 High cholesterol (hyperlipidemia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	271	98	549	97	47	94	874	96.8
2 Yes	6	2	20	4	3	6	29	3.2
Valid responses =	277	31	569	63	50	6	903	98.9

Invalid responses include no response.

**65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 HIV or AIDS**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	272	100	560	100	50	100	889	99.8
2 Yes	0	0	2	0	0	0	2	0.2
Valid responses =	272	31	562	63	50	6	891	97.6

Invalid responses include no response.

**65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Human papillomavirus (HPV) or genital warts**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	278	100	550	98	50	100	885	98.4
2 Yes	0	0	14	3	0	0	14	1.6
Valid responses =	278	31	564	63	50	6	899	98.5

Invalid responses include no response.

**65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Insomnia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	263	95	531	95	40	80	839	93.7
2 Yes	13	5	31	6	10	20	56	6.3
Valid responses =	276	31	562	63	50	6	895	98.0

Invalid responses include no response.

**65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Irritable bowel syndrome (spastic colon or spastic bowel)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	275	100	530	94	46	92	858	95.5
2 Yes	1	0	35	6	4	8	40	4.5
Valid responses =	276	31	565	63	50	6	898	98.4

Invalid responses include no response.



**65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Long COVID or having a Post-COVID Condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	99.3	563	98.6	47	94	893	98.6
2 Yes	2	0.7	8	1.4	3	6	13	1.4
Valid responses =	278	31	571	63	50	6	906	99.2

Invalid responses include no response.

**65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Migraine headaches**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	262	95	475	84	39	80	781	87.4
2 Yes	14	5	88	16	10	20	113	12.6
Valid responses =	276	31	563	63	49	5	894	97.9

Invalid responses include no response.

**65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	98	540	95	47	94	867	95.7
2 Yes	5	2	31	5	3	6	39	4.3
Valid responses =	278	31	571	63	50	6	906	99.2

Invalid responses include no response.

**65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Polycystic Ovarian Syndrome (PCOS)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	275	100	541	96	46	92	869	96.9
2 Yes	0	0	24	4	4	8	28	3.1
Valid responses =	275	31	565	63	50	6	897	98.2

Invalid responses include no response.

**65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	269	97	521	91	33	67	829	91.6
2 Yes	8	3	51	9	16	33	76	8.4
Valid responses =	277	31	572	63	49	5	905	99.1

Invalid responses include no response.

**65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	278	100	566	100	47	94	898	99.4
2 Yes	0	0	2	0	3	6	5	0.6
Valid responses =	278	31	568	63	50	6	903	98.9

Invalid responses include no response.

**65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
 Sleep Apnea**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	265	96	554	98	46	92	872	96.8
2 Yes	11	4	14	3	4	8	29	3.2
Valid responses =	276	31	568	63	50	6	901	98.7

Invalid responses include no response.



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65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	100	542	95	48	96	874	96.9
2 Yes	0	0	26	5	2	4	28	3.1
Valid responses =	277	31	568	63	50	6	902	98.8

Invalid responses include no response.

65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	99	567	100	49	98	899	99.4
2 Yes	2	1	2	0	1	2	5	0.6
Valid responses =	278	31	569	63	50	6	904	99.0

Invalid responses include no response.

65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	277	100	566	100	49	98	899	99.6
2 Yes	1	0	2	0	1	2	4	0.4
Valid responses =	278	31	568	63	50	6	903	98.9

Invalid responses include no response.

65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	275	99	562	98	50	100	894	98.7
2 Yes	3	1	9	2	0	0	12	1.3
Valid responses =	278	31	571	63	50	6	906	99.2

Invalid responses include no response.

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	260	99	495	94	41	85	803	94.9
2 Yes	4	2	32	6	7	15	43	5.1
Valid responses =	264	31	527	62	48	6	846	92.7

Invalid responses include no response.

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	26	90	4	67	31	86.1
2 Yes	0	0	3	10	2	33	5	13.9
Valid responses =	1	3	29	81	6	17	36	3.9

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	21	75	4	57	26	70.3
2 Yes	1	50	7	25	3	43	11	29.7
Valid responses =	2	5	28	76	7	19	37	4.1

Invalid responses include no response.



65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	22	79	5	83	28	80.0
2 Yes	0	0	6	21	1	17	7	20.0
Valid responses =	1	3	28	80	6	17	35	3.8

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	26	90	4	67	31	83.8
2 Yes	1	50	3	10	2	33	6	16.2
Valid responses =	2	5	29	78	6	16	37	4.1

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	26	90	5	83	32	88.9
2 Yes	0	0	3	10	1	17	4	11.1
Valid responses =	1	3	29	81	6	17	36	3.9

Invalid responses include no response.

65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Digestive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	25	86	4	67	29	80.6
2 Yes	1	100	4	14	2	33	7	19.4
Valid responses =	1	3	29	81	6	17	36	3.9

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Endocrine system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	26	93	5	83	32	91.4
2 Yes	0	0	2	7	1	17	3	8.6
Valid responses =	1	3	28	80	6	17	35	3.8

Invalid responses include no response.

65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Eye/ear/nose/throat disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	23	82	4	67	28	80.0
2 Yes	0	0	5	18	2	33	7	20.0
Valid responses =	1	3	28	80	6	17	35	3.8

Invalid responses include no response.

65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Heart & vascular disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	28	97	5	71	34	89.5
2 Yes	1	50	1	3	2	29	4	10.5
Valid responses =	2	5	29	76	7	18	38	4.2

Invalid responses include no response.



65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Infectious disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	26	90	6	100	33	91.7
2 Yes	0	0	3	10	0	0	3	8.3
Valid responses =	1	3	29	81	6	17	36	3.9

Invalid responses include no response.

65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Mental health/psychological disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	20	71	2	33	23	65.7
2 Yes	0	0	8	29	4	67	12	34.3
Valid responses =	1	3	28	80	6	17	35	3.8

Invalid responses include no response.

65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Musculoskeletal disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	26	87	6	100	33	86.8
2 Yes	1	50	4	13	0	0	5	13.2
Valid responses =	2	5	30	79	6	16	38	4.2

Invalid responses include no response.

65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Reproductive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	27	96	6	100	34	97.1
2 Yes	0	0	1	4	0	0	1	2.9
Valid responses =	1	3	28	80	6	17	35	3.8

Invalid responses include no response.

65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Respiratory disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	26	90	5	83	32	88.9
2 Yes	0	0	3	10	1	17	4	11.1
Valid responses =	1	3	29	81	6	17	36	3.9

Invalid responses include no response.

65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Sleep-wake disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	25	86	6	100	32	88.9
2 Yes	0	0	4	14	0	0	4	11.1
Valid responses =	1	3	29	81	6	17	36	3.9

Invalid responses include no response.

65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Urinary system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	25	89	6	100	32	91.4
2 Yes	0	0	3	11	0	0	3	8.6
Valid responses =	1	3	28	80	6	17	35	3.8

Invalid responses include no response.



65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Other ongoing or chronic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	14	56	2	67	17	58.6
2 Yes	0	0	11	44	1	33	12	41.4
Valid responses =	1	3	25	86	3	10	29	3.2

Invalid responses include no response.

65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Anaphylaxis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	1	50	2	50.0
2 Yes	0	0	1	50	1	50	2	50.0
Valid responses =	0	0	2	50	2	50	4	0.4

Invalid responses include no response.

65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Medication allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	1	50	1	20.0
2 Yes	0	0	3	100	1	50	4	80.0
Valid responses =	0	0	3	60	2	40	5	0.5

Invalid responses include no response.

65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	2	100	3	75.0
2 Yes	0	0	1	50	0	0	1	25.0
Valid responses =	0	0	2	50	2	50	4	0.4

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	2	100	4	80.0
2 Yes	0	0	1	33	0	0	1	20.0
Valid responses =	0	0	3	60	2	40	5	0.5

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	1	50	2	50.0
2 Yes	0	0	1	50	1	50	2	50.0
Valid responses =	0	0	2	50	2	50	4	0.4

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	1	100	1	50.0
2 Yes	0	0	1	100	0	0	1	50.0
Valid responses =	0	0	1	50	1	50	2	0.2

Invalid responses include no response.



65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Other allergic or immunologic condition

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total Pct. row.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Rheumatoid Arthritis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total Pct. row.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Scleroderma

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total Pct. row.

65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Systemic Lupus Erythematosus

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total Pct. row.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Other autoimmune disorder not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total Pct. row.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
(only includes students that selected having an ongoing/chronic blood disorder not listed above)
Anemia

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total Pct. row.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
(only includes students that selected having an ongoing/chronic blood disorder not listed above)
Hemophilia

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total Pct. row.



65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	83	1	100	6	85.7
2 Yes	0	0	1	17	0	0	1	14.3
Valid responses =	0	0	6	86	1	14	7	0.8

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	83	1	100	6	85.7
2 Yes	0	0	1	17	0	0	1	14.3
Valid responses =	0	0	6	86	1	14	7	0.8

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	83	1	100	6	85.7
2 Yes	0	0	1	17	0	0	1	14.3
Valid responses =	0	0	6	86	1	14	7	0.8

Invalid responses include no response.

65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	1	100	4	80.0
2 Yes	0	0	1	25	0	0	1	20.0
Valid responses =	0	0	4	80	1	20	5	0.5

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	2	100	3	60.0
2 Yes	0	0	2	67	0	0	2	40.0
Valid responses =	0	0	3	60	2	40	5	0.5

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	2	100	3	60.0
2 Yes	0	0	2	67	0	0	2	40.0
Valid responses =	0	0	3	60	2	40	5	0.5

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	2	100	2	33.3
2 Yes	1	100	3	100	0	0	4	66.7
Valid responses =	1	17	3	50	2	33	6	0.7

Invalid responses include no response.



65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	2	100	3	75.0
2 Yes	0	0	1	50	0	0	1	25.0
Valid responses =	0	0	2	50	2	50	4	0.4

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	25.0
2 Yes	0	0	1	50	2	100	3	75.0
Valid responses =	0	0	2	50	2	50	4	0.4

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	1	100	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.4

Invalid responses include no response.

65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	1	100	2	50.0
2 Yes	0	0	2	67	0	0	2	50.0
Valid responses =	0	0	3	75	1	25	4	0.4

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	1	100	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.4

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hyperhidrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	1	100	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.4

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Photodermatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	1	100	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.4

Invalid responses include no response.



65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	1	100	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.4

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	1	100	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.4

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	50.0
2 Yes	0	0	0	0	1	100	1	50.0
Valid responses =	0	0	1	50	1	50	2	0.2

Invalid responses include no response.

65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	75	2	100	6	85.7
2 Yes	0	0	1	25	0	0	1	14.3
Valid responses =	1	14	4	57	2	29	7	0.8

Invalid responses include no response.

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	75	2	100	6	85.7
2 Yes	0	0	1	25	0	0	1	14.3
Valid responses =	1	14	4	57	2	29	7	0.8

Invalid responses include no response.

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	75	2	100	6	85.7
2 Yes	0	0	1	25	0	0	1	14.3
Valid responses =	1	14	4	57	2	29	7	0.8

Invalid responses include no response.

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	75	2	100	6	85.7
2 Yes	0	0	1	25	0	0	1	14.3
Valid responses =	1	14	4	57	2	29	7	0.8

Invalid responses include no response.



65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?
(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)
Ulcerative Colitis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes horizontal bar chart for Total Pct.

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?
(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)
Other digestive system condition not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes horizontal bar chart for Total Pct.

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?
(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)
Hearing loss

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes horizontal bar chart for Total Pct.

65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?
(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)
Uveitis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes horizontal bar chart for Total Pct.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?
(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)
Vertigo

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes horizontal bar chart for Total Pct.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?
(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)
Other eye/ear/nose/throat condition not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes horizontal bar chart for Total Pct.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Cardiac Arrhythmia

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes horizontal bar chart for Total Pct.



65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Coronary Artery Disease

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Congenital Heart Condition

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Congestive Heart Failure

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Heart Murmur

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Valvular Heart Disease (for example: Mitral valve prolapse)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Other heart or vascular condition not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?
(only includes students that selected having an ongoing/chronic infectious disease not listed above)
Lyme Disease

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.



65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?
(only includes students that selected having an ongoing/chronic infectious disease not listed above)
Other infectious disease not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Carpal Tunnel Syndrome

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Fibromyalgia

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Gout

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Muscular Dystrophy

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Osteoarthritis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Osteoporosis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.



65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	0	0	3	75.0
2 Yes	0	0	1	25	0	0	1	25.0
Valid responses =	0	0	4	100	0	0	4	0.4

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	3	100	0	0	3	100.0
Valid responses =	0	0	3	100	0	0	3	0.3

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	1	100	2	66.7
2 Yes	0	0	1	50	0	0	1	33.3
Valid responses =	0	0	2	67	1	33	3	0.3

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	1	100	2	50.0
2 Yes	0	0	2	67	0	0	2	50.0
Valid responses =	0	0	3	75	1	25	4	0.4

Invalid responses include no response.

65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	1	100	2	66.7
2 Yes	0	0	1	50	0	0	1	33.3
Valid responses =	0	0	2	67	1	33	3	0.3

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	1	100	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	50	1	50	2	0.2

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	50	0	0	2	50.0
2 Yes	0	0	2	50	0	0	2	50.0
Valid responses =	0	0	4	100	0	0	4	0.4

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	0	0	3	75.0
2 Yes	0	0	1	25	0	0	1	25.0
Valid responses =	0	0	4	100	0	0	4	0.4

Invalid responses include no response.



65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)
Restless Leg Syndrome

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)
Sleep Paralysis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)
Sleep Terrors (or night terrors)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)
Sleep Walking

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?
(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)
Other sleep-wake condition not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?
(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)
Bladder disease

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?
(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)
Kidney disease

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.



65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	0	0	2	66.7
2 Yes	0	0	1	33	0	0	1	33.3
Valid responses =	0	0	3	100	0	0	3	0.3

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	0	0	1	33.3
2 Yes	0	0	2	67	0	0	2	66.7
Valid responses =	0	0	3	100	0	0	3	0.3

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	100	25	93	3	100	34	94.4
2 Yes	0	0	2	7	0	0	2	5.6
Valid responses =	6	17	27	75	3	8	36	3.9

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	18	62	2	67	24	61.5
2 Yes	3	43	11	38	1	33	15	38.5
Valid responses =	7	18	29	74	3	8	39	4.3

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	29	12	38	1	25	15	34.9
2 Yes	5	71	20	63	3	75	28	65.1
Valid responses =	7	16	32	74	4	9	43	4.7

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	100	20	74	3	100	29	80.6
2 Yes	0	0	7	26	0	0	7	19.4
Valid responses =	6	17	27	75	3	8	36	3.9

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	73	108	63	18	67	169	65.3
2 Yes	15	27	64	37	9	33	90	34.7
Valid responses =	56	22	172	66	27	10	259	28.4

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	54	18	43	4	40	36	45.0
2 Yes	11	46	24	57	6	60	44	55.0
Valid responses =	24	30	42	53	10	13	80	8.8

Invalid responses include no response.

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	6	67	1	100	10	71.4
2 Yes	1	33	3	33	0	0	4	28.6
Valid responses =	3	21	9	64	1	7	14	1.5

Invalid responses include no response.

65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	70	46	73	6	67	66	71.7
2 Yes	6	30	17	27	3	33	26	28.3
Valid responses =	20	22	63	68	9	10	92	10.1

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	85	30	61	6	60	58	68.2
2 Yes	4	15	19	39	4	40	27	31.8
Valid responses =	26	31	49	58	10	12	85	9.3

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	69	108	65	15	75	174	66.9
2 Yes	22	31	59	35	5	25	86	33.1
Valid responses =	71	27	167	64	20	8	260	28.5

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	41	71	39	9	25	94	36.6
2 Yes	20	59	112	61	27	75	163	63.4
Valid responses =	34	13	183	71	36	14	257	28.1

Invalid responses include no response.



65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	52	81	63	54	10	71	126	64.3
2 Yes	12	19	54	46	4	29	70	35.7
Valid responses =	64	33	117	60	14	7	196	21.5

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	9	69	4	57	15	62.5
2 Yes	2	67	4	31	3	43	9	37.5
Valid responses =	3	13	13	54	7	29	24	2.6

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	6	33	2	67	10	40.0
2 Yes	2	50	12	67	1	33	15	60.0
Valid responses =	4	16	18	72	3	12	25	2.7

Invalid responses include no response.

65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	71	1	33	6	50.0
2 Yes	2	100	2	29	2	67	6	50.0
Valid responses =	2	17	7	58	3	25	12	1.3

Invalid responses include no response.

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	3	75	0	0	4	50.0
2 Yes	3	75	1	25	0	0	4	50.0
Valid responses =	4	50	4	50	0	0	8	0.9

Invalid responses include no response.

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	57	0	0	4	57.1
2 Yes	0	0	3	43	0	0	3	42.9
Valid responses =	0	0	7	100	0	0	7	0.8

Invalid responses include no response.

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	59	14	32	3	33	28	39.4
2 Yes	7	41	30	68	6	67	43	60.6
Valid responses =	17	24	44	62	9	13	71	7.8

Invalid responses include no response.



65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	40	69	48	8	26	94	43.5
2 Yes	23	61	74	52	23	74	122	56.5
Valid responses =	38	18	143	66	31	14	216	23.7

Invalid responses include no response.

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	50	12	36	2	50	18	40.0
2 Yes	4	50	21	64	2	50	27	60.0
Valid responses =	8	18	33	73	4	9	45	4.9

Invalid responses include no response.

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	20	25	69	5	56	32	62.7
2 Yes	4	80	11	31	4	44	19	37.3
Valid responses =	5	10	36	71	9	18	51	5.6

Invalid responses include no response.

65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	50	0	0	6	46.2
2 Yes	0	0	6	50	1	100	7	53.8
Valid responses =	0	0	12	92	1	8	13	1.4

Invalid responses include no response.

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	75	0	0	6	66.7
2 Yes	1	100	2	25	0	0	3	33.3
Valid responses =	1	11	8	89	0	0	9	1.0

Invalid responses include no response.

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	100	22	58	2	67	29	63.0
2 Yes	0	0	16	42	1	33	17	37.0
Valid responses =	5	11	38	83	3	7	46	5.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)
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SACRAMENTO STATE UNIVERSITY

May 6, 2024
 FREQUENCY REPORT
 Number of Surveys (n) = 913 Web Surveys

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	67	3	50	0	0	7	43.8
2 Yes	2	33	3	50	4	100	9	56.3
Valid responses =	6	38	6	38	4	25	16	1.8

Invalid responses include no response.

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	50.0
2 Yes	0	0	1	50	0	0	1	50.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	33	6	26	2	33	14	29.8
2 Yes	12	67	17	74	4	67	33	70.2
Valid responses =	18	38	23	49	6	13	47	5.1

Invalid responses include no response.

65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	50	8	42	2	67	13	46.4
2 Yes	3	50	11	58	1	33	15	53.6
Valid responses =	6	21	19	68	3	11	28	3.1

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	46	0	0	6	46.2
2 Yes	0	0	7	54	0	0	7	53.8
Valid responses =	0	0	13	100	0	0	13	1.4

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	69	17	55	7	70	35	62.5
2 Yes	4	31	14	45	3	30	21	37.5
Valid responses =	13	23	31	55	10	18	56	6.1

Invalid responses include no response.



65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	23	66	4	100	27	67.5
2 Yes	1	100	12	34	0	0	13	32.5
Valid responses =	1	3	35	88	4	10	40	4.4

Invalid responses include no response.

65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	5	62.5	1	33.3	8	61.5
2 Yes	0	0	3	37.5	2	66.7	5	38.5
Valid responses =	2	15	8	62	3	23	13	1.4

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	62	42	48	6	60	57	51.4
2 Yes	5	39	45	52	4	40	54	48.6
Valid responses =	13	12	87	78	10	9	111	12.2

Invalid responses include no response.

65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	7	23	0	0	10	26.3
2 Yes	2	40	23	77	3	100	28	73.7
Valid responses =	5	13	30	79	3	8	38	4.2

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	8	35	1	25	9	33.3
2 Yes	0	0	15	65	3	75	18	66.7
Valid responses =	0	0	23	85	4	15	27	3.0

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	50	23	45	5	31	33	43.4
2 Yes	4	50	28	55	11	69	43	56.6
Valid responses =	8	11	51	67	16	21	76	8.3

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	2	67	3	60.0
2 Yes	0	0	1	50	1	33	2	40.0
Valid responses =	0	0	2	40	3	60	5	0.5

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	64	7	54	2	50	16	57.1
2 Yes	4	36	6	46	2	50	12	42.9
Valid responses =	11	39	13	46	4	14	28	3.1

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	27	2	100	9	32.1
2 Yes	0	0	19	73	0	0	19	67.9
Valid responses =	0	0	26	93	2	7	28	3.1

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	1	100	0	0	2	50.0
2 Yes	1	50	0	0	1	100	2	50.0
Valid responses =	2	50	1	25	1	25	4	0.4

Invalid responses include no response.

65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	1	100	2	50.0
2 Yes	1	100	1	50	0	0	2	50.0
Valid responses =	1	25	2	50	1	25	4	0.4

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	44	0	0	4	33.3
2 Yes	3	100	5	56	0	0	8	66.7
Valid responses =	3	25	9	75	0	0	12	1.3

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	15	52	1	20	18	48.6
2 Yes	1	33	14	48	4	80	19	51.4
Valid responses =	3	8	29	78	5	14	37	4.1

Invalid responses include no response.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	18	4	17	1	17	8	18.2
2 Medicine only	8	73	8	33	3	50	20	45.5
3 Therapy only	0	0	3	13	0	0	4	9.1
4 Both medicine and therapy	1	9	8	33	2	33	11	25.0
5 Other Treatment	0	0	1	4	0	0	1	2.3
Valid responses =	11	25	24	55	6	14	44	4.8

Invalid responses include no response.



65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =.

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =.

Invalid responses include no response.

65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =.

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =.

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =.

Invalid responses include no response.



65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	4	5	7	2	9	9	7.4
2 Medicine only	5	22	13	18	5	22	23	18.9
3 Therapy only	9	39	19	26	7	30	35	28.7
4 Both medicine and therapy	8	35	36	49	8	35	53	43.4
5 Other Treatment	0	0	1	1	1	4	2	1.6
Valid responses =	23	19	74	61	23	19	122	13.4

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	3	27	1	25	4	21.1
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	4	100	3	27	2	50	9	47.4
4 Both medicine and therapy	0	0	4	36	1	25	5	26.3
5 Other Treatment	0	0	1	9	0	0	1	5.3
Valid responses =	4	21	11	58	4	21	19	2.1

Invalid responses include no response.

65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	50	4	29	0	0	6	28.6
2 Medicine only	0	0	4	29	1	33	5	23.8
3 Therapy only	2	50	0	0	0	0	2	9.5
4 Both medicine and therapy	0	0	5	36	1	33	6	28.6
5 Other Treatment	0	0	1	7	1	33	2	9.5
Valid responses =	4	19	14	67	3	14	21	2.3

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	50	4	17	0	0	5	17.9
2 Medicine only	0	0	1	4	0	0	1	3.6
3 Therapy only	1	50	12	52	3	100	16	57.1
4 Both medicine and therapy	0	0	6	26	0	0	6	21.4
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	2	7	23	82	3	11	28	3.1

Invalid responses include no response.



65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =, and Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =, and Invalid responses include no response.

65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Tourette's or other neurodevelopmental condition not already listed

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =, and Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Traumatic brain injury (TBI)

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =, and Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Acne

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 No, 2 Yes, Valid responses =, and Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Allergies - food allergy

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows include 1 No, 2 Yes, Valid responses =, and Invalid responses include no response.



65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	4	21	0	0	5	18.5
2 Yes	3	75	15	79	4	100	22	81.5
Valid responses =	4	15	19	70	4	15	27	3.0

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	18	12	21	0	0	16	18.8
2 Yes	18	82	46	79	5	100	69	81.2
Valid responses =	22	26	58	68	5	6	85	9.3

Invalid responses include no response.

65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	17	6	11	0	0	8	11.4
2 Yes	10	83	48	89	4	100	62	88.6
Valid responses =	12	17	54	77	4	6	70	7.7

Invalid responses include no response.

65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	0	0	0	0	2	50.0
2 Yes	1	33	1	100	0	0	2	50.0
Valid responses =	3	75	1	25	0	0	4	0.4

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	0	0	1	33.3
2 Yes	0	0	2	67	0	0	2	66.7
Valid responses =	0	0	3	100	0	0	3	0.3

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	29	4	14	2	33	8	19.0
2 Yes	5	71	25	86	4	67	34	81.0
Valid responses =	7	17	29	69	6	14	42	4.6

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	11	52	0	0	11	40.7
2 Yes	4	100	10	48	2	100	16	59.3
Valid responses =	4	15	21	78	2	7	27	3.0

Invalid responses include no response.



65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	50	0	0	3	42.9
2 Yes	0	0	3	50	1	100	4	57.1
Valid responses =	0	0	6	86	1	14	7	0.8

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	2	100	0	0	3	100.0
Valid responses =	1	33	2	67	0	0	3	0.3

Invalid responses include no response.

65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	6	0	0	1	5.9
2 Yes	0	0	15	94	1	100	16	94.1
Valid responses =	0	0	16	94	1	6	17	1.9

Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	2	100	3	100	4	100	9	100.0
Valid responses =	2	22	3	33	4	44	9	1.0

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	33	2	12	0	0	6	18.2
2 Yes	8	67	15	88	4	100	27	81.8
Valid responses =	12	36	17	52	4	12	33	3.6

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	6	55	0	0	8	53.3
2 Yes	1	33	5	46	1	100	7	46.7
Valid responses =	3	20	11	73	1	7	15	1.6

Invalid responses include no response.



65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	57	0	0	4	57.1
2 Yes	0	0	3	43	0	0	3	42.9
Valid responses =	0	0	7	100	0	0	7	0.8

Invalid responses include no response.

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	17	0	0	2	15.4
2 Yes	1	100	10	83	0	0	11	84.6
Valid responses =	1	8	12	92	0	0	13	1.4

Invalid responses include no response.

65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	40	9	20	0	0	11	20.4
2 Yes	3	60	36	80	4	100	43	79.6
Valid responses =	5	9	45	83	4	7	54	5.9

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	40	1	33	7	38.9
2 Yes	0	0	9	60	2	67	11	61.1
Valid responses =	0	0	15	83	3	17	18	2.0

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	0	0	0	0	2	16.7
2 Yes	2	50	6	100	2	100	10	83.3
Valid responses =	4	33	6	50	2	17	12	1.3

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	28	0	0	5	27.8
2 Yes	0	0	13	72	0	0	13	72.2
Valid responses =	0	0	18	100	0	0	18	2.0

Invalid responses include no response.



65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	3	100	5	100	0	0	8	100.0
Valid responses =	3	38	5	63	0	0	8	0.9

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	67	0	0	4	57.1
2 Yes	0	0	2	33	1	100	3	42.9
Valid responses =	0	0	6	86	1	14	7	0.8

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	2	50	1	100	6	75.0
2 Yes	0	0	2	50	0	0	2	25.0
Valid responses =	2	25	4	50	1	13	8	0.9

Invalid responses include no response.

65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Alcohol or Other Drug-Related Abuse or Addiction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	3	30	0	0	4	33.3
2 Yes	1	50	7	70	0	0	8	66.7
Valid responses =	2	17	10	83	0	0	12	1.3

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	0	0	3	60.0
2 Yes	1	100	1	25	0	0	2	40.0
Valid responses =	1	20	4	80	0	0	5	0.5

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	10	91	0	0	13	86.7
2 Yes	1	25	1	9	0	0	2	13.3
Valid responses =	4	27	11	73	0	0	15	1.6

Invalid responses include no response.



65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Asthma

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Autism spectrum

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Cancer

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Celiac disease

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.



65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	4	100	2	100	8	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	25	4	50	2	25	8	0.9

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	4	80	2	100	8	88.9
2 Yes	0	0	1	20	0	0	1	11.1
Valid responses =	1	11	5	56	2	22	9	1.0

Invalid responses include no response.

65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	9	90	0	0	9	90.0
2 Yes	0	0	1	10	0	0	1	10.0
Valid responses =	0	0	10	100	0	0	10	1.1

Invalid responses include no response.

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	0	0	3	75.0
2 Yes	0	0	0	0	1	100	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.4

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	1	50	0	0	2	33.3
2 Yes	3	75	1	50	0	0	4	66.7
Valid responses =	4	67	2	33	0	0	6	0.7

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	17	0	0	1	12.5
2 Yes	2	100	5	83	0	0	7	87.5
Valid responses =	2	25	6	75	0	0	8	0.9

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	25	0	0	1	25.0
2 Yes	0	0	3	75	0	0	3	75.0
Valid responses =	0	0	4	100	0	0	4	0.4

Invalid responses include no response.



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65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	4	100	0	0	6	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	33	4	67	0	0	6	0.7

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	9	100	0	0	11	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	18	9	82	0	0	11	1.2

Invalid responses include no response.

65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	67	0	0	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	1	25	3	75	0	0	4	0.4

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	100	1	100	6	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	5	83	1	17	6	0.7

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	1	100	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.4

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



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65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	0	0	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	100	0	0	0	0	2	0.2

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	60	0	0	3	60.0
2 Yes	0	0	2	40	0	0	2	40.0
Valid responses =	0	0	5	100	0	0	5	0.5

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	0	0	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	100	0	0	0	0	1	0.1

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	120	71	271	65	15	33	406	63.4
2 Negatively impacted performance in a class	41	24	124	30	23	50	191	29.8
3 Delayed progress towards degree	8	5	25	6	8	17	43	6.7
Valid responses =	169	26	420	66	46	7	640	70.1

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance?

Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	275	99	554	97	46	92	882	97.0
2 Did not affect academic performance	3	1	9	2	3	6	15	1.7
3 Negatively impacted performance in a class	1	0	6	1	1	2	9	1.0
4 Delayed progress towards degree	0	0	3	1	0	0	3	0.3
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.



66B) Within the last 12 months, have any of the following affected your academic performance?

Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	275	99	535	94	45	90	862	95.4
2 Did not affect academic performance	2	1	22	4	4	8	28	3.1
3 Negatively impacted performance in a class	1	0	5	1	1	2	8	0.9
4 Delayed progress towards degree	0	0	6	1	0	0	6	0.7
Valid responses =	278	31	568	63	50	6	904	99.0

Invalid responses include no response.

66C) Within the last 12 months, have any of the following affected your academic performance?

Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	160	58	321	56	17	34	504	55.6
2 Did not affect academic performance	96	35	224	39	29	58	351	38.7
3 Negatively impacted performance in a class	20	7	23	4	3	6	46	5.1
4 Delayed progress towards degree	1	0	4	1	1	2	6	0.7
Valid responses =	277	31	572	63	50	6	907	99.3

Invalid responses include no response.

66D) Within the last 12 months, have any of the following affected your academic performance?

Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	133	48	179	32	5	10	319	35.4
2 Did not affect academic performance	86	31	229	40	17	34	333	36.9
3 Negatively impacted performance in a class	49	18	134	24	22	44	209	23.2
4 Delayed progress towards degree	9	3	25	4	6	12	41	4.5
Valid responses =	277	31	567	63	50	6	902	98.8

Invalid responses include no response.

66E) Within the last 12 months, have any of the following affected your academic performance?

Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	243	88	497	87	29	58	772	85.5
2 Did not affect academic performance	14	5	27	5	6	12	47	5.2
3 Negatively impacted performance in a class	16	6	37	7	14	28	70	7.8
4 Delayed progress towards degree	3	1	9	2	1	2	14	1.6
Valid responses =	276	31	570	63	50	6	903	98.9

Invalid responses include no response.

66F) Within the last 12 months, have any of the following affected your academic performance?

Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	274	99	557	98	48	98	886	98.1
2 Did not affect academic performance	2	1	5	1	1	2	8	0.9
3 Negatively impacted performance in a class	1	0	7	1	0	0	8	0.9
4 Delayed progress towards degree	0	0	1	0	0	0	1	0.1
Valid responses =	277	31	570	63	49	5	903	98.9

Invalid responses include no response.

66S) Within the last 12 months, have any of the following affected your academic performance?

COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	240	86	438	77	39	78	724	80
2 Did not affect academic performance	28	10	90	16	5	10	123	13.6
3 Negatively impacted performance in a class	10	4	37	7	5	10	53	5.9
4 Delayed progress towards degree	0	0	4	1	1	2	5	0.6
Valid responses =	278	31	569	63	50	6	905	99.1

Invalid responses include no response.



66G) Within the last 12 months, have any of the following affected your academic performance?

Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	189	69	351	62	14	28	556	61.8
2 Did not affect academic performance	45	16	120	21	5	10	170	18.9
3 Negatively impacted performance in a class	39	14	77	14	25	50	146	16.2
4 Delayed progress towards degree	3	1	18	3	6	12	27	3.0
Valid responses =	276	31	566	63	50	6	899	98.5

Invalid responses include no response.

66H) Within the last 12 months, have any of the following affected your academic performance?

Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	261	94	484	85	37	74	787	87.1
2 Did not affect academic performance	13	5	62	11	11	22	86	9.5
3 Negatively impacted performance in a class	4	1	18	3	2	4	26	2.9
4 Delayed progress towards degree	1	0	4	1	0	0	5	0.6
Valid responses =	279	31	568	63	50	6	904	99.0

Invalid responses include no response.

66I) Within the last 12 months, have any of the following affected your academic performance?

Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	196	70	315	55	19	38	532	58.7
2 Did not affect academic performance	60	22	168	30	19	38	248	27.4
3 Negatively impacted performance in a class	20	7	82	14	12	24	117	12.9
4 Delayed progress towards degree	3	1	5	1	0	0	9	1.0
Valid responses =	279	31	570	63	50	6	906	99.2

Invalid responses include no response.

66J) Within the last 12 months, have any of the following affected your academic performance?

Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	246	89	461	81	35	70	748	82.7
2 Did not affect academic performance	21	8	57	10	9	18	88	9.7
3 Negatively impacted performance in a class	10	4	46	8	6	12	62	6.9
4 Delayed progress towards degree	1	0	5	1	0	0	6	0.7
Valid responses =	278	31	569	63	50	6	904	99.0

Invalid responses include no response.

66K) Within the last 12 months, have any of the following affected your academic performance?

Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	248	89	518	91	43	86	816	90.0
2 Did not affect academic performance	24	9	35	6	7	14	66	7.3
3 Negatively impacted performance in a class	4	1	14	2	0	0	18	2.0
4 Delayed progress towards degree	2	1	5	1	0	0	7	0.8
Valid responses =	278	31	572	63	50	6	907	99.3

Invalid responses include no response.

66L) Within the last 12 months, have any of the following affected your academic performance?

PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	275	100	354	62	23	46	655	72.2
2 Did not affect academic performance	1	0	142	25	17	34	162	17.9
3 Negatively impacted performance in a class	0	0	71	12	8	16	82	9.0
4 Delayed progress towards degree	0	0	6	1	2	4	8	0.9
Valid responses =	276	30	573	63	50	6	907	99.3

Invalid responses include no response.



66M) Within the last 12 months, have any of the following affected your academic performance?

Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	268	96	523	92	31	62	828	91.4
2 Did not affect academic performance	6	2	32	6	11	22	49	5.4
3 Negatively impacted performance in a class	2	1	14	3	5	10	22	2.4
4 Delayed progress towards degree	2	1	2	0	3	6	7	0.8
Valid responses =	278	31	571	63	50	6	906	99.2

Invalid responses include no response.

66N) Within the last 12 months, have any of the following affected your academic performance?

Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	249	89	503	88	43	86	802	88.3
2 Did not affect academic performance	23	8	39	7	2	4	64	7.0
3 Negatively impacted performance in a class	5	2	28	5	5	10	38	4.2
4 Delayed progress towards degree	2	1	2	0	0	0	4	0.4
Valid responses =	279	31	572	63	50	6	908	99.5

Invalid responses include no response.

66O) Within the last 12 months, have any of the following affected your academic performance?

Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	233	84	415	73	30	60	684	75.5
2 Did not affect academic performance	31	11	100	18	8	16	140	15.5
3 Negatively impacted performance in a class	13	5	54	10	11	22	78	8.6
4 Delayed progress towards degree	1	0	2	0	1	2	4	0.4
Valid responses =	278	31	571	63	50	6	906	99.2

Invalid responses include no response.

66P) Within the last 12 months, have any of the following affected your academic performance?

Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	148	53	289	51	14	28	452	49.8
2 Did not affect academic performance	75	27	148	26	8	16	233	25.7
3 Negatively impacted performance in a class	50	18	113	20	22	44	189	20.8
4 Delayed progress towards degree	6	2	20	4	6	12	33	3.6
Valid responses =	279	31	570	63	50	6	907	99.3

Invalid responses include no response.

66Q) Within the last 12 months, have any of the following affected your academic performance?

Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	94	34	126	22	4	8	225	24.8
2 Did not affect academic performance	94	34	218	38	10	20	323	35.6
3 Negatively impacted performance in a class	81	29	190	33	31	62	306	33.7
4 Delayed progress towards degree	9	3	38	7	5	10	54	5.9
Valid responses =	278	31	572	63	50	6	908	99.5

Invalid responses include no response.

66R) Within the last 12 months, have any of the following affected your academic performance?

Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	204	99	406	97	35	95	651	97.6
2 Did not affect academic performance	3	1	3	1	0	0	6	0.9
3 Negatively impacted performance in a class	0	0	4	1	1	3	5	0.7
4 Delayed progress towards degree	0	0	4	1	1	3	5	0.7
Valid responses =	207	31	417	63	37	6	667	73.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2024

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org

SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	574	100	39	78	618	68.0
2 Male	279	100	0	0	11	22	291	32.0
3 Intersex	0	0	0	0	0	0	0	0.0
Valid responses =	279	31	574	63	50	6	909	99.6

Invalid responses include no response.

67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	279	100	574	100	22	44	879	96.7
2 Yes	0	0	0	0	28	56	30	3.3
Valid responses =	279	31	574	63	50	6	909	99.6

Invalid responses include no response.

67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	574	100	3	6	578	63.7
2 Man or male	279	100	0	0	7	14	286	31.5
3 Trans woman	0	0	0	0	1	2	1	0.1
4 Trans man	0	0	0	0	7	14	7	0.8
5 Genderqueer	0	0	0	0	2	4	2	0.2
6 My identity is not listed	0	0	0	0	0	0	3	0.3
7 Agender	0	0	0	0	5	10	5	0.6
8 Genderfluid	0	0	0	0	5	10	5	0.6
9 Non-binary	0	0	0	0	20	40	21	2.3
10 Intersex	0	0	0	0	0	0	0	0.0
Valid responses =	279	31	574	63	50	6	908	99.5

Invalid responses include no response.

68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual	3	1	13	2	4	8	20	2.2
2 Bisexual	19	7	87	15	9	18	120	13.2
3 Gay	7	3	0	0	3	6	10	1.1
4 Lesbian	0	0	16	3	0	0	16	1.8
5 Pansexual	5	2	18	3	12	25	35	3.9
6 Queer	0	0	6	1	8	16	15	1.7
7 Questioning	6	2	13	2	1	2	20	2.2
9 Straight/Heterosexual	237	85	416	73	10	20	664	73.3
10 My identity not listed above	2	1	2	0	2	4	6	0.7
Valid responses =	279	31	571	63	49	5	906	99.2

Invalid responses include no response.

69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	28	10	55	10	6	12	90	10.0
2 19 Years	47	17	74	13	9	18	130	14.4
3 20 Years	37	13	77	14	6	12	122	13.5
4 21 Years	21	8	50	9	2	4	74	8.2
5 22 Years	23	8	47	8	3	6	73	8.1
6 23 Years	17	6	41	7	6	12	64	7.1
7 24 Years	19	7	35	6	5	10	59	6.5
8 25 Years	13	5	32	6	1	2	46	5.1
9 26 to 30 Years	32	12	68	12	9	18	111	12.3
10 31 to 40 Years	25	9	54	10	2	4	81	9.0
11 41 or More Years	16	6	36	6	1	2	53	5.9
Valid responses =	278	31	569	63	50	6	903	98.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	24.52	22.00	8.15	18	77
Cis Women	24.67	22.00	7.6	18	61
Trans/Gender Non-conforming	23.06	22.00	5.03	18	44
Overall	24.52	22.00	7.64	18	77



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SACRAMENTO STATE UNIVERSITY

May 6, 2024

FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	2	1	26	5	1	2	29	3.2
2 101 to 150 Pounds	59	21	298	53	16	35	377	42.2
3 151 to 200 Pounds	150	54	179	32	16	35	346	38.7
4 201 to 250 Pounds	45	16	45	8	10	22	100	11.2
5 251 to 300 Pounds	17	6	9	2	2	4	29	3.2
6 301 or More Pounds	4	1	7	1	1	2	12	1.3
Valid responses =	277	31	564	63	46	5	893	97.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	182.70	175.00	42.02	99	335
Cis Women	154.23	145.00	42.31	85	350
Trans/Gender Non-conforming	177.11	169.00	53.25	95	340
Overall	164.22	158.00	44.88	85	350

72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	59	21	93	16	11	22	164	18.0
2 2nd year undergraduate	42	15	76	13	9	18	130	14.3
3 3rd year undergraduate	57	20	138	24	14	28	211	23.2
4 4th year undergraduate	40	14	81	14	6	12	128	14.1
5 5th year or more undergraduate	21	8	34	6	3	6	59	6.5
6 Master's (MA, MS, etc.)	56	20	130	23	4	8	190	20.9
7 Doctorate (PhD, EdD, MD, JD, etc.)	4	1	10	2	1	2	15	1.6
8 Not seeking a degree	0	0	0	0	0	0	0	0.0
9 Other (please specify):	0	0	12	2	2	4	14	1.5
Valid responses =	279	31	574	63	50	5	911	99.8

Invalid responses include no response.

73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	233	84	487	85	45	90	771	84.8
2 Part-time	43	15	79	14	4	8	128	14.1
3 Other	3	1	6	1	1	2	10	1.1
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.

73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	129	46	219	38	17	34	369	40.6
2 Entirely online	12	4	51	9	1	2	64	7.0
3 A mix of in-person and online classes	137	49	302	53	32	64	475	52.3
Valid responses =	278	31	572	63	50	6	908	99.5

Invalid responses include no response.

73B1) How likely is it that you will:

Leave your school before graduating and transfer to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	9	3	12	2	2	4	25	2.7
2 Moderately likely	4	1	9	2	0	0	13	1.4
3 Slightly likely	20	7	26	5	6	12	52	5.7
4 Slightly unlikely	12	4	19	3	2	4	33	3.6
5 Moderately unlikely	23	8	48	8	2	4	74	8.1
6 Very unlikely	211	76	459	80	38	76	713	78.4
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.



73B2) How likely is it that you will:

Leave your school before graduating without transferring to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	5	1.8	10	1.7	2	4	17	1.9
2 Moderately likely	6	2.2	2	0.3	1	2	9	1.0
3 Slightly likely	6	2	10	2	0	0	16	1.8
4 Slightly unlikely	9	3.2	16	2.8	0	0	25	2.8
5 Moderately unlikely	28	10	28	4.9	5	10	63	6.9
6 Very unlikely	225	81	506	89	42	84	779	85.7
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.

73C1) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Lack of safe and/or affordable housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	26	70.3	43	74.1	6	66.7	77	72.6
2 Yes	11	29.7	15	25.9	3	33.3	29	27.4
Valid responses =	37	35	58	55	9	8	106	11.6

Invalid responses include no response.

73C2) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Financial concerns other than housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	57.1	37	62.7	4	44.4	62	59.0
2 Yes	15	42.9	22	37.3	5	55.6	43	41.0
Valid responses =	35	33	59	56	9	9	105	11.5

Invalid responses include no response.

73C3) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Need to take care of family members/children

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	78.4	48	82.8	8	88.9	87	82.1
2 Yes	8	21.6	10	17.2	1	11.1	19	17.9
Valid responses =	37	35	58	55	9	8	106	11.6

Invalid responses include no response.

73C4) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Conflicts with work responsibilities/schedule

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	30	81.1	39	66.1	7	77.8	76	71.7
2 Yes	7	18.9	20	33.9	2	22.2	30	28.3
Valid responses =	37	35	59	56	9	8	106	11.6

Invalid responses include no response.

73C5) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Ongoing physical and/or mental health issues

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	83.8	45	77.6	6	66.7	82	77.4
2 Yes	6	16.2	13	22.4	3	33.3	24	22.6
Valid responses =	37	35	58	55	9	8	106	11.6

Invalid responses include no response.

73C6) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	63.9	24	40.7	4	50	51	48.6
2 Yes	13	36.1	35	59.3	4	50	54	51.4
Valid responses =	36	34	59	56	8	8	105	11.5

Invalid responses include no response.



73C7) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Poor academic performance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	77.8	46	78	7	77.8	83	78.3
2 Yes	8	22.2	13	22	2	22.2	23	21.7
Valid responses =	36	34	59	56	9	8	106	11.6

Invalid responses include no response.

73C8) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Negative experience at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	75.7	46	79.3	6	66.7	80	75.5
2 Yes	9	24.3	12	20.7	3	33.3	26	24.5
Valid responses =	37	35	58	55	9	8	106	11.6

Invalid responses include no response.

73C9) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

I don't feel like I fit in at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	31	83.8	45	76.3	5	55.6	82	76.6
2 Yes	6	16.2	14	23.7	4	44.4	25	23.4
Valid responses =	37	35	59	55	9	8	107	11.7

Invalid responses include no response.

73C10) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Other (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	95.7	34	92	4	80	62	92.5
2 Yes	1	4.3	3	8	1	20	5	7.5
Valid responses =	23	34	37	55	5	7	67	7.3

Invalid responses include no response.

74A) Are you studying in the United States this semester/term?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	6.1	27	5	1	2	46	5.1
2 Yes	260	93.9	545	95	49	98	861	94.9
Valid responses =	277	31	572	63	50	6	907	99.3

Invalid responses include no response.

74B) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	210	82	457	86	41	89	713	85.3
2 Yes	45	18	72	14	5	11	123	14.7
Valid responses =	255	31	529	63	46	6	836	91.6

Invalid responses include no response.

74C) Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	82.4	22	88	1	100	38	86.4
2 Yes	3	17.6	3	12	0	0	6	13.6
Valid responses =	17	39	25	57	1	2	44	4.8

Invalid responses include no response.

75A1) How do you usually describe yourself? (Please select ALL that apply)

American Indian or Native Alaskan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	272	98	559	97	49	98	890	97.5
1 Selected	7	3	15	3	1	2	23	2.5
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.



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SACRAMENTO STATE UNIVERSITY

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FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

75A2) How do you usually describe yourself? (Please select ALL that apply)

Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	185	66	437	76	38	76	668	73.2
1 Selected	94	34	137	24	12	24	245	26.8
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

75A3) How do you usually describe yourself? (Please select ALL that apply)

Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	262	94	535	93	49	98	856	93.8
1 Selected	17	6	39	7	1	2	57	6.2
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

75A4) How do you usually describe yourself? (Please select ALL that apply)

Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	195	70	360	63	33	66	598	65.5
1 Selected	84	30	214	37	17	34	315	34.5
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

75A5) How do you usually describe yourself? (Please select ALL that apply)

Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	273	98	556	97	50	100	889	97.4
1 Selected	6	2	18	3	0	0	24	2.6
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

75A6) How do you usually describe yourself? (Please select ALL that apply)

Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	273	98	565	98	50	100	889	98.4
1 Selected	6	2	9	2	0	0	15	1.6
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

75A7) How do you usually describe yourself? (Please select ALL that apply)

White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	187	67	358	62	26	52	577	63.2
1 Selected	92	33	216	38	24	48	336	36.8
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

75A8) How do you usually describe yourself? (Please select ALL that apply)

Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	261	94	528	92	44	88	843	92.3
1 Selected	18	7	46	8	6	12	70	7.7
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

75A9) How do you usually describe yourself? (Please select ALL that apply)

Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	276	99	568	99	49	98	903	98.9
1 Selected	3	1	6	1	1	2	10	1.1
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.



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SACRAMENTO STATE UNIVERSITY

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FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8	10	20	9	4	24	32	10.2
1 Selected	76	91	194	91	13	77	283	89.8
Valid responses =	84	27	214	68	17	5	315	34.5

Invalid responses include no response.

75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	84	100	210	98	16	94	310	98.4
1 Selected	0	0	4	2	1	6	5	1.6
Valid responses =	84	27	214	68	17	5	315	34.5

Invalid responses include no response.

75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	84	100	212	99	17	100	313	99.4
1 Selected	0	0	2	1	0	0	2	0.6
Valid responses =	84	27	214	68	17	5	315	34.5

Invalid responses include no response.

75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	75	89	191	89	15	88	281	89.2
1 Selected	9	11	23	11	2	12	34	10.8
Valid responses =	84	27	214	68	17	5	315	34.5

Invalid responses include no response.

75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	71	76	97	71	7	58	177	72.2
1 Selected	23	25	40	29	5	42	68	27.8
Valid responses =	94	38	137	56	12	5	245	26.8

Invalid responses include no response.

75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	41	44	57	42	6	50	104	42.4
1 Selected	53	56	80	58	6	50	141	57.6
Valid responses =	94	38	137	56	12	5	245	26.8

Invalid responses include no response.

75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	72	77	115	84	10	83	199	81.2
1 Selected	22	23	22	16	2	17	46	18.8
Valid responses =	94	38	137	56	12	5	245	26.8

Invalid responses include no response.

75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	92	98	134	98	11	92	239	97.6
1 Selected	2	2	3	2	1	8	6	2.4
Valid responses =	94	38	137	56	12	5	245	26.8

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 913 Web Surveys

76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	153	55	253	44	23	46	433	47.7
2 In relationship not married/partnered	91	33	237	41	20	40	351	38.7
3 Married/partnered	35	13	82	14	7	14	124	13.7
Valid responses =	279	31	572	63	50	6	908	99.5

Invalid responses include no response.

77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	264	95	557	97	48	96	877	96.4
2 Yes	15	5	16	3	2	4	33	3.6
Valid responses =	279	31	573	63	50	5	910	99.7

Invalid responses include no response.

77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	276	99	572	100	50	100	906	99.7
2 Yes	2	1	1	0	0	0	3	0.3
Valid responses =	278	31	573	63	50	6	909	99.6

Invalid responses include no response.

78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	40	14	72	13	14	28	127	14.0
2 Parent/guardian/other family member's home	127	46	256	45	17	34	403	44.4
3 Off-campus/non-university housing	104	38	236	41	19	38	361	39.8
4 Temporarily with relative, friend, couch surfing	1	0	3	1	0	0	5	0.6
5 Don't have a place to live	0	0	1	0	0	0	1	0.1
6 Other (please specify)	5	2	5	1	0	0	10	1.1
Valid responses =	277	31	573	63	50	6	907	99.3

Invalid responses include no response.

79_1) What is your primary source of health insurance? (select all that apply)

I have a college/university Student Health Insurance Plan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	252	90.3	541	94.3	49	98	851	93.2
1 Selected	27	9.7	33	5.7	1	2	62	6.8
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

79_2) What is your primary source of health insurance? (select all that apply)

I have health insurance through my parent/guardian (or their employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	142	50.9	278	48.4	18	36	444	48.6
1 Selected	137	49.1	296	51.6	32	64	469	51.4
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

79_3) What is your primary source of health insurance? (select all that apply)

I have health insurance through my employer (or my spouse/partner's employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	240	86	488	85	46	92	784	85.9
1 Selected	39	14	86	15	4	8	129	14.1
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

79_4) What is your primary source of health insurance? (select all that apply)

I have health insurance through Medicaid, Medicare, or VA/Tricare

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	235	84.2	455	79.3	38	76	735	80.5
1 Selected	44	15.8	119	20.7	12	24	178	19.5
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.



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79_5) What is your primary source of health insurance? (select all that apply)

I have health insurance that was purchased from the exchange or an insurance carrier directly

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	276	98.9	560	97.6	49	98	895	98.0
1 Selected	3	1.1	14	2.4	1	2	18	2.0
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

79_9) What is your primary source of health insurance? (select all that apply)

I have health insurance through an embassy or sponsoring agency for international students

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	279	100	573	99.8	50	100	912	99.9
1 Selected	0	0	1	0.2	0	0	1	0.1
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

79_10) What is your primary source of health insurance? (select all that apply)

I have health insurance through another source (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	272	97.5	555	96.7	49	98	886	97.0
1 Selected	7	2.5	19	3.3	1	2	27	3.0
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

79_8) What is your primary source of health insurance? (select all that apply)

I have health insurance, but I don't know the primary source

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	261	93.5	557	97	50	100	878	96.2
1 Selected	18	6.5	17	3	0	0	35	3.8
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

79_6) What is your primary source of health insurance? (select all that apply)

I don't have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	273	97.8	553	96.3	47	94	883	96.7
1 Selected	6	2.2	21	3.7	3	6	30	3.3
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.

79_7) What is your primary source of health insurance? (select all that apply)

I don't know if I have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	264	94.6	569	99.1	49	98	892	97.7
1 Selected	15	5.4	5	0.9	1	2	21	2.3
Valid responses =	279	31	574	63	50	5	913	100.0

Invalid responses include no response.



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80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	9	3	50	9	1	2	61	6.7
2 A	69	25	167	29	15	30	252	27.7
3 A-	45	16	125	22	11	22	182	20.0
4 B+	52	19	68	12	7	14	128	14.1
5 B	46	17	87	15	7	14	143	15.7
6 B-	21	8	24	4	5	10	50	5.5
7 C+	14	5	19	3	1	2	35	3.9
8 C	11	4	21	4	2	4	34	3.7
9 C-	3	1	4	1	0	0	7	0.8
10 D+	1	0	0	0	0	0	1	0.1
11 D	1	0	2	0	0	0	3	0.3
12 D-	0	0	0	0	0	0	0	0.0
13 F	2	1	0	0	0	0	2	0.2
14 N/A	4	1	6	1	1	2	11	1.2
Valid responses =	278	31	573	63	50	6	909	99.6

Invalid responses include no response.

81A) Do you participate in organized college athletics at any of the following levels? Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	274	99	559	98	50	100	891	98.7
2 Yes	3	1	9	2	0	0	12	1.3
Valid responses =	277	31	568	63	50	6	903	98.9

Invalid responses include no response.

81B) Do you participate in organized college athletics at any of the following levels? Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	263	95	548	97	49	98	868	96.0
2 Yes	15	5	20	4	1	2	36	4.0
Valid responses =	278	31	568	63	50	6	904	99.0

Invalid responses include no response.

81C) Do you participate in organized college athletics at any of the following levels? Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	92	552	98	48	96	861	96.1
2 Yes	22	8	11	2	2	4	35	3.9
Valid responses =	275	31	563	63	50	6	896	98.1

Invalid responses include no response.

82A) Do you have any of the following? Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	246	89	517	91	33	69	799	88.7
2 Yes	30	11	53	9	15	31	102	11.3
Valid responses =	276	31	570	63	48	5	901	98.7

Invalid responses include no response.

82B) Do you have any of the following? Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	98	553	97	38	76	870	96.2
2 Yes	5	2	16	3	12	24	34	3.8
Valid responses =	278	31	569	63	50	6	904	99.0

Invalid responses include no response.

82C) Do you have any of the following? Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	268	96	554	98	47	94	875	97.0
2 Yes	10	4	13	2	3	6	27	3.0
Valid responses =	278	31	567	63	50	6	902	98.8

Invalid responses include no response.



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82D) Do you have any of the following?

Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	268	97	541	96	44	92	860	95.9
2 Yes	9	3	24	4	4	8	37	4.1
Valid responses =	277	31	565	63	48	5	897	98.2

Invalid responses include no response.

82E) Do you have any of the following?

Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	273	99	561	99	45	92	885	98.6
2 Yes	4	1	4	1	4	8	13	1.4
Valid responses =	277	31	565	63	49	5	898	98.4

Invalid responses include no response.

82F) Do you have any of the following?

Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	262	95	537	95	47	96	852	94.7
2 Yes	15	5	30	5	2	4	48	5.3
Valid responses =	277	31	567	63	49	5	900	98.6

Invalid responses include no response.

82G) Do you have any of the following?

Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	269	97	559	99	48	98	883	98.1
2 Yes	9	3	7	1	1	2	17	1.9
Valid responses =	278	31	566	63	49	5	900	98.6

Invalid responses include no response.

83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	272	98	568	99	49	98	897	98.7
2 Yes, have served in area of hazardous duty	3	1	2	0	1	2	6	0.7
3 Yes, have not served in area hazardous duty	3	1	3	1	0	0	6	0.7
Valid responses =	278	31	573	63	50	6	909	99.6

Invalid responses include no response.

84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	34	12	93	16	6	12	133	14.6
2 High school diploma or GED	63	23	137	24	6	12	207	22.8
3 Attended college but no degree	27	10	76	13	3	6	107	11.8
4 Associate's degree	33	12	67	12	6	12	110	12.1
5 Bachelor's degree	71	25	123	22	13	26	208	22.9
6 Master's degree	36	13	54	9	10	20	100	11.0
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	6	2	13	2	3	6	22	2.4
8 Don't know	9	3	10	2	3	6	22	2.4
Valid responses =	279	31	573	63	50	6	909	99.6

Invalid responses include no response.

85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	255	92	509	89	50	100	822	90.5
2 Yes	23	8	63	11	0	0	86	9.5
Valid responses =	278	31	572	63	50	6	908	99.5

Invalid responses include no response.



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HT_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0
3 49 to 60 Inches	0	0	75	13	4	8	79	8.8
4 61 to 72 Inches	229	83	485	86	42	86	762	85.1
5 73 to 84 Inches	48	17	3	1	3	6	54	6.0
6 85 or More Inches	0	0	0	0	0	0	0	0.0
Valid responses =	277	31	563	63	49	5	895	98.0

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.02	0.01	0.03	0	0.24
Cis Women	0.03	0.02	0.05	0	0.33
Trans/Gender Non-conforming	0.02	0.01	0.03	0	0.10
Overall	0.03	0.02	0.05	0	0.33

BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	74	51	125	38	14	48	216	42.7
1 .01 to .05% Alcohol	61	42	148	45	10	35	219	43.3
2 .06 to .07% Alcohol	1	1	16	5	3	10	20	4.0
3 .08 to .09% Alcohol	5	4	12	4	1	3	18	3.6
4 .10 to .15% Alcohol	1	1	18	6	1	3	20	4.0
5 .16 to .20% Alcohol	1	1	4	1	0	0	5	1.0
6 .21 to .25% Alcohol	1	1	4	1	0	0	5	1.0
7 .26 to .30% Alcohol	0	0	2	1	0	0	2	0.4
8 .31 to .49% Alcohol	0	0	1	0	0	0	1	0.2
Valid responses =	144	28	330	65	29	6	506	55.4

Invalid responses include no response.

RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	136	94	289	88	27	93	455	89.9
1 .08% or higher	8	6	41	12	2	7	51	10.1
Valid responses =	144	28	330	65	29	6	506	55.4

Invalid responses include no response.

RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	141	98	301	91	28	97	473	93.5
1 .1% or higher	3	2	29	9	1	3	33	6.5
Valid responses =	144	28	330	65	29	6	506	55.4

Invalid responses include no response.

BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	26.54	26.00	5.57	16	49
Cis Women	26.60	25.00	6.76	15	60
Trans/Gender Non-conforming	28.71	27.00	7.87	17	57
Overall	26.69	26.00	6.51	15	60

RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	8	3	26	5	2	4	36	4.1
2 Desired weight (18.5- 24.9)	107	39	259	46	16	35	386	43.6
3 Overweight (25- 29.9)	103	38	130	23	11	24	245	27.7
4 Class I obesity (30- 34.9)	37	14	81	15	8	17	126	14.2
5 Class II obesity (35- 39.9)	11	4	34	6	8	17	53	6.0
6 Class III obesity (>=40)	9	3	29	5	1	2	40	4.5
Valid responses =	275	31	559	63	46	5	886	97.0

Invalid responses include no response.



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USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	2.12	1.00	2.22	0	6
Cis Women	2.20	2.00	2.24	0	6
Trans/Gender Non-conforming	3.02	3.00	2.51	0	6
Overall	2.22	1.00	2.25	0	6

RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	54	20	130	23	20	42	207	23.0
2 Low food security (2-4)	77	28	155	27	9	19	243	27.0
3 High or marginal food security (0-1)	144	52	284	50	19	40	451	50.1
Valid responses =	275	31	569	63	48	5	901	98.7

Invalid responses include no response.

KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	7.64	7.00	5.18	0	24
Cis Women	8.22	7.00	5.52	0	24
Trans/Gender Non-conforming	12.02	13.00	5.55	3	24
Overall	8.29	7.00	5.53	0	24

RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	233	84	450	80	24	48	711	79.2
3 Serious psychological distress (13-24)	43	16	115	20	26	52	187	20.8
Valid responses =	276	31	565	63	50	6	898	98.4

Invalid responses include no response.

ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.27	5.00	1.91	3	9
Cis Women	5.37	5.00	1.84	3	9
Trans/Gender Non-conforming	6.04	6.00	1.96	3	9
Overall	5.38	5.00	1.88	3	9

RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	154	55	300	52	20	40	477	52.5
2 Positive for loneliness (6-9)	125	45	272	48	30	60	432	47.5
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.

SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.03	3.00	3.15	3	17
Cis Women	5.01	3.00	2.97	3	18
Trans/Gender Non-conforming	8.62	9.00	3.69	3	17
Overall	5.24	4.00	3.2	3	18

RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	219	79	434	76	14	28	670	74.0
2 Positive for suicidal screening (7-18)	60	22	136	24	36	72	236	26.0
Valid responses =	279	31	570	63	50	6	906	99.2

Invalid responses include no response.

DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	43.66	46.00	9.78	8	56
Cis Women	44.70	47.00	9	8	56
Trans/Gender Non-conforming	40.22	40.00	9.42	18	56
Overall	44.10	46.00	9.34	8	56

CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.07	6.00	1.67	0	8
Cis Women	5.95	6.00	1.57	0	8
Trans/Gender Non-conforming	5.46	6.00	1.69	1	8
Overall	5.96	6.00	1.61	0	8



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SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	5.13	2.00	7.02	0	25
Cis Women	5.89	2.00	8.42	0	31
Trans/Gender Non-conforming	6.00	2.00	8.06	0	28
Overall	5.62	2.00	7.89	0	31

TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	52	63	89	65	11	58	153	64.0
2 Moderate Risk (4-26)	30	37	45	33	7	37	83	34.7
3 High Risk (27-39)	0	0	2	2	1	5	3	1.3
Valid responses =	82	34	136	57	19	8	239	26.2

Invalid responses include no response.

SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	5.37	3.00	5.31	0	33
Cis Women	5.31	3.00	5.54	0	36
Trans/Gender Non-conforming	5.76	3.00	7.15	0	32
Overall	5.36	3.00	5.56	0	36

ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	131	83	324	89	28	85	487	87.0
2 Moderate Risk (11-26)	25	16	36	10	4	12	65	11.6
3 High Risk (27-39)	2	1	5	1	1	3	8	1.4
Valid responses =	158	28	365	65	33	6	560	61.3

Invalid responses include no response.

SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.30	4.00	7.49	0	30
Cis Women	5.57	2.00	7.93	0	35
Trans/Gender Non-conforming	7.07	6.00	7.86	0	28
Overall	5.92	2.00	7.83	0	35

CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	46	50	146	61	12	44	205	56.6
2 Moderate Risk (4-26)	45	48	81	34	14	52	143	39.5
3 High Risk (27-39)	2	2	11	5	1	4	14	3.9
Valid responses =	93	26	238	66	27	7	362	39.6

Invalid responses include no response.

SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.50	0.00	6.32	0	26
Cis Women	2.90	0.00	7.55	0	33
Trans/Gender Non-conforming	1.50	2.00	1.73	0	3
Overall	3.05	0.00	6.75	0	33

COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	17	71	27	90	4	100	48	82.8
2 Moderate Risk (4-26)	7	29	1	3	0	0	8	13.8
3 High Risk (27-39)	0	0	2	7	0	0	2	3.4
Valid responses =	24	41	30	52	4	7	58	6.4

Invalid responses include no response.

SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.14	0.00	3.02	0	8
Cis Women	8.50	6.00	12.36	0	33
Trans/Gender Non-conforming	0.00	0.00	0	0	0
Overall	3.93	0.00	8.57	0	33

METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	6	86	2	33	2	100	10	66.7
2 Moderate Risk (4-26)	1	14	3	50	0	0	4	26.7
3 High Risk (27-39)	0	0	1	17	0	0	1	6.7
Valid responses =	7	47	6	40	2	13	15	1.6

Invalid responses include no response.



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SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.00	0.00	5.81	0	22
Cis Women	5.13	0.00	11.2	0	34
Trans/Gender Non-conforming	1.00	0.00	2.24	0	5
Overall	3.71	0.00	8.2	0	34

INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	13	81	13	81	4	80	30	78.9
2 Moderate Risk (4-26)	3	19	1	6	1	20	6	15.8
3 High Risk (27-39)	0	0	2	13	0	0	2	5.3
Valid responses =	16	42	16	42	5	13	38	4.2

Invalid responses include no response.

SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.27	0.00	2.52	0	8
Cis Women	3.96	0.00	9.28	0	33
Trans/Gender Non-conforming	1.50	2.00	2.12	0	3
Overall	2.90	0.00	7.24	0	33

RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	13	87	19	79	2	100	34	81.0
2 Moderate Risk (4-26)	2	13	3	13	0	0	6	14.3
3 High Risk (27-39)	0	0	2	8	0	0	2	4.8
Valid responses =	15	36	24	57	2	5	42	4.6

Invalid responses include no response.

SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.40	1.00	6.96	0	22
Cis Women	2.57	0.00	6.95	0	33
Trans/Gender Non-conforming	7.50	8.00	5.2	3	12
Overall	3.59	0.00	6.82	0	33

SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	6	60	18	78	2	50	26	70.3
2 Moderate Risk (4-26)	4	40	4	17	2	50	10	27.0
3 High Risk (27-39)	0	0	1	4	0	0	1	2.7
Valid responses =	10	27	23	62	4	11	37	4.1

Invalid responses include no response.

SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.74	0.00	4.04	0	20
Cis Women	2.38	0.00	6.29	0	33
Trans/Gender Non-conforming	1.78	0.00	2.68	0	6
Overall	2.08	0.00	5.24	0	33

HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	33	85	44	83	6	67	83	82.2
2 Moderate Risk (4-26)	6	15	7	13	3	33	16	15.8
3 High Risk (27-39)	0	0	2	4	0	0	2	2.0
Valid responses =	39	39	53	52	9	9	101	11.1

Invalid responses include no response.

SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	0.00	0.00	0	0	0
Cis Women	12.00	3.00	15.31	0	32
Trans/Gender Non-conforming
Overall	6.00	0.00	12.01	0	32

HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	5	100	3	60	0	0	8	80.0
2 Moderate Risk (4-26)	0	0	1	20	0	0	1	10.0
3 High Risk (27-39)	0	0	1	20	0	0	1	10.0
Valid responses =	5	50	5	50	0	0	10	1.1

Invalid responses include no response.



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SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.08	0.00	12.32	0	37
Cis Women	3.39	0.00	7.92	0	33
Trans/Gender Non-conforming	3.00	3.00	.	3	3
Overall	4.42	0.00	9.64	0	37

RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	9	75	14	78	1	100	24	77.4
2 Moderate Risk (4-26)	2	17	3	17	0	0	5	16.1
3 High Risk (27-39)	1	8	1	6	0	0	2	6.5
Valid responses =	12	39	18	58	1	3	31	3.4

Invalid responses include no response.

SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.75	4.00	5.25	0	12
Cis Women	11.00	13.00	9.13	0	19
Trans/Gender Non-conforming	14.00	14.00	.	14	14
Overall	8.56	7.00	7.45	0	19

OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	2	50	1	25	0	0	3	33.3
2 Moderate Risk (4-26)	2	50	3	75	1	100	6	66.7
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	4	44	4	44	1	11	9	1.0

Invalid responses include no response.

PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	526.03	300.00	633.57	0	5400
Cis Women	391.59	240.00	483.96	0	3600
Trans/Gender Non-conforming	399.70	240.00	430.63	0	2340
Overall	432.09	262.00	533.69	0	5400

PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	74	27	197	35	16	32	292	32.1
2 Yes	205	74	374	66	34	68	617	67.9
Valid responses =	279	31	571	63	50	6	909	99.6

Invalid responses include no response.

PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	139	50	377	66	36	72	560	61.6
2 Yes	140	50	194	34	14	28	349	38.4
Valid responses =	279	31	571	63	50	6	909	99.6

Invalid responses include no response.

HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	168	60	429	75	40	80	645	71.0
2 Yes	111	40	142	25	10	20	264	29.0
Valid responses =	279	31	571	63	50	6	909	99.6

Invalid responses include no response.

References

¹ Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.



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86A) Do you have access to a gun/firearm?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	245	88	515	90	47	94	815	89.6
2 Yes	33	12	59	10	3	6	95	10.4
Valid responses =	278	31	574	63	50	0	910	99.7

Invalid responses include no response.

86B) During the last 30 days, on how many days did you carry a gun/firearm on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	277	100	560	100	49	100	893	100.0
2 1-2 days	0	0	0	0	0	0	0	0.0
3 3-4 days	0	0	0	0	0	0	0	0.0
4 5-30 days	0	0	0	0	0	0	0	0.0
Valid responses =	277	31	560	63	49	5	893	97.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	0.00	0.00	0	0	0
Cis Female	0.00	0.00	0	0	0
Trans/Gender Non-conforming	0.00	0.00	0	0	0
Overall	0.00	0.00	0	0	0

86C) To what extent are you concerned about gun violence on campus?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not at all concerned	127	46	118	21	4	8	251	27.6
2 Slightly concerned	101	36	225	39	22	44	351	38.6
3 Moderately concerned	27	10	138	24	16	32	184	20.2
4 Very concerned	17	6	60	11	6	12	83	9.1
5 Extremely concerned	7	3	31	5	2	4	40	4.4
Valid responses =	279	31	572	63	50	6	909	99.6

Invalid responses include no response.



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87) In the past 30 days, have you slept in any of the following places? (Please select all that apply)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus or university housing	48	17	76	13	16	32	142	15.6
2 Sorority/fraternity house	1	0	1	0	0	0	2	0.2
3 In a rented or owned house, mobile home, or apartment (alone or with roommates or friends)	88	32	218	38	18	36	328	35.9
4 In a rented or owned house, mobile home, or apartment with my family (parent, guardian, or relative)	113	41	253	44	19	38	390	42.7
5 At a shelter	0	0	1	0	0	0	1	0.1
6 In a camper or mobile home (not in a mobile home park)	0	0	3	1	0	0	3	0.3
7 Temporarily staying with a relative, friend, or couch surfing	4	1	9	2	2	4	16	1.8
8 Temporarily at a hotel or motel without a permanent home	0	0	2	0	0	0	2	0.2
9 In transitional housing or independent living program	3	1	2	0	0	0	5	0.5
10 At a group home such as halfway house or residential program for mental health or substance abuse	0	0	1	0	0	0	1	0.1
11 At a treatment center (such as detox, hospital, etc.)	1	0	1	0	2	4	4	0.4
12 Outdoor location	1	0	1	0	1	2	3	0.3
13 In a closed area/space with a roof not meant for human habitation	4	1	1	0	0	0	5	0.5

Select all that apply, total may not add up to 100%

88) In the past 30 days how many times have you moved?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	268	96	556	97	47	94	880	96.7
1	8	3	12	2	3	6	23	2.5
2	2	1	2	0	0	0	5	0.5
3	0	0	1	0	0	0	1	0.1
4	0	0	0	0	0	0	0	0
More than 4 times	0	0	1	0	0	0	1	0.1
Valid responses =	278	31	572	63	50	5	910	99.7

Invalid responses include no response.

89) In the last 30 days, have you lacked a fixed, regular, and adequate nighttime residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	258	93	540	94	44	88	851	93.7
2 Yes	9	3	18	3	3	6	30	3.3
3 I don't know	10	4	14	2	3	6	27	3
Valid responses =	277	31	572	63	50	6	908	99.5

Invalid responses include no response.

90) In the last 12 months, have you lacked a fixed, regular, and adequate nighttime residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	254	91	537	94	44	88	842	92.7
2 Yes	13	5	21	4	2	4	37	4.1
3 I don't know	11	4	14	2	4	8	29	3.2
Valid responses =	278	31	572	63	50	6	908	99.5

Invalid responses include no response.

91) Which, if any, of the following has negatively affected your academic performance? (Select all that apply)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Prenatal doctor appointments	4	1	4	1	0	0	8	0.9
2 Pregnancy-related complications	1	0	5	1	0	0	6	0.7
3 Childbirth recovery	1	0	6	1	0	0	7	0.8
4 Childbirth complications	0	0	2	0	0	0	2	0.2
5 Miscarriage recovery	0	0	5	1	0	0	5	0.5
6 Abortion recovery	0	0	5	1	0	0	5	0.5
7 Postpartum depression	1	0	5	1	0	0	6	0.7
8 Sick child	5	2	25	4	0	0	30	3.3
9 Lack of childcare	4	1	15	3	0	0	19	2.1
10 Attending an appointment at your child's school	1	0	11	2	0	0	12	1.3
11 None of the above	252	90	484	84	46	92	791	86.6

Select all that apply, total may not add up to 100%



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92) Which, if any, of the following have you experienced during the past 12 months? (Select all that apply)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Pregnancy-related complications	0	0	6	1	0	0	6	0.7
2 Childbirth	2	1	6	1	0	0	8	0.9
3 Became a parent for the first time	0	0	5	1	0	0	5	0.5
4 Became a parent again	1	0	3	1	0	0	4	0.4
5 Childbirth complications	0	0	3	1	0	0	3	0.3
6 Postpartum depression	1	0	5	1	0	0	6	0.7
7 None of the above	262	94	521	91	46	92	838	91.8

Select all that apply, total may not add up to 100%

93) Do you have children?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	252	91	502	88	50	100	814	89.5
2 Yes	25	9	70	12	0	0	95	10.5
Valid responses =	277	30	572	63	50	6	909	99.6

Invalid responses include no response.