

# SHAC

**The Student Health Advisory Committee (SHAC) is a President's Committee that advises the Associate Vice President of Student Health & Counseling Services and Vice President for Student Affairs on health services and campus wellness issues from a student's perspective.**

*SHAC members gain professional development, leadership skills, and service to the campus community.*

The commitment involves:

- Attendance at committee meetings. SHAC meets twice per month.
- 4-6 hours of additional service per semester as a liaison between Student Health & Counseling Services and Sac State students.
- Attendance at one health/wellness campus event per semester.

To learn more about SHAC, email [shac@csus.edu](mailto:shac@csus.edu).