



## September 18–22

#HornetWellnessWeek



## **EVENT WEEK SCHEDULE**



**MONDAY 9/18** 

Free Groceries Pop Up and Condom Cart 10:30am—12pm—Library Quad

Baristas on a Budget with Financial Wellness 12—1pm—The COVE 1st Floor of The WELL

Student Health Advisory Committee Meeting 3—4pm—The COVE 1st Floor of The WELL

Stamp Card Giveaway Begins



**TUESDAY 9/19** 

Talk Saves Lives with American Foundation for Suicide Prevention

1–2pm—Wildwood Room at The WELL Stress Less Puppies 2–4pm—Library Quad

**WEDNESDAY 9/20** 

Monthly Narcan Training 10–11am or 2–3pm—Wildwood Room at The WELL

Register at bit.ly/NarcanTrainingFall23

Snack State 12–1pm (look for golf cart around campus)

La Bienvenida 2:30-4:30pm—Library Quad

Cooking Demo 3:30–4:30pm—The COVE 1st Floor of The WELL

Register at bit.ly/SHCSPatientPortal

THURSDAY 9/21

CARES Basic Needs Resource Fair 1–3pm—Library Quad

ASI Block Party 3–6pm—Housing Quad Social Media Giveaway @shcwssacstate

**FRIDAY 9/22** 

WELLcome Back 1–4pm—The WELL



Follow @shcwssacstate and @wellsacstate for more information.







