

## **FLU VACCINE EXEMPTION**

All students living in The North Village residence halls are required to receive the 2022-23 flu vaccination. Student Health at the WELL is offering all Sacramento State students free flu vaccinations. If you are requesting a medical exemption for the flu vaccine, please read the following and if eligible please have your primary care physician complete the attached form and submit the form to Student Health & Counseling Services for review.

### **Medical Exemptions**

A list of established medical contraindications to and precautions for flu vaccine can be found at the Centers for Disease Control and Prevention website, *Guide to Contraindications*, online at the [CDC Who Should Vax Page](https://www.cdc.gov/flu/prevent/whoshouldvax.htm) (<https://www.cdc.gov/flu/prevent/whoshouldvax.htm>) and currently includes:

#### **Contraindications:**

Severe allergic reaction (e.g., anaphylaxis) after previous dose of influenza vaccine or to vaccine component.

#### **Precautions:**

Guillain-Barré Syndrome <6 weeks after a prior dose of influenza vaccine Moderate or severe acute illness with or without fever.

Egg allergy other than hives, e.g., angioedema, respiratory distress, lightheadedness, recurrent emesis; or required epinephrine or another emergency medical intervention (IIV may be administered in an inpatient or outpatient medical setting and under the supervision of a health care provider who is able to recognize and manage severe allergic conditions).

Any request for medical exemption must be documented on the attached Medical Exemption Request Form and submitted to Sacramento State Student Health & Counseling Services.