



Recommended Items to Bring

Bed and Bath

- Bed linens: sheet set (X-long twin size 36" x 80")
- Pillow / pillowcase
- Bedspread/comforter
- Pad/Cover - enclosed/bed bug proof is recommended
- Towels and washcloths
- Shower caddy
- Bathrobe and shower shoes
- Hygiene items
- First aid items
- Toilet paper (American River Courtyard Only)
- Thermometer

Clothing and Laundry

- Clothes hangers
- Laundry basket
- Detergent, fabric softener, dryer sheets
- Iron (auto shut-off) and small ironing board - if needed

Electrical Accessories (UL Approved)

- Television
- RokuTV™ or a Roku™ streaming device (For access to all cable amenities in Riverview Hall)
- Power strip w/Surge Protector for all electronic equipment
- Ethernet cord
- TV cable cord
- Personal computer/printer
- Floor/Desk/reading lamp (non-halogen) • Flashlight

Supplies and Misc.

- Medications
- School Supplies
- White "tack gum" for hanging posters, Command hooks/adhesive, painters tape
- Bike and heavy duty lock

Refrigerator and Microwave

- One refrigerator per room not to exceed 4.5 cubic feet or draw more than 1.5 running amps
- Microwave should not exceed 700 watts - One microwave per room

American River Courtyard - Kitchenette Items

- All electrical cooking appliances must have an auto shut off and cannot have open heating coils.
- Coffee pot (must have auto shut off)
- Plates, bowls, cups, silverware
- Kitchen towels, paper towels, and sponges
- Dish soap and drying rack
- Mop, broom, and dustpan
- Cleaning supplies - Recommended Multi-Purpose Cleaners (Seventh Generation, Green Works, Simply Green, Lysol, Kaboom, Easy Off BAM). Recommended Disinfectant (Lysol II, Vanish, 409 Disinfectant). Bleach is not recommended and will harm surfaces. Cleaners with bleach additives should not be used.