EMPLOYEES WITH POSITIVE COVID TEST RESULTS

Positive Test Result: Next Steps

You are receiving this resource because you are an employee who has received a positive COVID test result today. As such, here are some immediate next steps that must occur:

- You must inform your appropriate administrator/MPP of your test result immediately.
- Additionally, you must report the positive test result to Risk Management:
  - Please report via the confidential online reporting tool
  - If you cannot access the form, contact Adell Seibles, Workers' Compensation Manager: (916) 278-3979 or adell.seibles@csus.edu
- You are directed to go home and isolate from others, and are to immediately leave the campus workplace. Contact your medical provider for additional support.
  - Work with your appropriate administrator/MPP to telework, if possible. However, if you are not feeling well – take time to recover and heal!
  - The employee must present a note from their medical provider indicating their safe return to work date.
    - This note must be provided to the Benefits Office (benefits@csus.edu)
  - A negative COVID-19 test is not required for an employee to return to work.
- If you are unable to carry out your duties because of illness due to COVID-19, you may be eligible to take advantage of COVID-19-related paid leave programs. If these programs have been exhausted, you can utilize sick leave or any other leave balances.
- You are strongly encouraged to contact your healthcare provider to obtain more specific medical guidance based on your medical history, and possible symptoms.

Definitions

Close contact – means being within six feet of a COVID-19 case for a cumulative total of 15 minutes or greater in any 24-hour period within or overlapping with the “high-risk exposure period” defined by this section. This definition applies regardless of the use of face coverings.

COVID-19 tests – means a viral test for SARS-CoV-2 that is approved by the United States Food and Drug Administration (FDA) or has an Emergency Use Authorization from the FDA to diagnose current infection with the SARS-CoV-2 virus; and administered in accordance with the FDA approval or the FDA Emergency Use Authorization as applicable.

High-risk exposure period – means the following time period:

- Symptomatic: from two days before they first develop symptoms until all of the following are true: it has been 10 days since symptoms first appeared; 24 hours have passed with no fever, without the use of fever-reducing medications; and symptoms have improved
- Asymptomatic: from two days before until 10 days after the specimen for their first positive test for COVID-19 was collected.

Isolation – separates people infected with COVID-19 (symptomatic or asymptomatic) from others, even within a household. For persons with COVID-19 infection, isolation and precautions can be discontinued 10 days after symptom onset and resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms.