

EMPLOYEES WITH POSITIVE COVID TEST RESULTS



Positive Test Result: Next Steps

You are receiving this resource because you are an employee who has received a positive COVID test result today. As such, here are some immediate next steps that must occur:

- You must inform your appropriate administrator/MPP of your test result immediately.
- Additionally, you must report the positive test result to Risk Management:
 - Please report via the confidential online [reporting tool](#)
 - If you cannot access the form, contact Adell Seibles, Workers' Compensation Manager: (916) 278-3979 or adell.seibles@csus.edu
- You are directed to go home and isolate from others, and are to immediately leave the campus workplace. Contact your medical provider for additional support.
 - Work with your appropriate administrator/MPP to telework, if possible. However, if you are not feeling well – take time to recover and heal!
 - The employee must present a note from their medical provider indicating their safe return to work date.
 - This note must be provided to the Benefits Office (benefits@csus.edu)
 - A negative COVID-19 test is not required for an employee to return to work.
- If you are unable to carry out your duties because of illness due to COVID-19, you may be eligible to take advantage of COVID-19-related paid leave programs. If these programs have been exhausted, you can utilize sick leave or any other leave balances.
- You are strongly encouraged to contact your healthcare provider to obtain more specific medical guidance based on your medical history, and possible symptoms.

Definitions

Close contact – means being within six feet of a COVID-19 case for a cumulative total of 15 minutes or greater in any 24-hour period within or overlapping with the “high-risk exposure period” defined by this section. This definition applies regardless of the use of face coverings.

COVID-19 tests – means a viral test for SARS-CoV-2 that is approved by the United States Food and Drug Administration (FDA) or has an Emergency Use Authorization from the FDA to diagnose current infection with the SARS-CoV-2 virus; and administered in accordance with the FDA approval or the FDA Emergency Use Authorization as applicable.

High-risk exposure period – means the following time period:

- Symptomatic: from two days before they first develop symptoms until all of the following are true: it has been 10 days since symptoms first appeared; 24 hours have passed with no fever, without the use of fever-reducing medications; and symptoms have improved
- Asymptomatic: from two days before until 10 days after the specimen for their first positive test for COVID-19 was collected.

Isolation – separates people infected with COVID-19 (symptomatic or asymptomatic) from others, even within a household. For persons with COVID-19 infection, isolation and precautions can be discontinued 10 days after symptom onset and resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms.

Notice of Disclosure: A covered health care provider who provides health care services to an individual at the request of the individual’s employer or provides a service in the capacity of a member of the employer’s workforce may disclose the individual’s protected health information (PHI) to the employer for the purposes of workplace medical surveillance or evaluation of work-related illness and injuries to the extent the employer needs that information to comply with OSHA or other state laws. The information disclosed is limited to the findings regarding such medical surveillance or work-related illness or injury.

[Return to Campus & COVID-19 Information](#)

[COVID-19 Vaccination Interim Policy](#)

[Sac State implementation of systemwide COVID-19 Interim Vaccination Policy](#)

[Sacramento County Department of Public Health COVID-19 page](#)

[Return to Campus: Wellness](#)

[HR-Related Coronavirus FAQs \[COVID-19-related leave program information\]](#)

